Damson plums in a blue bowl

6 inch (15 cm) hoop, 4.4 × 4.4 in (11.2 × 11.2 cm)



Colors by number: page 2.
Fabric: mustard cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of mustard cotton or linen.

Embroidery needles, size 9, and size 5 for 4 strands.

23 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**
   4 strands: napkin hem
   3 strands: napkin stripes

2. **Long and short stitch**, 1 strand
   Shadow, bowl inside, leaves, damsons, bowl foot, bowl, cut flesh, hollow, stone



3. **Satin stitch**, 2 strands
   Blue rim, blue base, painted leaves, painted flowers



4. **Split stitch**
   1 strand: damson seams, damson edges, stone edge
   2 strands: cut edge

5. **Stem stitch**
   1 strand: leaf veins
   3 strands: stalks, edges of the bowl foot
   2 strands: bowl lines, painted vine

6. **French knot**
   2 strands, two wraps
   Flower centers



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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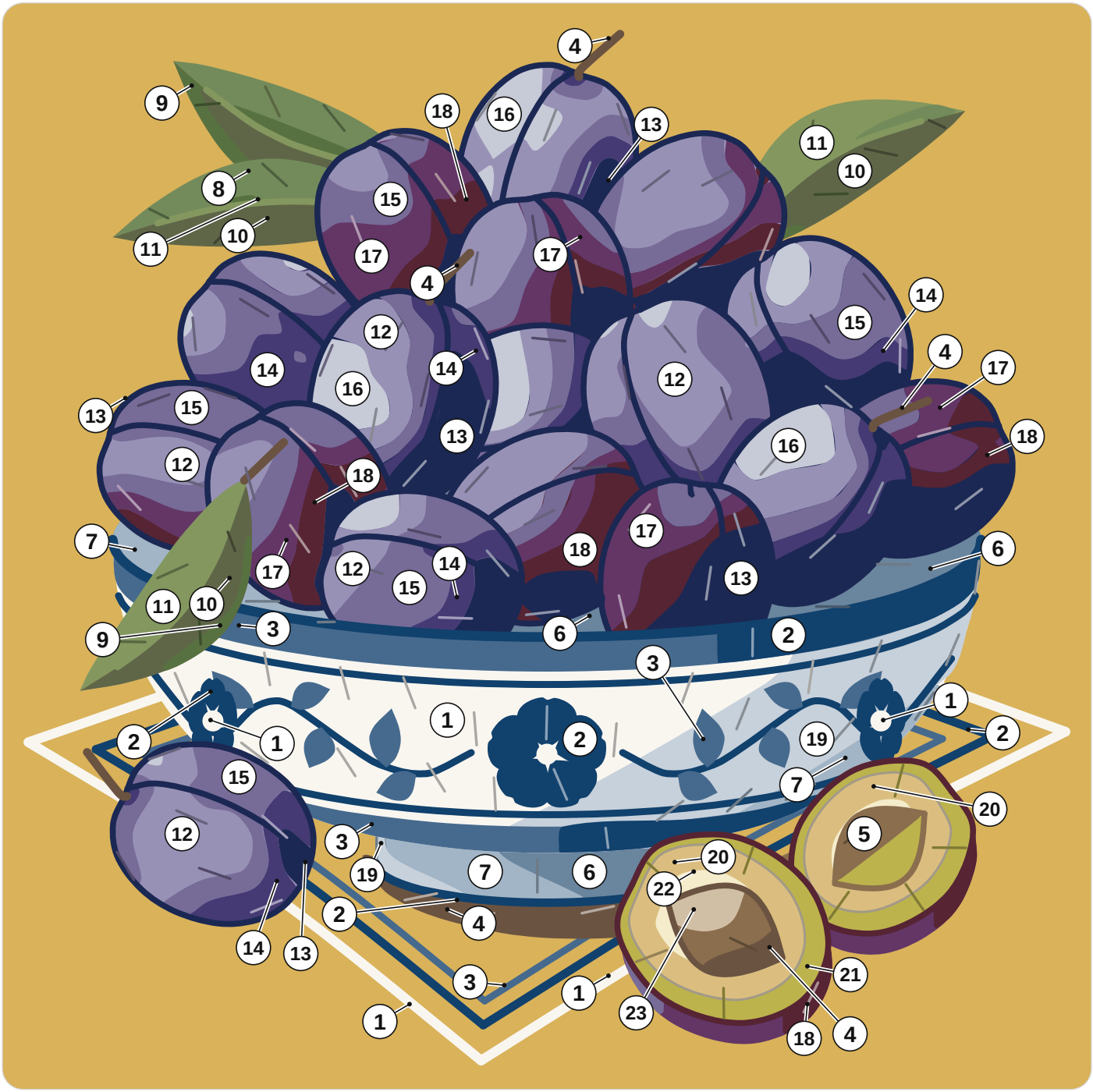
6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 3865 Winter White	9	DMC 987 Dark Forest Green	17	DMC 327 Dark Violet
2	DMC 796 Dark Royal Blue	10	DMC 3051 Dark Green Gray	18	DMC 154 Very Dark Grape
3	DMC 798 Dark Delft Blue	11	DMC 3364 Pine Green	19	DMC 3752 Very Light Antique Blue
4	DMC 3781 Dark Mocha Brown	12	DMC 155 Medium Dark Blue Violet	20	DMC 834 Very Light Golden Olive
5	DMC 3862 Dark Mocha Beige	13	DMC 939 Very Dark Navy Blue	21	DMC 733 Medium Olive Green
6	DMC 931 Medium Antique Blue	14	DMC 32 Dark Blueberry	22	DMC 677 Very Light Old Gold
7	DMC 932 Light Antique Blue	15	DMC 3746 Dark Blue Violet	23	DMC 842 Very Light Beige Brown
8	DMC 988 Medium Forest Green	16	DMC 159 Light Gray Blue		

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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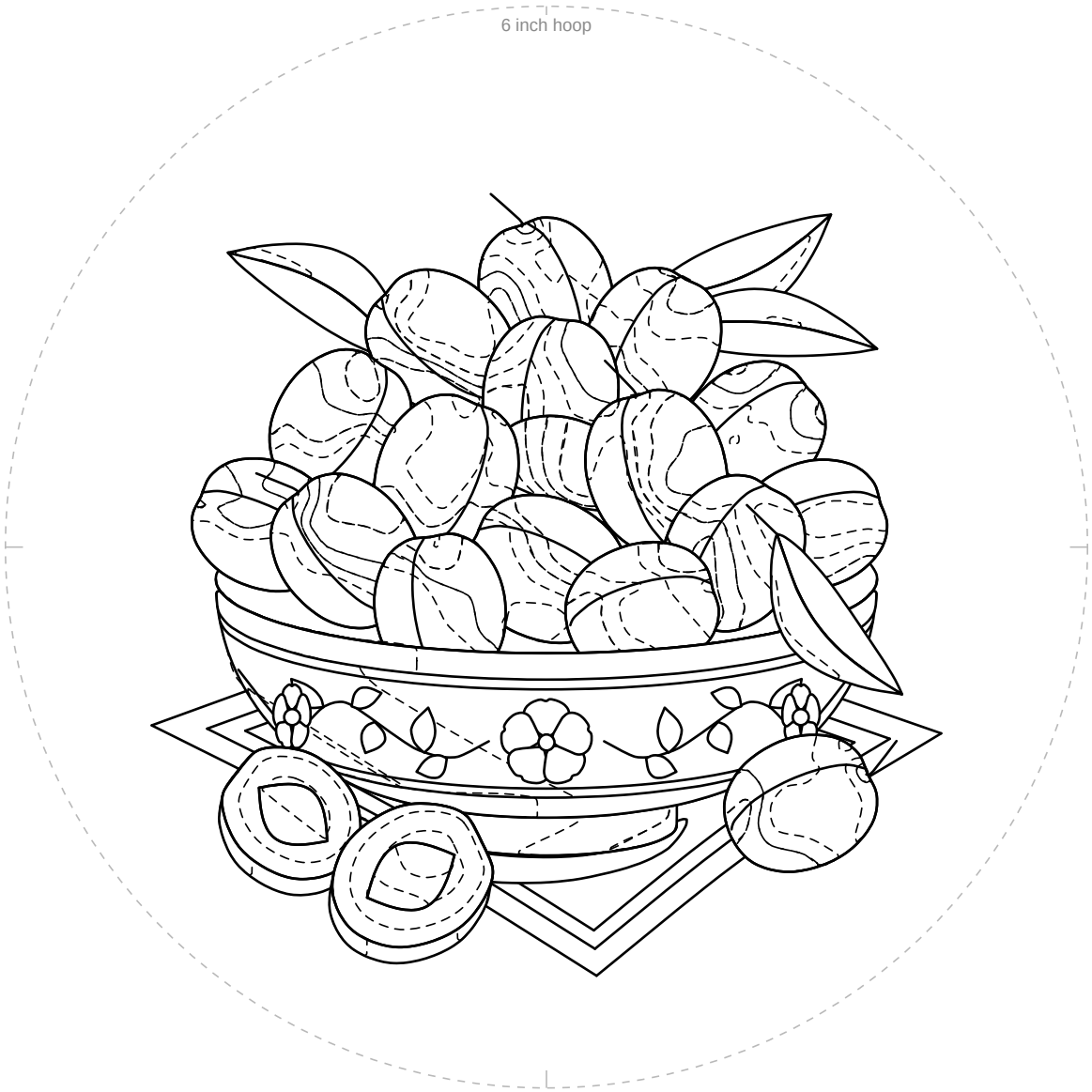
Damson plums in a blue bowl

6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



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