Dancing black bears

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.4 × 4.4 in (11.2 × 11.2 cm).



Which color goes where: by number on page 2.
Fabric: pale blue cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Long and short stitch**, 1 strand
   Sun, meadow, coat, chest blaze, kerchief, muzzle
2. **Satin stitch**, 2 strands
   Paw pads, inner ears, nose, mouth, tongue, eye rims, eyes, crown leaves, crown flowers, leaves, flowers
3. **Split stitch**, strands by part on page 2
   Coat, kerchief edge, mouth
4. **Straight stitch**, strands by part on page 2
   Claws, nose light, grass
5. **Stem stitch**, 2 strands
   Brows, stems
6. **French knot**
   strands by part on page 2, two wraps
   Kerchief spots, eye lights, flower hearts

Floss

- **1 DMC 3854 Medium Autumn Gold** Sun (dark)
- **2 DMC 3853 Dark Autumn Gold** Sun (darkest)
- **3 DMC 3855 Light Autumn Gold** Sun (light)
- **4 DMC 745 Light Pale Yellow** Sun (lightest)
- **5 DMC 3363 Medium Pine Green** Meadow (middle)
- **6 DMC 520 Dark Fern Green**
  Meadow (dark), stems, leaves and crown leaves (darker)
- **7 DMC 3364 Pine Green**
  Meadow (light), grass, leaves and crown leaves (lighter)
- **8 DMC 310 Black** Coat (darkest), nose and eyes, mouth (darker)
- **9 DMC 3799 Very Dark Pewter Gray** Coat (dark)
- **10 DMC 413 Dark Pewter Gray** Coat (light)
- **11 DMC 317 Pewter Gray** Coat (lightest)
- **12 DMC 3865 Winter White**
  Flowers (shade 7 of 7), chest blaze (lighter) and 4 more parts
- **13 DMC 738 Very Light Tan**
  Muzzle and crown flowers (light), flowers (shade 6 of 7), chest blaze (darker), claws
- **14 DMC 407 Dark Desert Sand** Paw pads (lighter)
- **15 DMC 632 Ultra Very Dark Desert Sand** Paw pads (darker)
- **16 DMC 321 Red**
  Kerchief (middle), flowers (shade 2 of 7), crown flowers (darkest)
- **17 DMC 498 Dark Red**
  Kerchief (dark), kerchief edge, mouth (lighter), flowers (shade 1 of 7)
- **18 DMC 3705 Dark Melon**
  Flowers (shade 5 of 7), kerchief (light), crown flowers (middle light), tongue
- **19 DMC 436 Tan**
  Muzzle (middle), inner ears (lighter), eye rims and brows
- **20 DMC 433 Medium Brown** Inner ears (darker), muzzle (dark)
- **21 DMC 3849 Light Teal Green**
  Flowers (shade 4 of 7), crown flowers (middle dark)
- **22 DMC 3848 Medium Teal Green**
  Flowers (shade 3 of 7), crown flowers (dark)
- **23 DMC 3820 Dark Straw** Flower hearts

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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Dancing black bears

6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3854 Medium Autumn Gold	**9**	DMC 3799 Very Dark Pewter Gray	**17**	DMC 498 Dark Red
2	DMC 3853 Dark Autumn Gold	**10**	DMC 413 Dark Pewter Gray	**18**	DMC 3705 Dark Melon
3	DMC 3855 Light Autumn Gold	**11**	DMC 317 Pewter Gray	**19**	DMC 436 Tan
4	DMC 745 Light Pale Yellow	**12**	DMC 3865 Winter White	**20**	DMC 433 Medium Brown
5	DMC 3363 Medium Pine Green	**13**	DMC 738 Very Light Tan	**21**	DMC 3849 Light Teal Green
6	DMC 520 Dark Fern Green	**14**	DMC 407 Dark Desert Sand	**22**	DMC 3848 Medium Teal Green
7	DMC 3364 Pine Green	**15**	DMC 632 Ultra Very Dark Desert Sand	**23**	DMC 3820 Dark Straw
8	DMC 310 Black	**16**	DMC 321 Red		

How many strands

Split stitch. 2 strands: kerchief edge, mouth; 1 strand: coat.
Straight stitch. 2 strands: grass; 1 strand: claws, nose light.
French knot. 1 or 2 strands: flower hearts; 1 strand: kerchief spots, eye lights.

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Dancing black bears

6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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Dancing black bears

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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