Sixteen-point starburst medallion

6 inch (15 cm) hoop, 4.8 × 4.8 in (12.2 × 12.2 cm)



Colors by number: page 2.

Fabric: navy cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of navy cotton or linen.

An embroidery needle, size 9.

12 colors of floss (page 2): 5 skeins of DMC 783 and 4 of DMC 3821; one of each other color (an estimate from the drawing's lines and shapes).

A white pencil, and small scissors.

Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Long and short stitch**
   1 strand, colors 4, 5, 6, 7, 8
   Sky



2. **Satin stitch**
   2 strands, colors 1, 2, 6, 7, 9, 10
   Rim, scallops, scallop blades, scallop hearts, short rays, long rays, boss ring



3. **Stem stitch**, 3 strands, color 3
   Rim line

Stitch in this order, continued

4. **Padded satin stitch**
   2 strands, colors 9, 10, 11
   Boss bands, boss



5. **French knot**
   2 strands, two wraps, color 12
   Beads



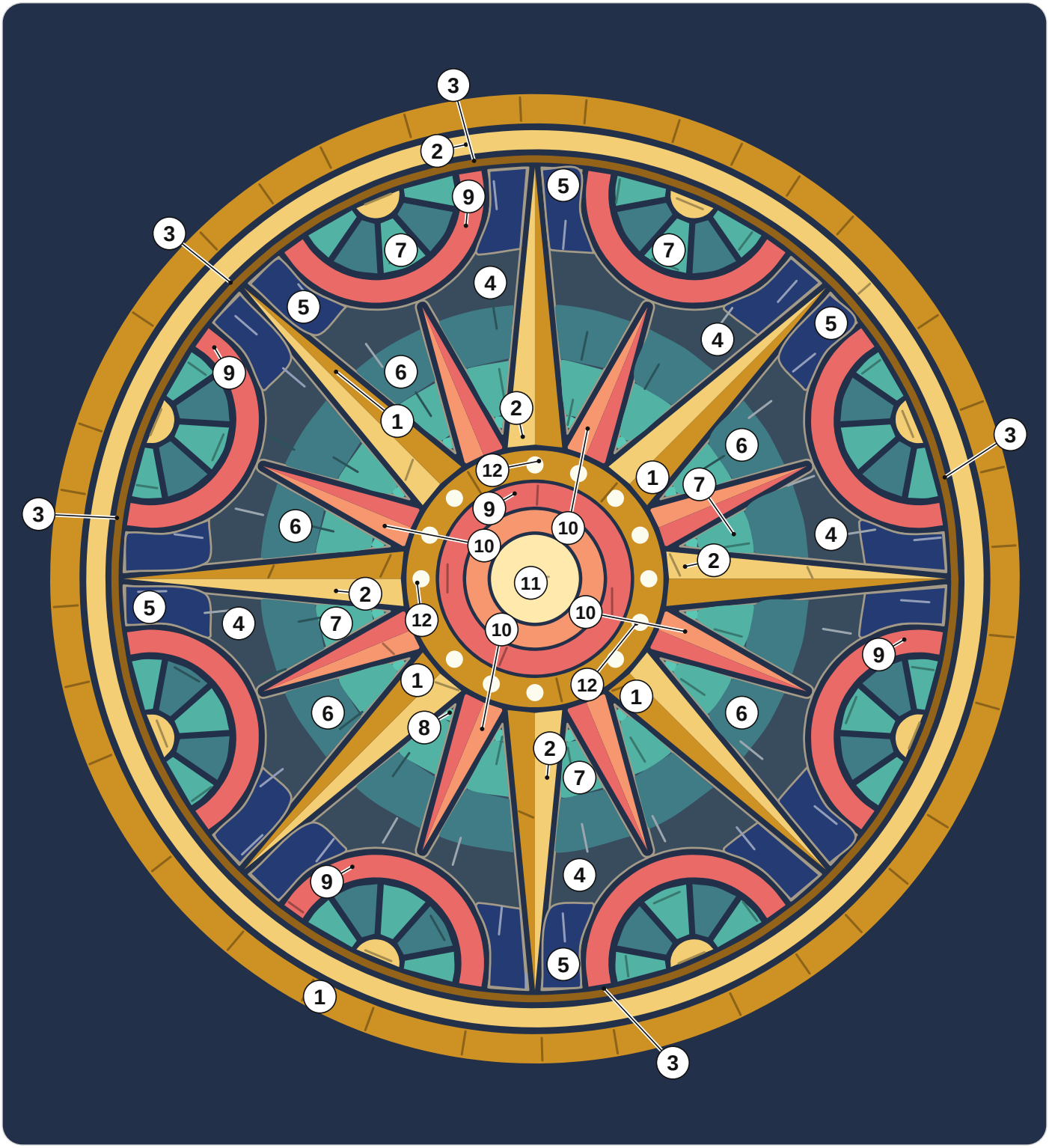
Take out lines that still show, press face down, finish the hoop or sew a pillow.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 783 Medium Topaz	**5**	DMC 336 Navy Blue	**9**	DMC 351 Coral
2	DMC 3821 Straw	**6**	DMC 3809 Very Dark Turquoise	**10**	DMC 722 Light Orange Spice
3	DMC 780 Ultra Very Dark Topaz	**7**	DMC 3849 Light Teal Green	**11**	DMC 745 Light Pale Yellow
4	DMC 3750 Very Dark Antique Blue	**8**	DMC 959 Medium Seagreen	**12**	DMC 746 Off White

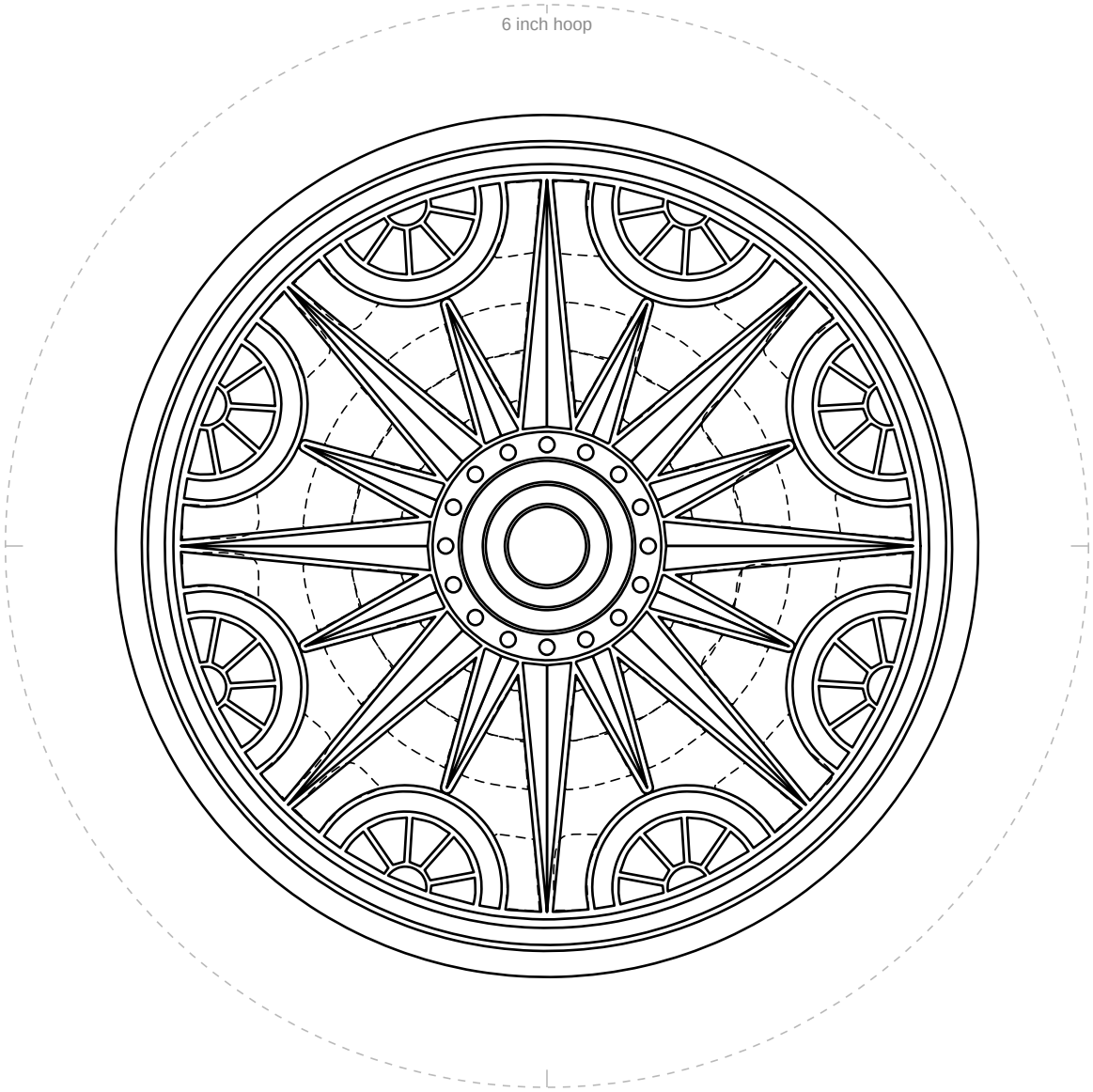
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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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