Dharma wheel on a lotus

6 inch (15 cm) hoop, 4.7 × 4.7 in (11.9 × 11.9 cm)



Colors by number: page 2.
Fabric: indigo cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of indigo cotton or linen.

Embroidery needles, size 9, and size 3 for 4 to 6 strands.

16 colors of floss (page 2): 4 skeins of DMC 341 and 2 of DMC 3820; one of each other color (an estimate from the drawing's lines and shapes).

A white pencil, and small scissors.

Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Long and short stitch**
   1 strand, colors 1, 2, 3, 4, 5, 6, 9, 10, 11, 12, 14
   Back petals, tall petals, sepals, front petals, wheel ground



2. **Satin stitch**
   2 strands, colors 2, 7, 13, 14, 15, 16
   Crown, wheel rim, spokes, hub, hub jewel



Stitch in this order, continued

3. **Couching**, colors 7, 8, 13
   4 strands: petal outlines
   6 strands: rim lines



4. **Split stitch**, 1 strand, color 8
   Crown edge

5. **French knot**
   1 strand, two wraps, color 13
   Rim beads



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 341 Light Blue Violet	7	DMC 3820 Dark Straw	13	DMC 3822 Light Straw
2	DMC 3350 Ultra Dark Dusty Rose	8	DMC 780 Ultra Very Dark Topaz	14	DMC 815 Medium Garnet
3	DMC 3731 Very Dark Dusty Rose	9	DMC 963 Ultra Very Light Dusty Rose	15	DMC 783 Medium Topaz
4	DMC 3733 Dusty Rose	10	DMC 746 Off White	16	DMC 798 Dark Delft Blue
5	DMC 677 Very Light Old Gold	11	DMC 501 Dark Blue Green		
6	DMC 3747 Very Light Blue Violet	12	DMC 3816 Celadon Green		

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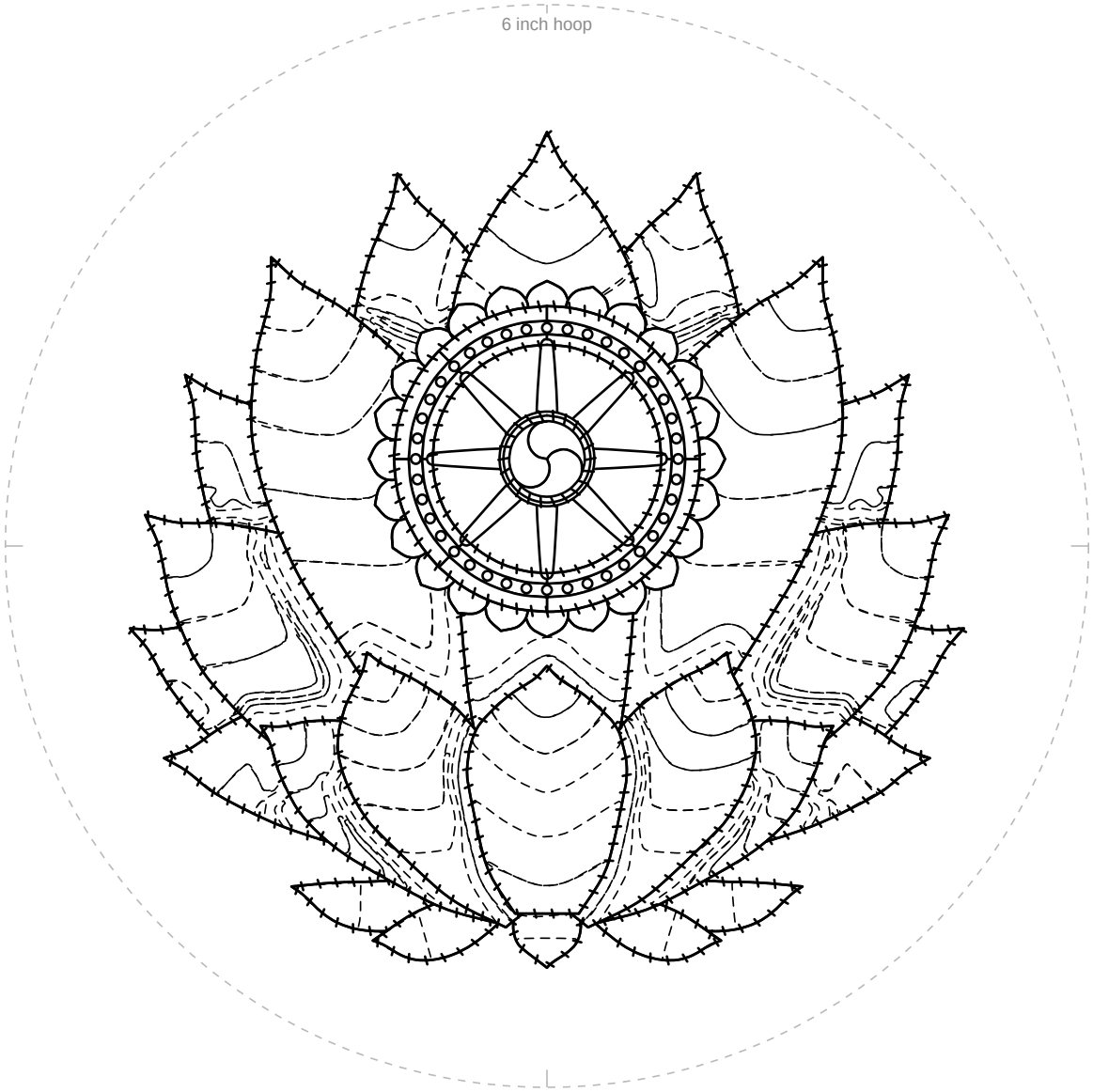
6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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