Diabetes gray ribbon with a red drop

6 inch (15 cm) hoop, 4.8 × 4.8 in (12.2 × 12.2 cm)

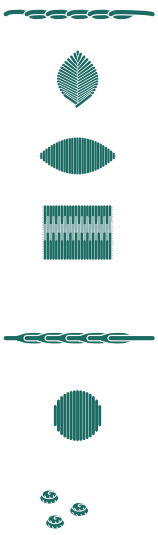


Colors by number: page 2.
Fabric: navy cotton or linen.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 3 strands
   Spray stems
2. **Fishbone stitch**, 2 strands
   Spray leaves
3. **Satin stitch**, 2 strands
   Ribbon
4. **Long and short stitch**, 1 strand
   Drop
5. **Split stitch**
   1 strand: ribbon edge
   2 strands: drop edge, heart edge
6. **Padded satin stitch**, 2 strands
   Heart
7. **French knot**
   2 strands, two wraps
   Pearls



Take out lines that still show, press face down, finish the hoop or sew a pillow.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

Buy: 14 colors of floss (page 2), one skein of each color (an estimate from the drawing's lines and shapes), an embroidery needle size 9, a 6 inch (15 cm) hoop, a 9 inch (23 cm) square of navy cotton or linen, a white pencil.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Diabetes gray ribbon with a red drop

6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 931 Medium Antique Blue	**6**	DMC 415 Pearl Gray	**11**	DMC 498 Dark Red
2	DMC 3752 Very Light Antique Blue	**7**	DMC 762 Very Light Pearl Gray	**12**	DMC 321 Red
3	DMC 318 Light Steel Gray	**8**	DMC BLANC White	**13**	DMC 3705 Dark Melon
4	DMC 413 Dark Pewter Gray	**9**	DMC 666 Bright Red	**14**	DMC 3706 Medium Melon
5	DMC 414 Dark Steel Gray	**10**	DMC 814 Dark Garnet		

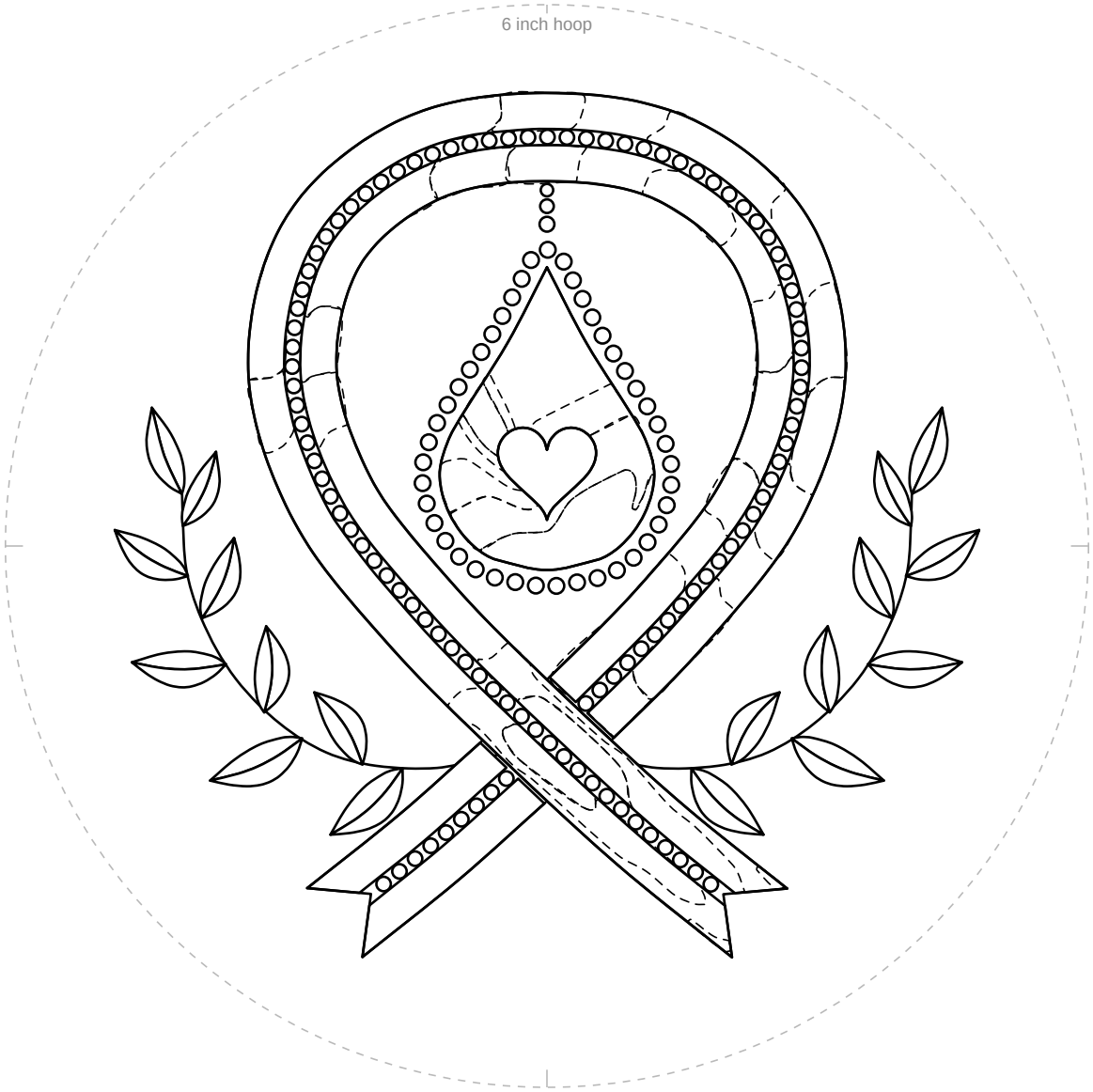
For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Diabetes gray ribbon with a red drop

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.