Disabled veteran and dog at sunrise

6 inch (15 cm) hoop, 4.8 × 4.8 in (12.2 × 12.2 cm)



Colors by number: page 2.
Fabric: pale blue cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of pale blue cotton or linen.

An embroidery needle, size 9.

24 colors of floss (page 2): 2 skeins of DMC 931; one of each other color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Long and short stitch**
   1 strand, colors 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24
   Sky, sun, far hills, lake, ripples, road of light, dock posts, dock, tail, dog, dog feet, dog head, dog ears, jeans, jacket, right sleeve, hands, left sleeve, face, hair, collar, braid end



2. **Satin stitch**
   2 strands, colors 1, 3, 4, 5, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 21
   Clouds, far pines, shore line, flagpole, pole top, flag, post tops, reeds, cattails, dog vest, vest strap, dog nose, dog eye, chair frame, casters, caster hubs, tires, hubs, axle, footrest, shoes, seat, neck, chair back, ear, braid, braid tie



3. **Fly stitch**, 1 strand, color 14
   Lines of the seed heads



4. **Split stitch**
   colors 6, 12, 13, 19, 22
   2 strands: plank gaps
   1 strand: dog mouth, dog brow, jacket seams, fingers, light of the sun

5. **Straight stitch**, colors 7, 8, 14
   2 strands: edges of the cattails
   1 strand: eye highlight, spokes



6. **Back stitch**, 1 strand, color 24
   Chair stitching

7. **Stem stitch**
   colors 2, 7, 8, 10, 15, 17, 22
   2 strands: sun rim, reed stems, vest binding, push rims
   3 strands: cuff, edge

8. **French knot**
   1 strand, two wraps, color 14
   Knots of the seed heads



Take out lines that still show, press face down, finish the hoop.

In a 6 inch hoop the widest satin stitch shape is 1/2 in (13 mm) across. Satin stitches longer than about 12 mm (just under 1/2 in) tend to work loose: divide the shape into sections, or work it in long and short stitch.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 3825 Pale Pumpkin	9	DMC 3750 Very Dark Antique Blue	17	DMC 3052 Medium Green Gray
2	DMC 931 Medium Antique Blue	10	DMC 762 Very Light Pearl Gray	18	DMC 738 Very Light Tan
3	DMC 932 Light Antique Blue	11	DMC 321 Red	19	DMC 434 Light Brown
4	DMC 3042 Light Antique Violet	12	DMC 801 Dark Coffee Brown	20	DMC 436 Tan
5	DMC 352 Light Coral	13	DMC 3799 Very Dark Pewter Gray	21	DMC 318 Light Steel Gray
6	DMC 745 Light Pale Yellow	14	DMC 3863 Medium Mocha Beige	22	DMC 934 Black Avocado Green
7	DMC 3823 Ultra Pale Yellow	15	DMC 3051 Dark Green Gray	23	DMC 3064 Desert Sand
8	DMC 3821 Straw	16	DMC 936 Very Dark Avocado Green	24	DMC 414 Dark Steel Gray

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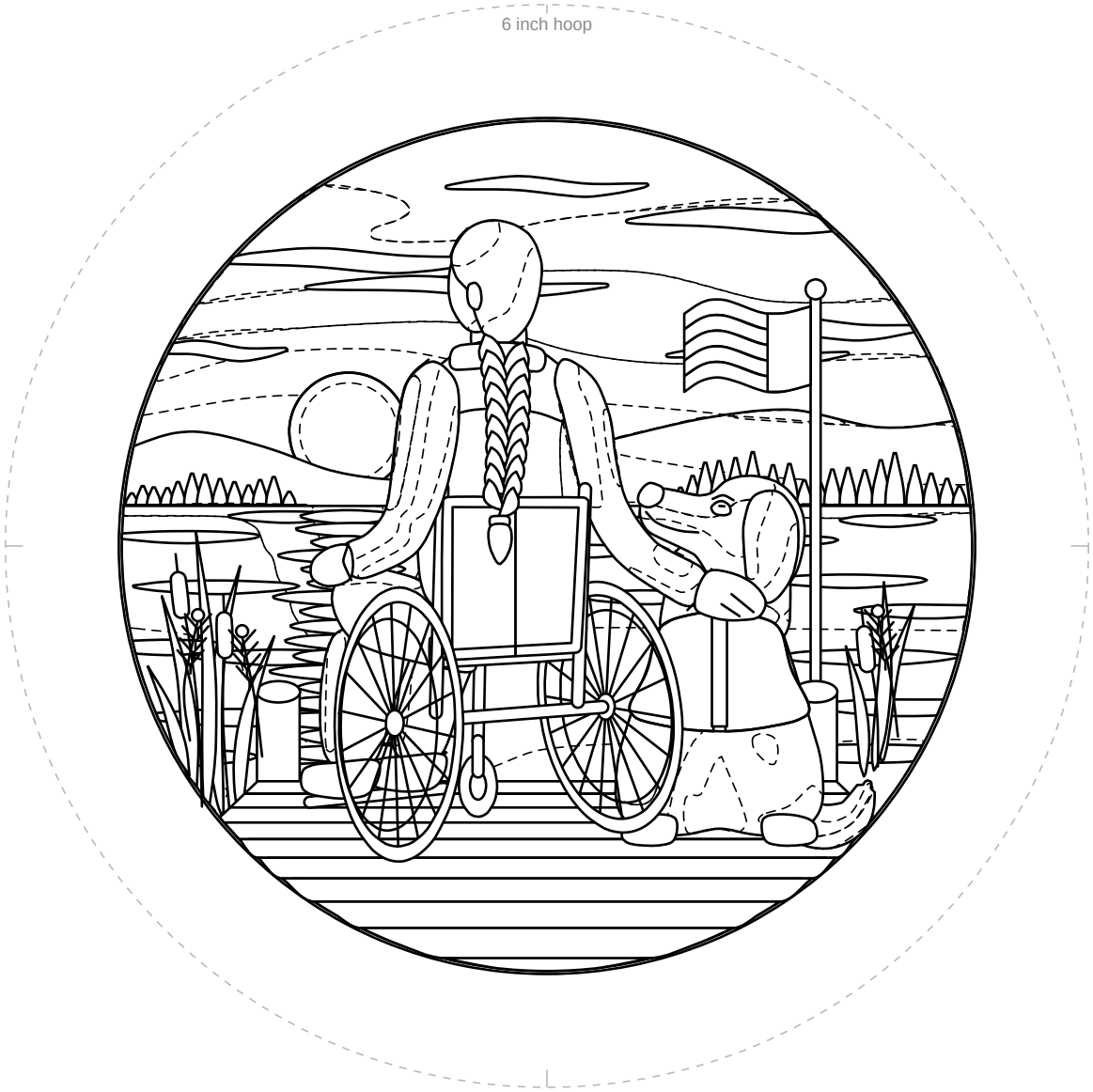
6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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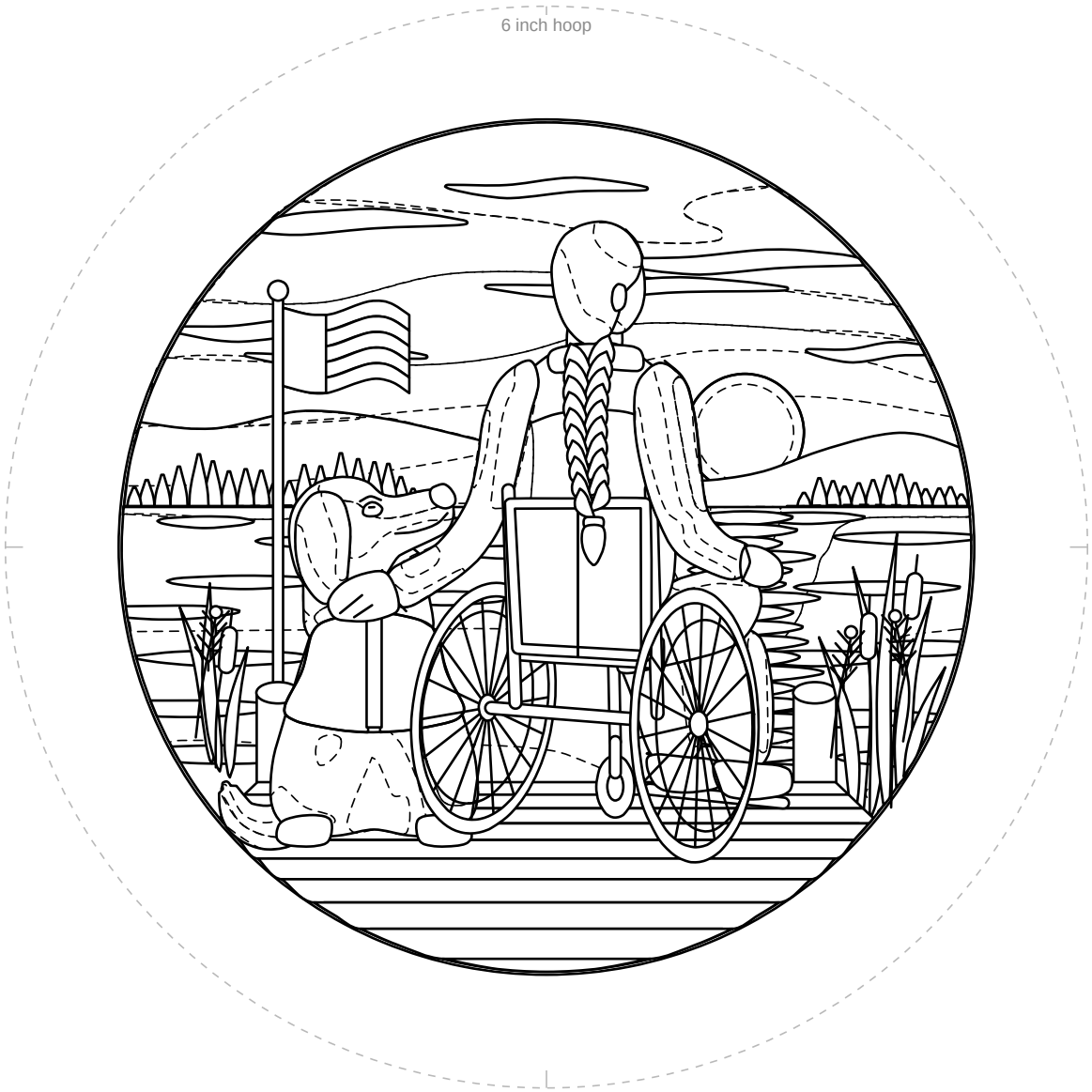
6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



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