Disgruntled cat on a yoga mat

Sized for a 6 inch hoop (15 cm). The stitched design is about 3.9 × 3.6 in (9.9 × 9.1 cm).



Which color goes where: by number on page 2.
Fabric: blush pink cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines.

1. **Long and short stitch**, 1 strand
   Mat, mat roll, shadow, tail, tail tip, far hind leg, far foreleg, mitts, body, near hind leg, near foreleg, ears, head, muzzle, eyelids
2. **Satin stitch**, 2 strands
   Mat border, mat edge, roll end, inner ears, eyes, pupils, nose, saying
3. **Stem stitch**, strands by part on page 2
   Mat edge, roll spiral, haunch line, toes, eye lines, mouth, whiskers
4. **Split stitch**, 1 strand
   Tail tip edge, mitt edges
5. **Straight stitch**, 3 strands
   Eye light

Floss

- **1 DMC 3848 Medium Teal Green**
  Mat, mat roll (dark)
- **2 DMC 964 Light Seagreen**
  Mat border and roll end, mat roll (lightest)
- **3 DMC 3847 Dark Teal Green**
  Mat edge, shadow and roll spiral, mat roll (darkest)
- **4 DMC 3849 Light Teal Green** Mat roll (light)
- **5 DMC 317 Pewter Gray**
  Tail, body, head, near hind leg and near foreleg (light), ears (lightest)
- **6 DMC 310 Black**
  Body, ears, near hind leg and head (darkest), far hind leg (darker) and 7 more parts
- **7 DMC 3799 Very Dark Pewter Gray**
  Far hind leg (lighter), far foreleg (middle), body and head (dark) and 4 more parts
- **8 DMC 413 Dark Pewter Gray**
  Ears (light), body, head, near hind leg and tail (middle) and 3 more parts
- **9 DMC 414 Dark Steel Gray**
  Body, head, near hind leg and near foreleg (lightest), mitt edges and 3 more parts
- **10 DMC 3865 Winter White**
  Mitts (light), muzzle and tail tip (lighter), eye light
- **11 DMC 762 Very Light Pearl Gray**
  Mitts (middle), muzzle and tail tip (darker)
- **12 DMC 415 Pearl Gray** Whiskers, mitts (dark)
- **13 DMC 3722 Medium Shell Pink**
  Inner ears (darker), nose
- **14 DMC 761 Light Salmon** Inner ears (lighter)
- **15 DMC 3820 Dark Straw** Eyes
- **16 DMC 355 Dark Terra Cotta** Saying

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3848 Medium Teal Green	7	DMC 3799 Very Dark Pewter Gray	13	DMC 3722 Medium Shell Pink
2	DMC 964 Light Seagreen	8	DMC 413 Dark Pewter Gray	14	DMC 761 Light Salmon
3	DMC 3847 Dark Teal Green	9	DMC 414 Dark Steel Gray	15	DMC 3820 Dark Straw
4	DMC 3849 Light Teal Green	10	DMC 3865 Winter White	16	DMC 355 Dark Terra Cotta
5	DMC 317 Pewter Gray	11	DMC 762 Very Light Pearl Gray		
6	DMC 310 Black	12	DMC 415 Pearl Gray		

How many strands

Stem stitch. 2 or 4 strands: eye lines; 2 or 3 strands: mat edge; 2 strands: roll spiral, haunch line, mouth; 1 strand: toes, whiskers.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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