Distressed American flag, running stitch

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.4 × 3 in (11.2 × 7.6 cm).



Which color goes where: by number on page 2.

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

Floss

- **1 DMC 3790 Ultra Dark Beige Gray**
  Hoist and grommets
- **2 DMC 815 Medium Garnet**
  Red stripes and frayed threads (dark)
- **3 DMC 347 Very Dark Salmon**
  Red stripes and frayed threads (middle)
- **4 DMC 350 Medium Coral**
  Red stripes and frayed threads (light)
- **5 DMC 939 Very Dark Navy Blue**
  Navy union (darker)
- **6 DMC 336 Navy Blue**
  Navy union (lighter)
- **7 DMC B5200 Snow White**
  Stars

Stitch in this order

1. **Running stitch**
   strands by part on page 2
   Hoist, red stripes, navy union

2. **Back stitch**
   strands by part on page 2
   Grommets, frayed threads

3. **Straight stitch**, 3 strands
   Stars



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Distressed American flag, running stitch

6 inch hoop

How to read it

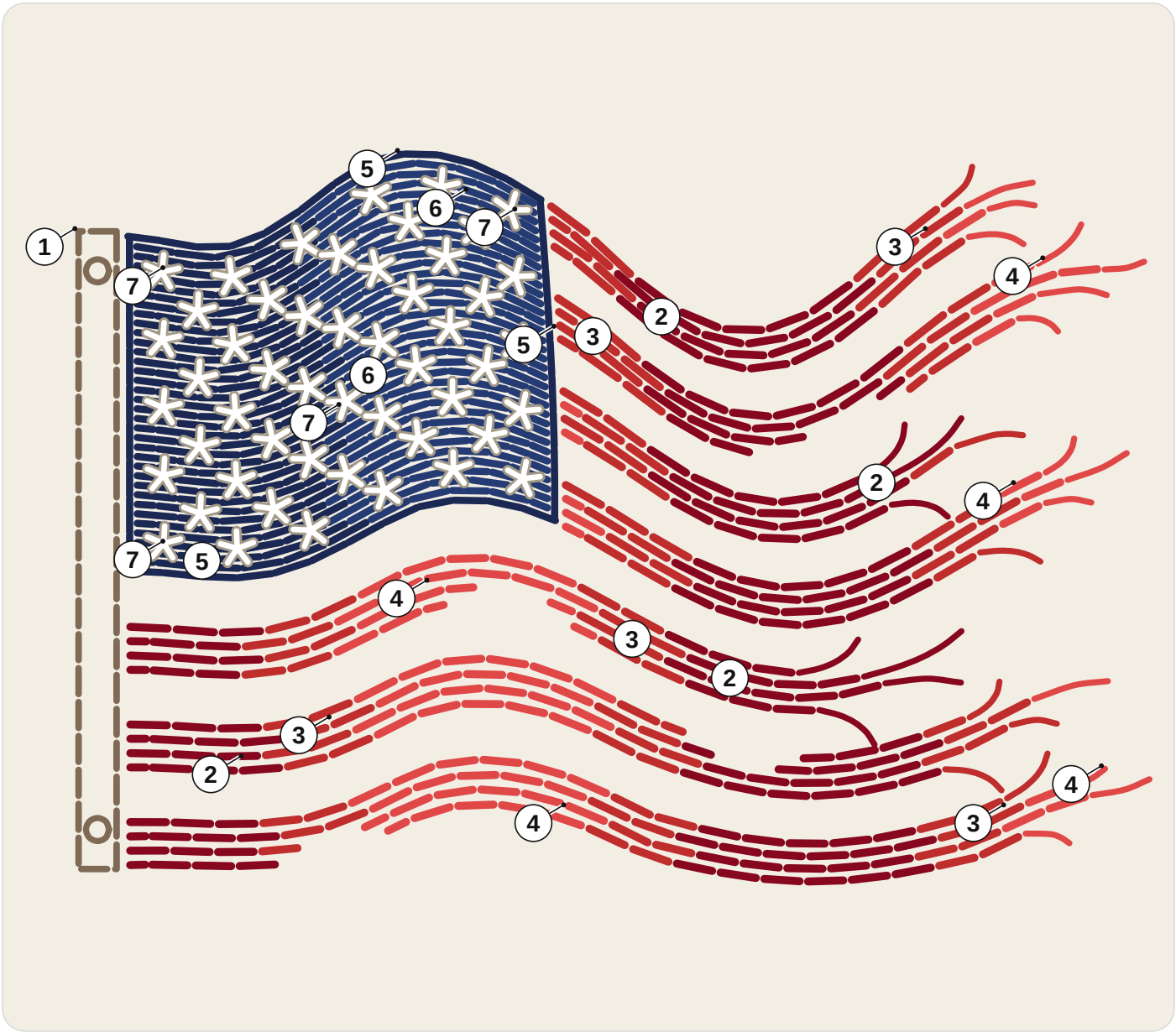
Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Begin with no knot on the back where it is seen and washed, as on a towel, a napkin or clothes; for a piece in a hoop a small knot is fine. End each thread by whipping it around the backs of four or five stitches, with one small hitch.

A dashed line is running stitch.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3790 Ultra Dark Beige Gray	**4**	DMC 350 Medium Coral	**7**	DMC B5200 Snow White
2	DMC 815 Medium Garnet	**5**	DMC 939 Very Dark Navy Blue		
3	DMC 347 Very Dark Salmon	**6**	DMC 336 Navy Blue		

How many strands

Running stitch. 6 strands: red stripes; 5 strands: navy union; 4 strands: hoist.
Back stitch. 3 strands: grommets; 2 strands: frayed threads.

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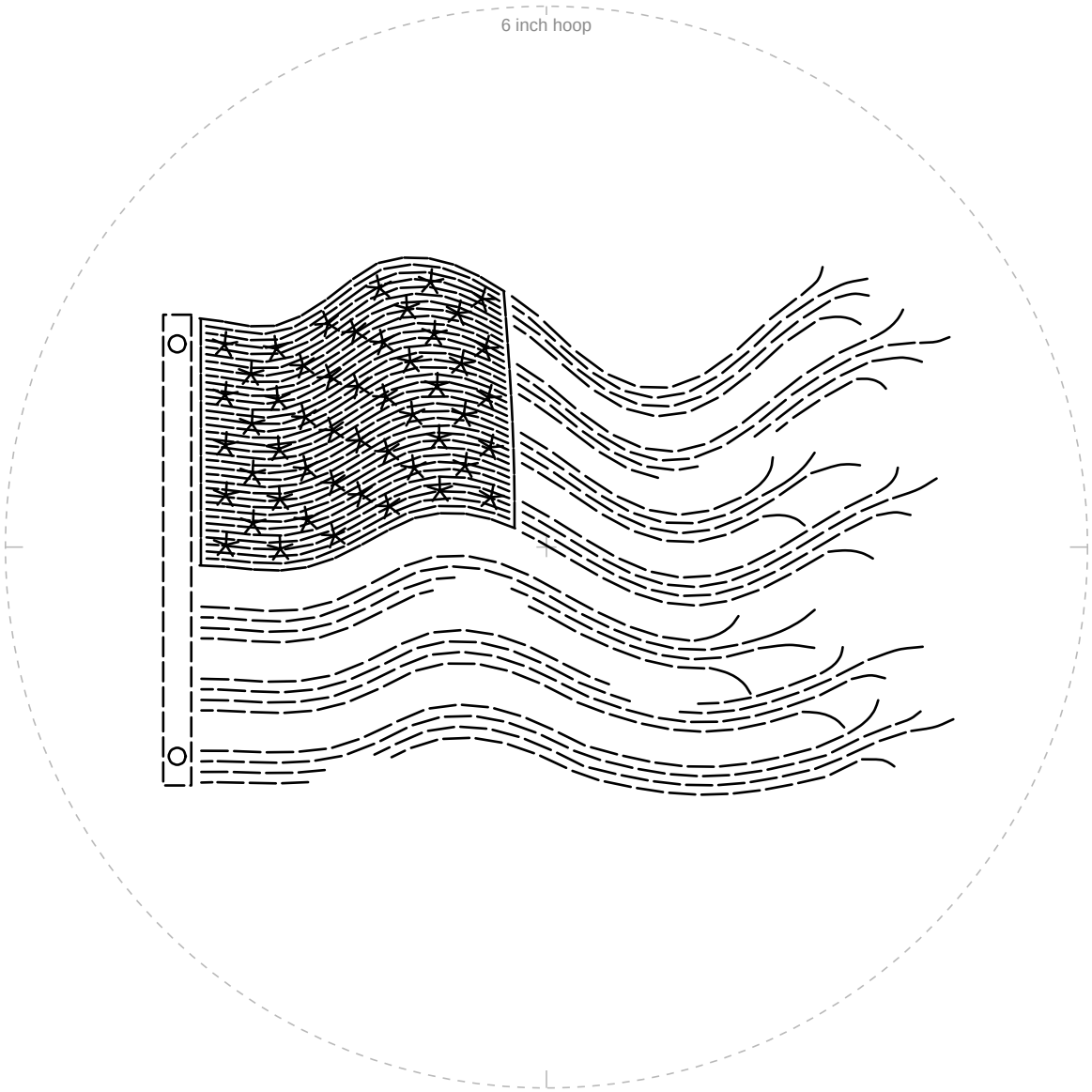
Distressed American flag, running stitch

6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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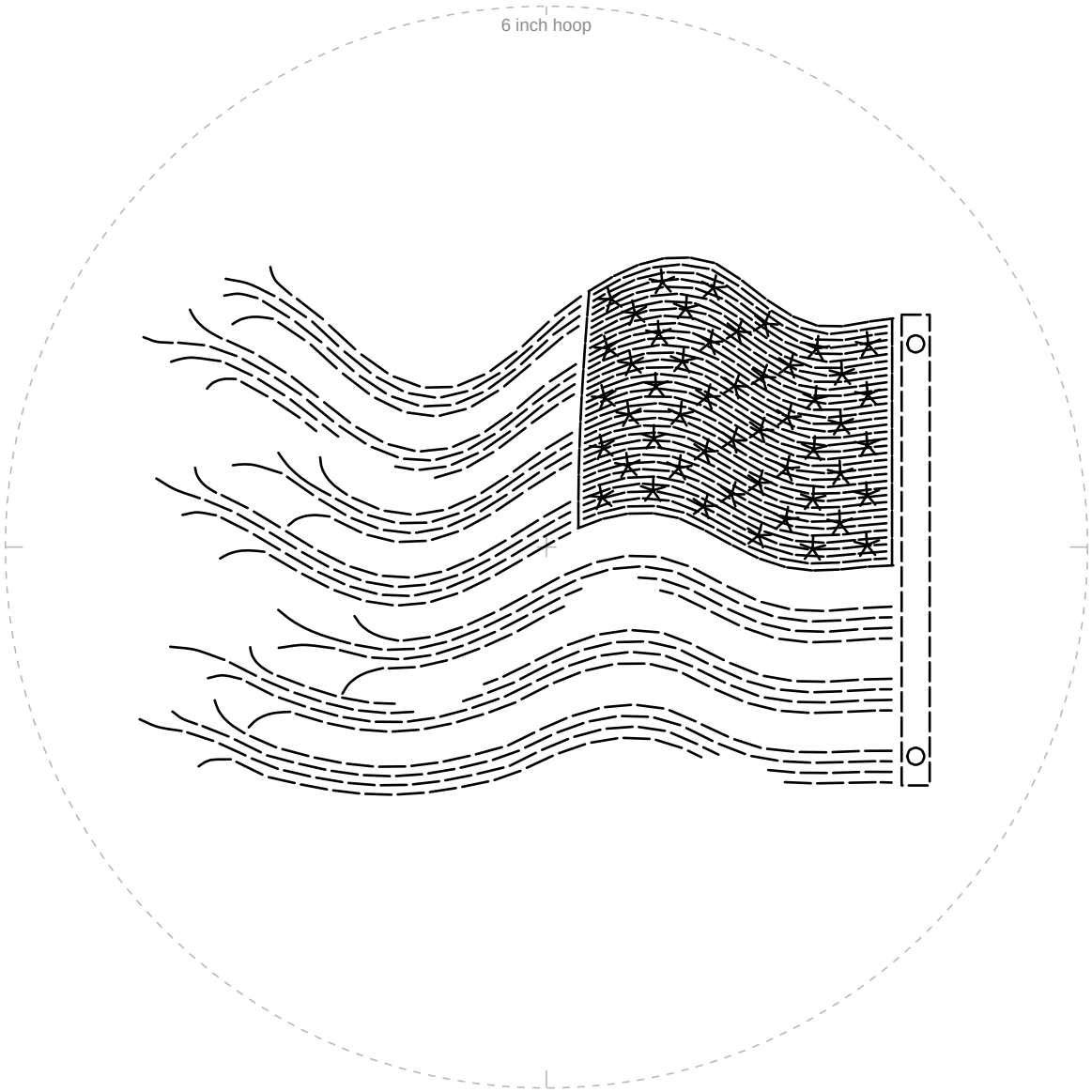
Distressed American flag, running stitch

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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