Doctor’s hand and a teddy bear

Sized for a 6 inch hoop (15 cm). The stitched design is about 3.9 × 4.8 in (9.9 × 12.2 cm).



Which color goes where.

Stitches

- **Long and short stitch**, 1 strand
  Fingers, body, tummy, palm, thumb, coat sleeve, feet, soles, arms, ears, head, muzzle
- **Split stitch**, 1 to 2 strands
  Hand lines, sleeve lines, tube light, chest piece rim, mouth, bandage edge
- **Satin stitch**, 2 strands
  Thumb nail, shirt cuff, cuff button, inner ears, tube, chest piece, chest piece face, nose, eyes, headset, ear tips, bandage, bandage pad
- **Back stitch**, 1 strand
  Sleeve lines
- **French knot**, 1 strand, two wraps
  Eye lights

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.

2. **Fabric you cannot see through**
   Lay dressmaker’s carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.

3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

Floss

- **DMC 3772 Very Dark Desert Sand**
  Palm, fingers and thumb (light)
- **DMC 801 Dark Coffee Brown**
  Palm (dark), fingers, body, head, feet, ears and arms (darkest), thumb (middle dark)
- **DMC 632 Ultra Very Dark Desert Sand**
  Fingers (dark), palm (middle), thumb (middle light)
- **DMC 407 Dark Desert Sand**
  Thumb, palm and fingers (lightest), thumb nail
- **DMC 3371 Black Brown**
  Hand lines (lighter), thumb (dark), eyes, nose and mouth
- **DMC 938 Ultra Dark Coffee Brown**
  Palm and thumb (darkest), hand lines (darker)
- **DMC 738 Very Light Tan**
  Body, head, feet, ears and arms (lightest), tummy, soles and muzzle (middle)
- **DMC 433 Medium Brown**
  Body, head, feet, arms and ears (dark)
- **DMC 435 Very Light Brown**
  Body, head, feet, arms and ears (middle)
- **DMC 437 Light Tan**
  Arms, body, head, feet and ears (light), tummy, soles and muzzle (dark)
- **DMC 739 Ultra Very Light Tan**
  Tummy, muzzle and soles (light), bandage pad
- **DMC 3752 Very Light Antique Blue** Shirt cuff (lighter)
- **DMC 931 Medium Antique Blue**
  Sleeve lines and cuff button, shirt cuff (darker)
- **DMC BLANC White**
  Coat sleeve and chest piece rim (lighter), eye lights
- **DMC 762 Very Light Pearl Gray**
  Coat sleeve (darker), chest piece face
- **DMC 3778 Light Terra Cotta** Inner ears and bandage edge
- **DMC 321 Red** Tube
- **DMC 3705 Dark Melon** Tube light
- **DMC 414 Dark Steel Gray** Chest piece, headset (lighter)
- **DMC 3799 Very Dark Pewter Gray**
  Ear tips, chest piece rim and headset (darker)
- **DMC 3779 Very Light Rosewood** Bandage

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Doctor’s hand and a teddy bear

6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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Doctor’s hand and a teddy bear

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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