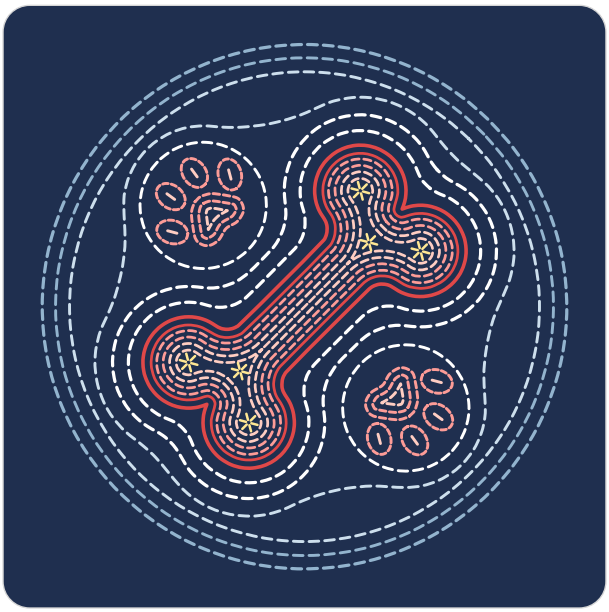
Dog bone in running stitch

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.8 × 4.8 in (12.2 × 12.2 cm).



Which color goes where: by number on page 2.
Fabric: indigo cotton or linen.

Floss

- **1 DMC B5200 Snow White**
  Ripples (lighter)
- **2 DMC 3841 Pale Baby Blue**
  Ripples (darker)
- **3 DMC 3755 Baby Blue**
  Ring
- **4 DMC 352 Light Coral**
  Bone filling and paw prints (darker)
- **5 DMC 3824 Light Apricot**
  Bone filling and paw prints (lighter)
- **6 DMC 744 Pale Yellow**
  Stars
- **7 DMC 350 Medium Coral**
  Bone outline

Stitch in this order

1. **Running stitch**
   strands by part on page 2
   Ripples, ring, paw prints, bone filling, stars
2. **Back stitch**, 3 to 6 strands
   Bone outline

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 3 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 3 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

What you need

Easy. A 6 inch (15 cm) hoop, and a 9 inch (23 cm) square of plain cotton or linen, in indigo. Embroidery needle: size 7 for 3 strands, size 3 for 4 to 6 (a lower number is a thicker needle). Skeins: one of each color is enough. An estimate for the 6 inch hoop, from the length of each line and the area of each filled shape, with a fifth added for tails.

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Dog bone in running stitch

6 inch hoop

How to read it

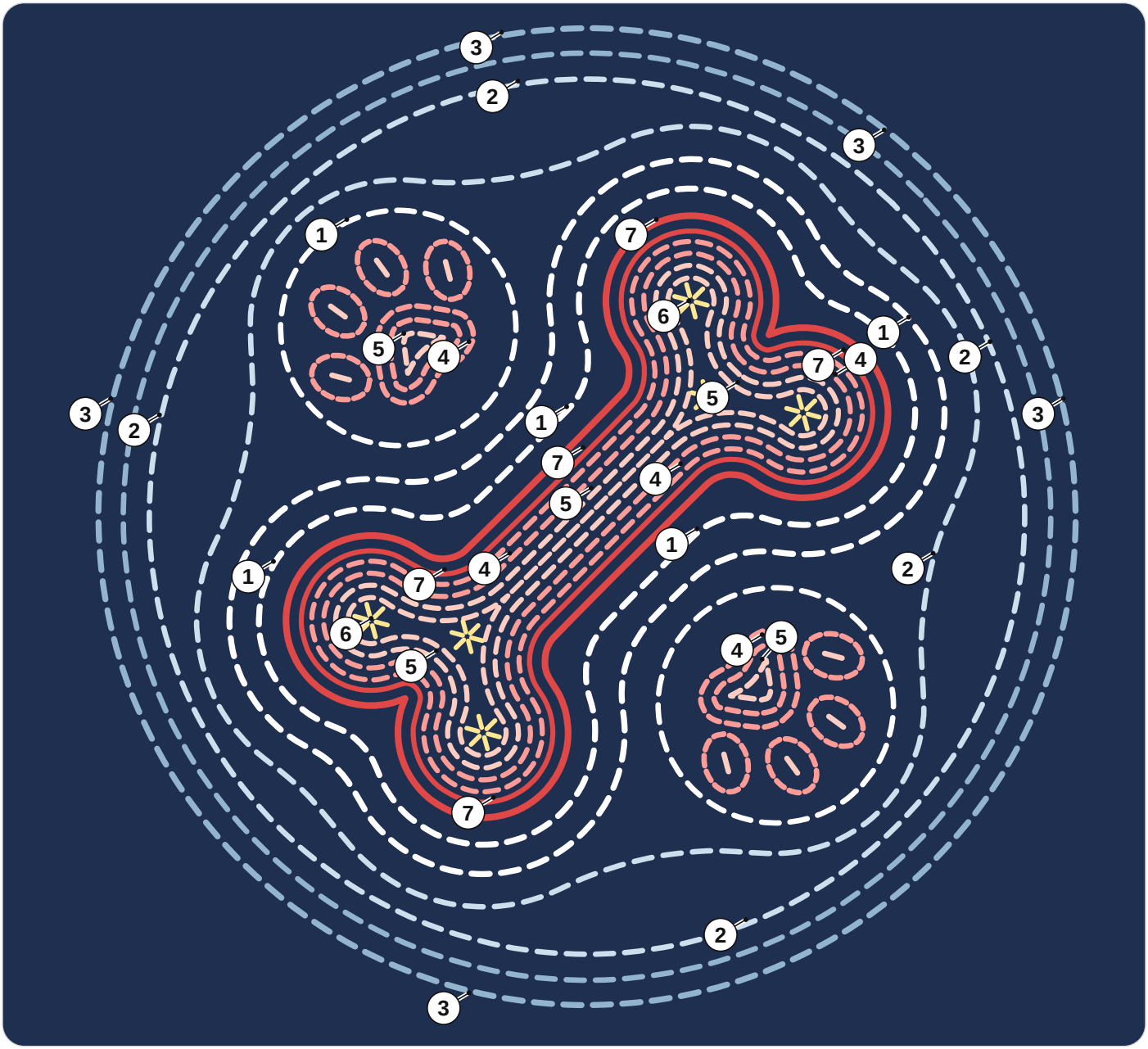
Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Start each thread with a small knot on the back, and end it by running the needle under the backs of a few stitches.

A dashed line is running stitch.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1 DMC B5200 Snow White
2 DMC 3841 Pale Baby Blue
3 DMC 3755 Baby Blue
4 DMC 352 Light Coral
5 DMC 3824 Light Apricot
6 DMC 744 Pale Yellow
7 DMC 350 Medium Coral

How many strands

Running stitch. 4 or 5 strands: ripples, ring; 4 strands: paw prints; 3 strands: bone filling, stars.

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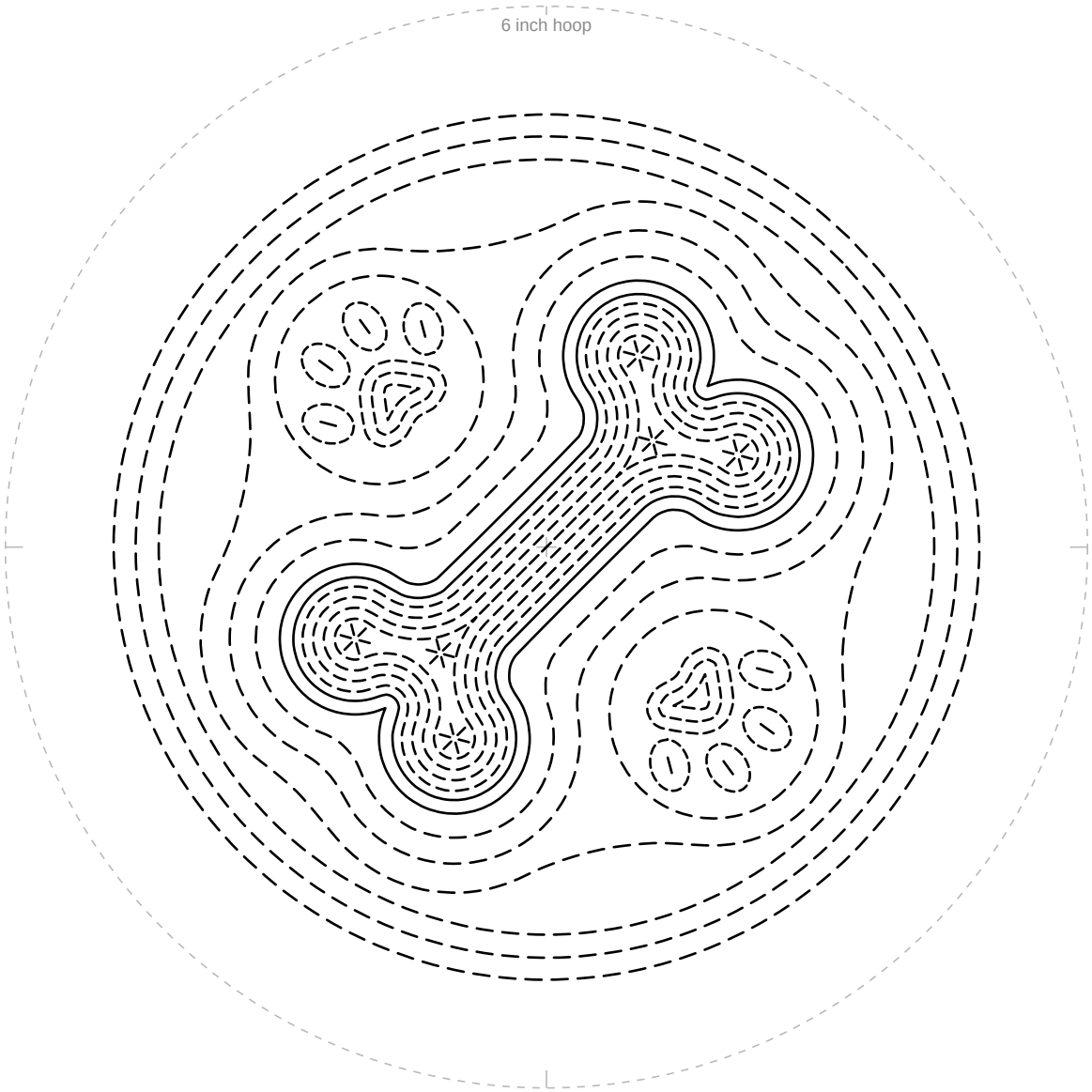
Dog bone in running stitch

6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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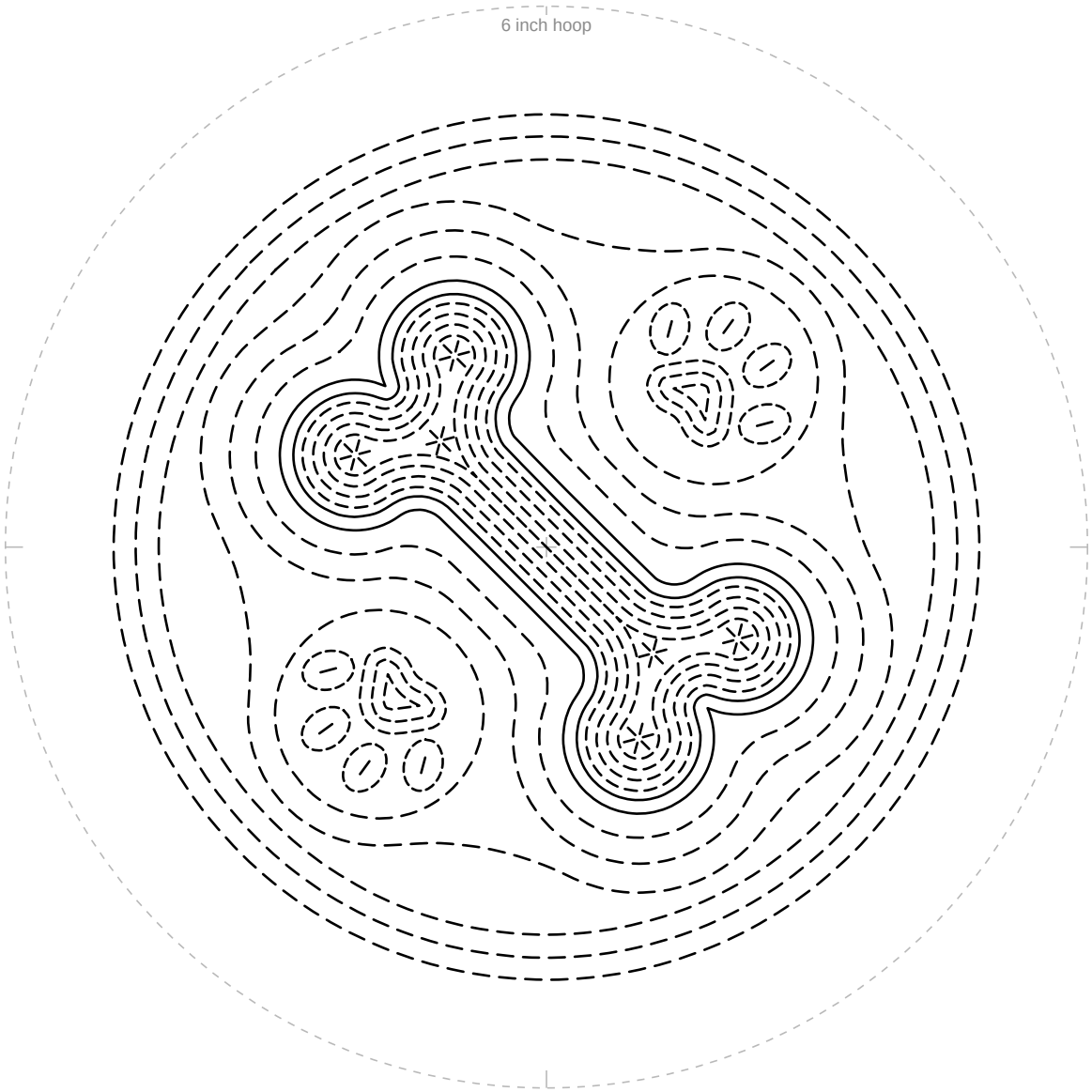
Dog bone in running stitch

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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