# Double-headed eagle folk crest

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.8 × 4.8 in (12.2 × 12.2 cm).



Which color goes where.

## Floss

- **DMC 742 Light Tangerine**
  Wing feathers (light), wing arm, ring and bills, tulips (lighter) and 5 more parts
- **DMC 712 Cream**
  Wing feathers (lightest), heads, tail feathers (lighter) and 5 more parts
- **DMC 321 Red**
  Necks and body, wing feathers (darkest), tulips (darker) and 6 more parts
- **DMC 988 Medium Forest Green**
  Wing feathers, wing coverts and neck feathers (dark), legs and 2 more parts
- **DMC 986 Very Dark Forest Green**
  Leaves

## Stitches

- **Chain stitch**, 2 to 3 strands
  Ring, heart
- **French knot**, 2 strands, two wraps
  Ring knots, wing knots, eyes
- **Stem stitch**, 2 to 3 strands
  Tulip stems, feather shafts, brows
- **Satin stitch**, 2 strands
  Leaves, tulips, tail feathers, wing feathers, wing coverts, wing arm, legs, feet, necks, neck feathers, heads, bills, body

## Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker’s carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.



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**6 inch hoop**

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.




**1 in**
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.



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**6 inch hoop**

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.




**1 in**
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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