Eastern European folk style sampler

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.8 × 4.8 in (12.2 × 12.2 cm).



Which color goes where.

Stitches

- **Chain stitch**, 3 to 4 strands
  Round edge, sun arches, chain row
- **Stem stitch**, 2 to 4 strands
  Inner ring, sun rays, wheat stalks, cornflower stems, tulip stems, tooth line, spray stems, ground, diamond outlines, vine
- **Satin stitch**, 2 strands
  Sun, sun rays, cornflowers, tulip leaves, tulip hearts, tulips, chicks, chick beaks, teeth, spray leaves, spray flowers, hen tail, and 12 more
- **Lazy daisy stitch**, 2 to 3 strands
  Sun ray tips, hen collar, chick wings
- **Straight stitch**, 1 to 5 strands
  Sun ray tips, wheat ears, wheat blades, legs, leaf veins
- **Herringbone stitch**, 2 strands
  Herringbone row
- **French knot**, 1 to 2 strands, two wraps
  Cornflower hearts, eyes, spray hearts, seeds, grapes

Floss

- **DMC 347 Very Dark Salmon**
  Round edge, hen body and teeth, tulips (lighter), sun rays (darker) and 9 more parts
- **DMC 782 Dark Topaz**
  Inner ring and chick bellies, whipped row (lighter) and 8 more parts
- **DMC 3820 Dark Straw**
  Chicks, tulip hearts, wheat ears and sun, diamonds (lighter) and 5 more parts
- **DMC 3808 Ultra Very Dark Turquoise**
  Diamond outlines, herringbone row, cornflowers and blanket row and 3 more parts
- **DMC 3346 Hunter Green**
  Tulip leaves, heart sprigs and ground, whipped row (darker) and 8 more parts
- **DMC 902 Very Dark Garnet**
  Tulips (darker), grapes, hen belly and back stitch row and 5 more parts
- **DMC 3371 Black Brown** Eyes
- **DMC 712 Cream** Hen face

Stitches, continued

- **Whipped back stitch**, 2 strands
  Whipped row
- **Long and short stitch**, 2 strands
  Hen body
- **Fly stitch**, 2 to 3 strands
  Wing feathers, heart sprigs
- **Back stitch**, 3 strands
  Back stitch row
- **Blanket stitch**, 2 strands
  Blanket row

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

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6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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Eastern European folk style sampler

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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