Easy sunflower for a throw pillow

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.3 × 4.8 in (10.9 × 12.2 cm).



Which color goes where.

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

Floss

- **DMC 470 Light Avocado Green**
  Leaves and stem (darker), heart center and leaf stalks
- **DMC 472 Ultra Light Avocado Green**
  Leaves and stem (lighter)
- **DMC 936 Very Dark Avocado Green**
  Leaf edges, leaf veins and leaf ribs
- **DMC 921 Copper**
  Back petals and petal throats, heart and ladybug (lighter)
- **DMC 742 Light Tangerine**
  Front petals (darker), seed knots and heart chain
- **DMC 744 Pale Yellow**
  Front petals (lighter)
- **DMC 3371 Black Brown**
  Heart and ladybug (darker)

Stitches

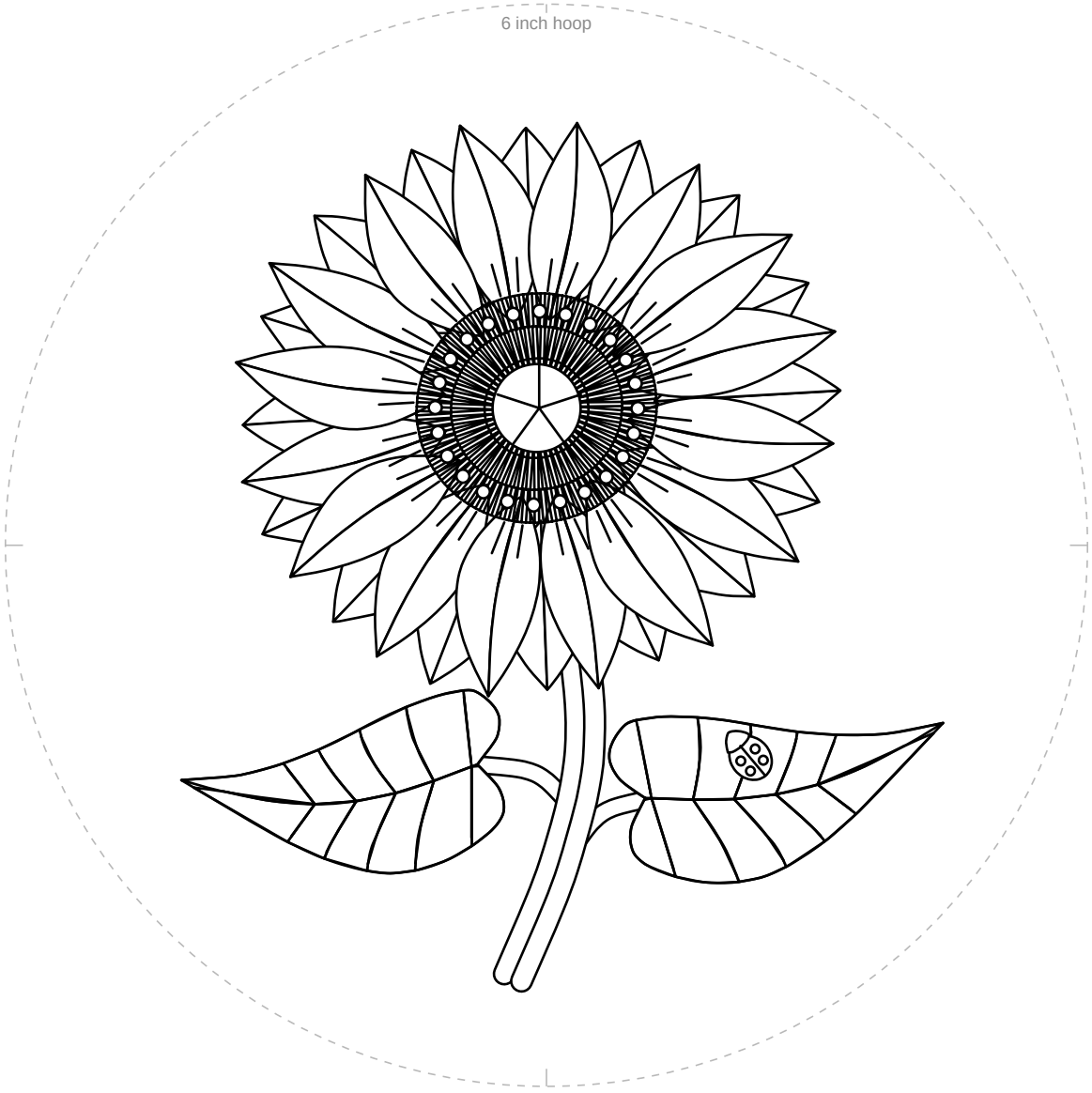
- **Satin stitch**, 2 to 3 strands
  Leaf stalks, leaves, stem, back petals, ladybug
- **Stem stitch**, 2 to 4 strands
  Leaf veins, leaf edges, leaf ribs
- **Fishbone stitch**, 3 strands
  Front petals
- **Straight stitch**, 2 strands
  Petal throats
- **Buttonhole stitch**, 3 strands
  Heart
- **Woven wheel stitch**, 4 strands
  Heart center
- **Chain stitch**, 2 strands
  Heart chain
- **French knot**, 1 to 2 strands, two wraps
  Seed knots, ladybug
- **Back stitch**, 2 strands
  Ladybug

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6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

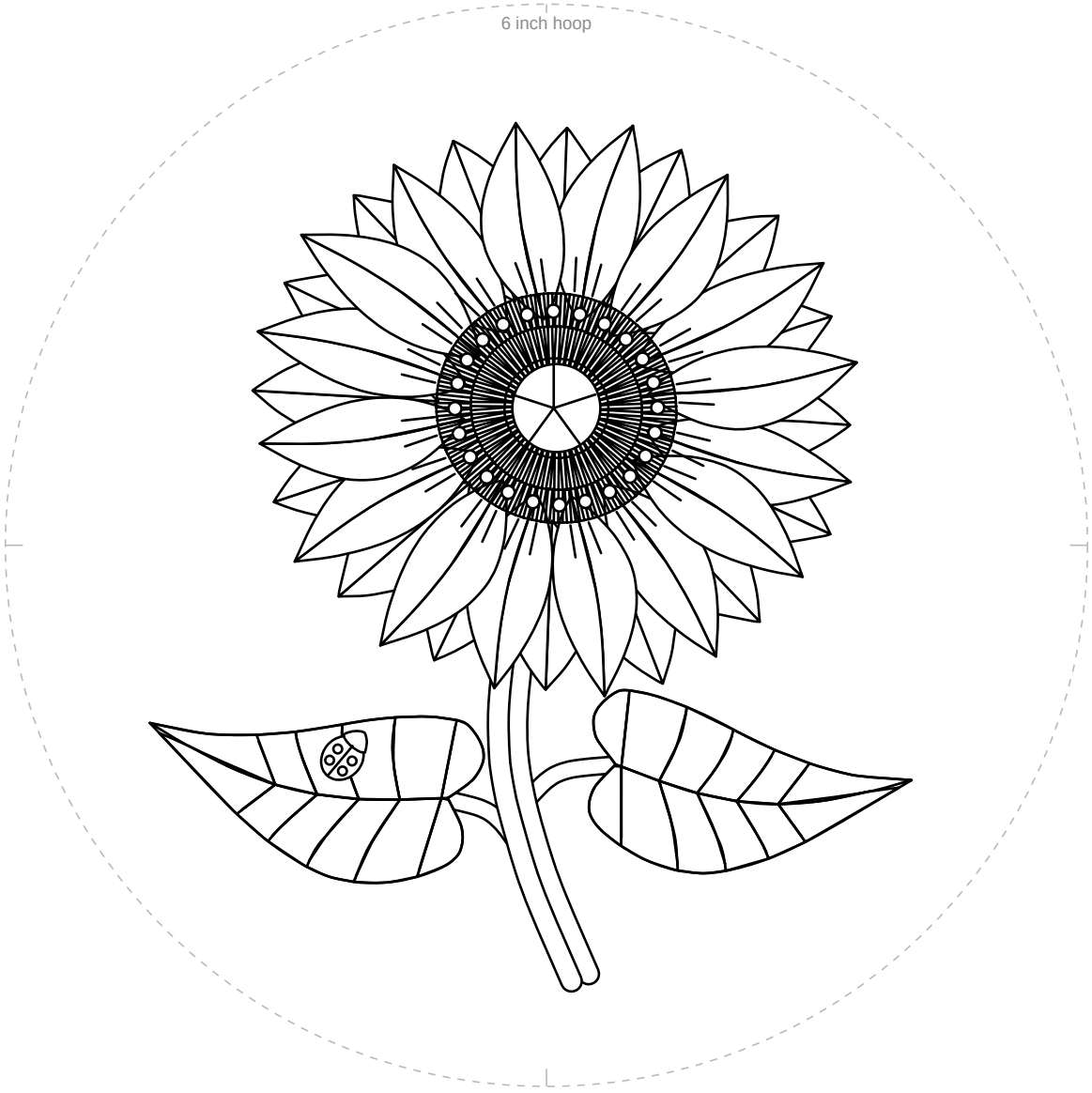
Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

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