Easy fern leaves knee mend

Sized for a 6 inch hoop (15 cm). The stitched design is about 3.6 × 4.2 in (9.1 × 10.7 cm).



Which color goes where: by number on page 2.
Fabric: denim blue cotton or linen.

Floss

- **1 DMC 3325 Light Baby Blue**
  Patch edge
- **2 DMC 3865 Winter White**
  Inner row
- **3 DMC 472 Ultra Light Avocado Green**
  Croziers, leaflets (lightest)
- **4 DMC 3822 Light Straw**
  Crown and crozier eyes
- **5 DMC 504 Very Light Blue Green**
  Leaflets (light), stems (lighter)
- **6 DMC 989 Forest Green**
  Leaflets (darkest)
- **7 DMC 471 Very Light Avocado Green**
  Leaflets (dark), stems (darker)

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Satin stitch**, 2 strands
   Croziers, leaflets
2. **Straight stitch**, 3 strands
   Patch edge
3. **Running stitch**, 4 strands
   Inner row
4. **Stem stitch**, 3 to 4 strands
   Stems
5. **French knot**
   2 strands, two wraps
   Crozier eyes, crown

Two ways onto denim

1. **A wash-away sheet, the sure way**
   Print page 3 on a sticky wash-away sheet, smooth it onto the denim, stitch through both and rinse it away.
2. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

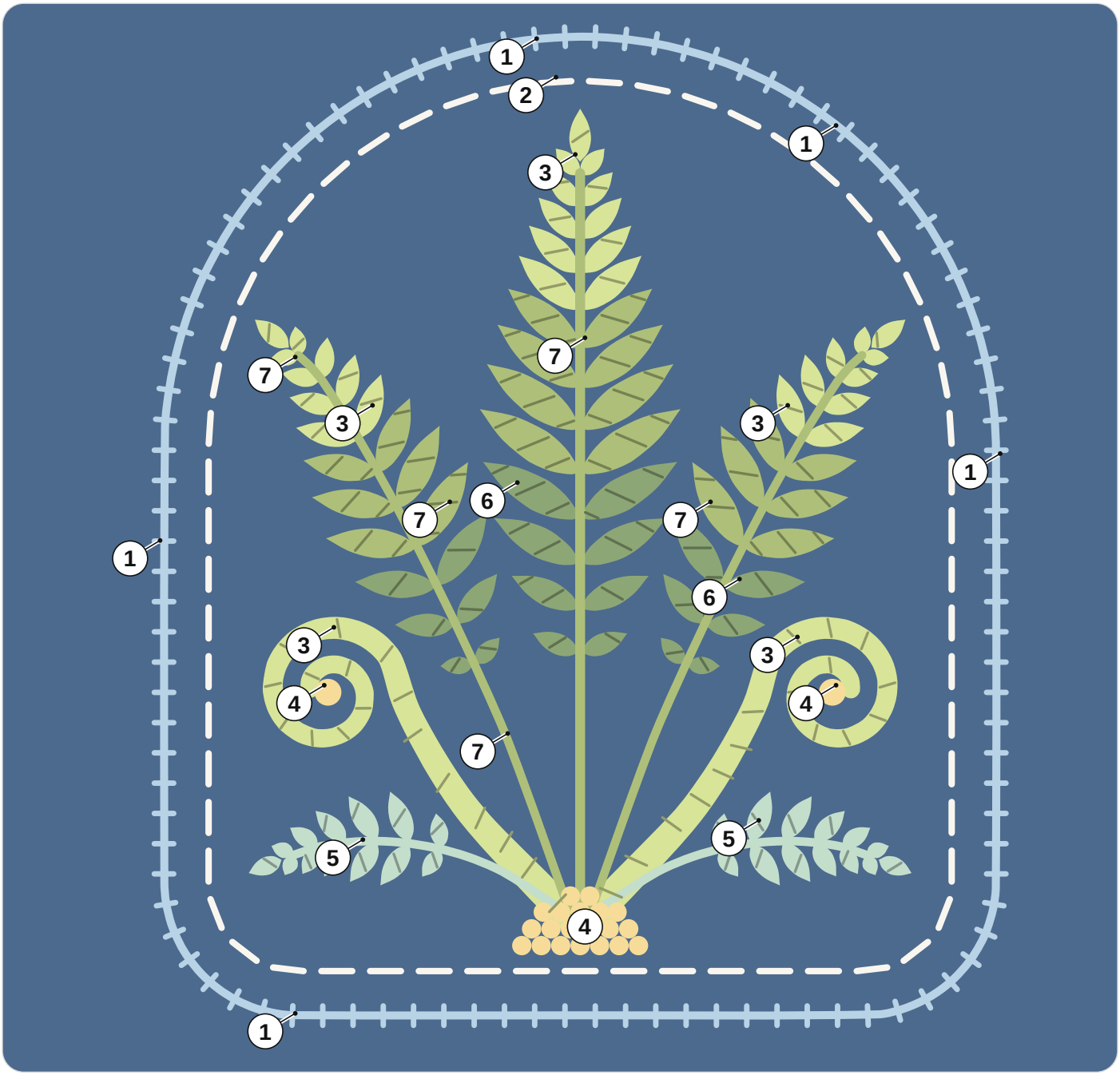
Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

On denim start with a small firm knot inside, which the cloth hides; inside a filled shape take two or three tiny stitches instead. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



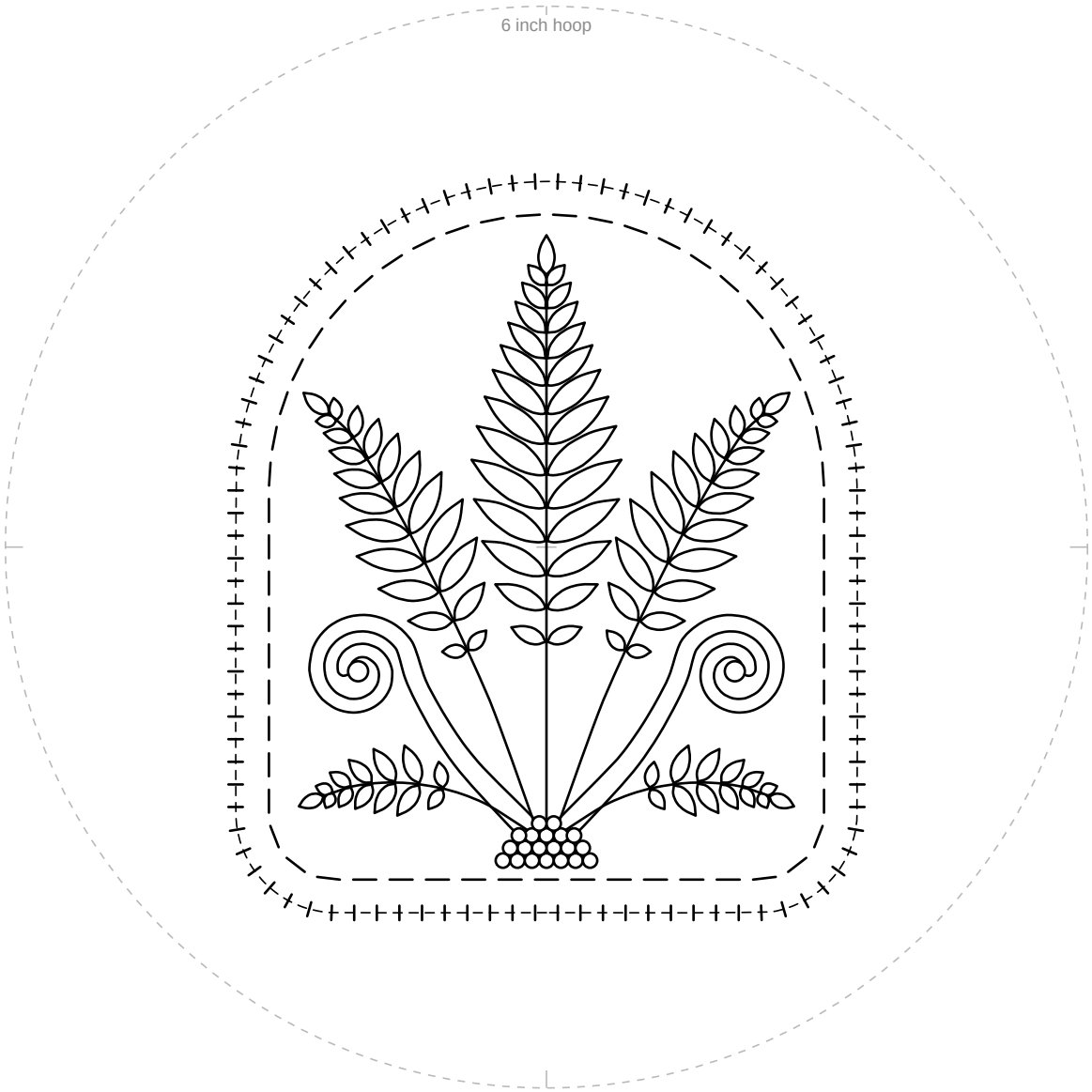
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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

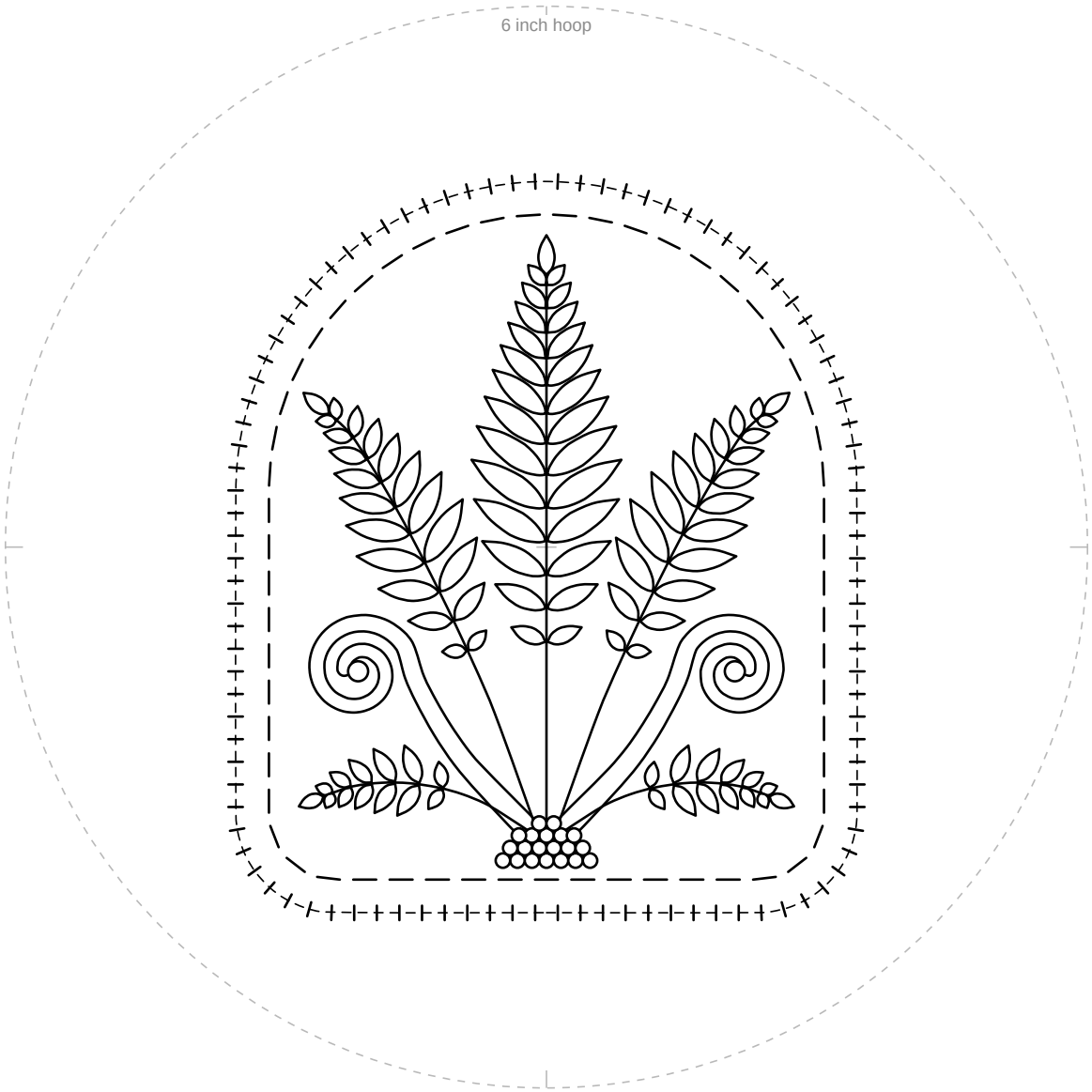
Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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