Easy leafy folk heart for a sweater

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.5 × 4.8 in (11.4 × 12.2 cm).



Which color goes where.

Floss

- **DMC 712 Cream**
  Heart, outer row, tulip (lighter)
- **DMC 351 Coral**
  Heart, inner rows and rosette, tulip (darker)
- **DMC 3821 Straw**
  Leaves and scroll leaves (lighter), knots and stamens
- **DMC 989 Forest Green**
  Leaves and scroll leaves (darker), stems
- **DMC 3766 Light Peacock Blue**
  Blue flowers
- **DMC 309 Ultra Very Dark Rose**
  Tulip base and rosette center
- **DMC 353 Peach**
  Rosette tips

Stitches

- **Chain stitch**, 6 strands
  Heart, outer row, heart, inner rows
- **French knot**, 6 strands, two wraps
  Knots
- **Stem stitch**, 4 to 6 strands
  Stems
- **Satin stitch**, 3 strands
  Leaves, blue flowers, scroll leaves, tulip, tulip base, rosette, rosette tips, rosette center
- **Straight stitch**, 4 strands
  Stamens

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker’s carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

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6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

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