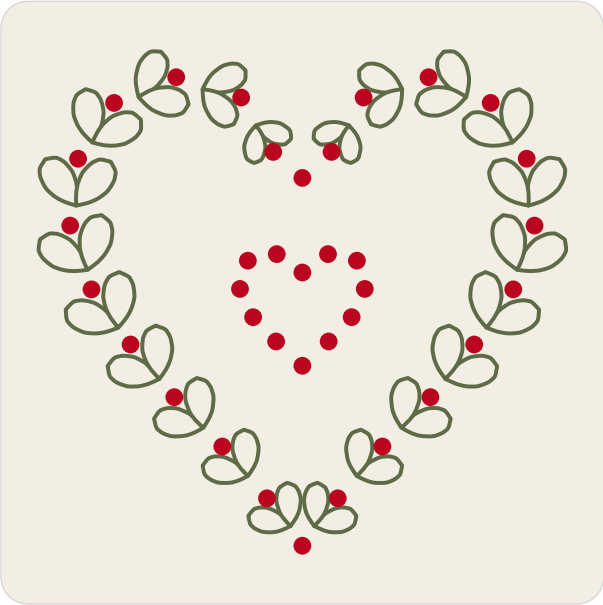
Easy heart of French knots and leaves

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.5 × 4.3 in (11.4 × 10.9 cm).



Which color goes where.

Floss

- **DMC 3362 Dark Pine Green**
  Leaves
- **DMC 817 Very Dark Coral Red**
  Berries and little heart

Stitches

- **Lazy daisy stitch**, 6 strands
  Leaves
- **French knot**, 6 strands, two wraps
  Berries, little heart

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker’s carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

Work it in this order

1. Stitch the filled parts first, what lies behind before what lies in front of it.
2. Keep the knots for the end, so that the hoop and your hand do not flatten them.

The thread
Start each thread with a small knot on the back or one of the knotless starts, and end it by running the needle under the backs of a few stitches.

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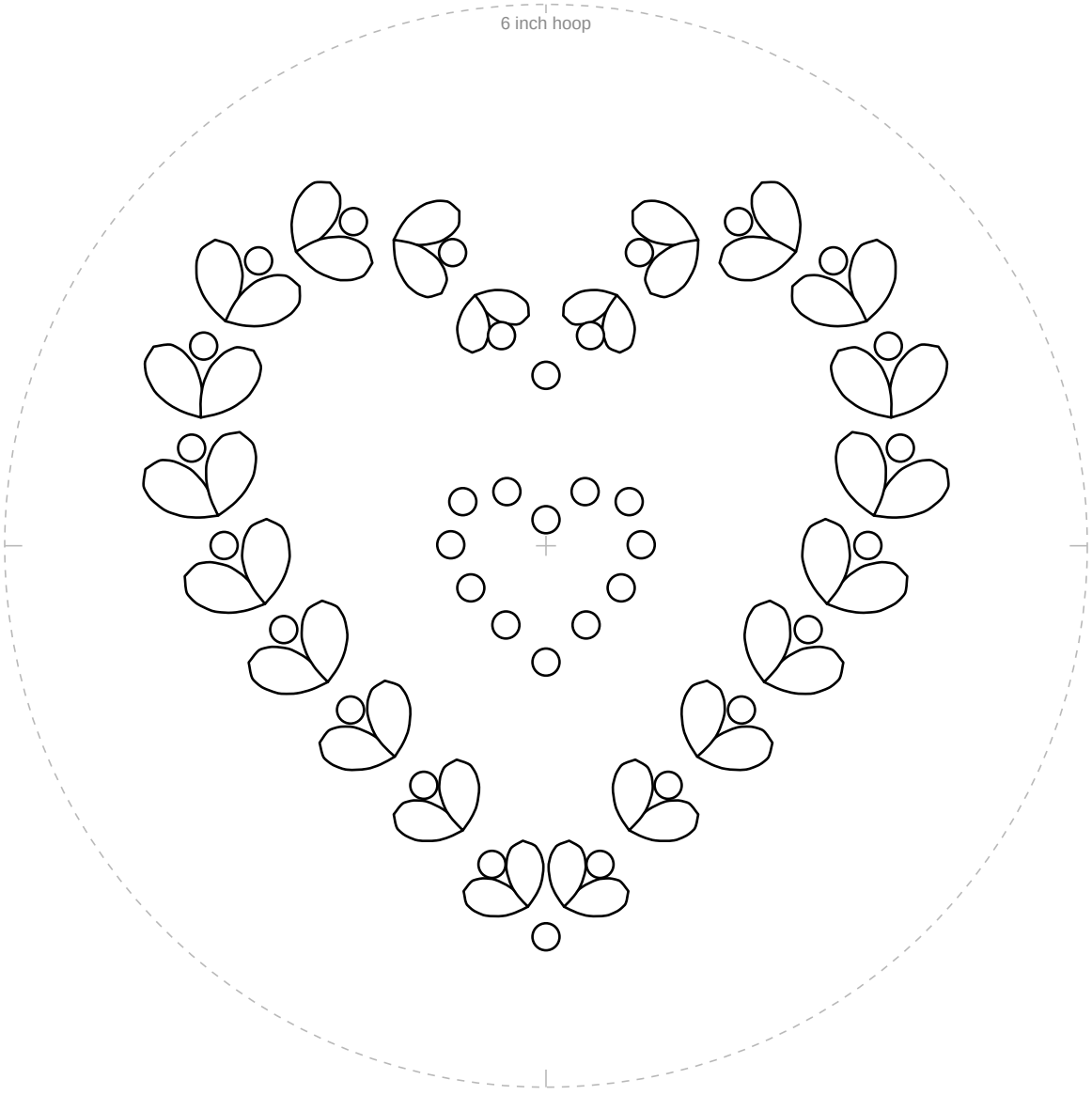
6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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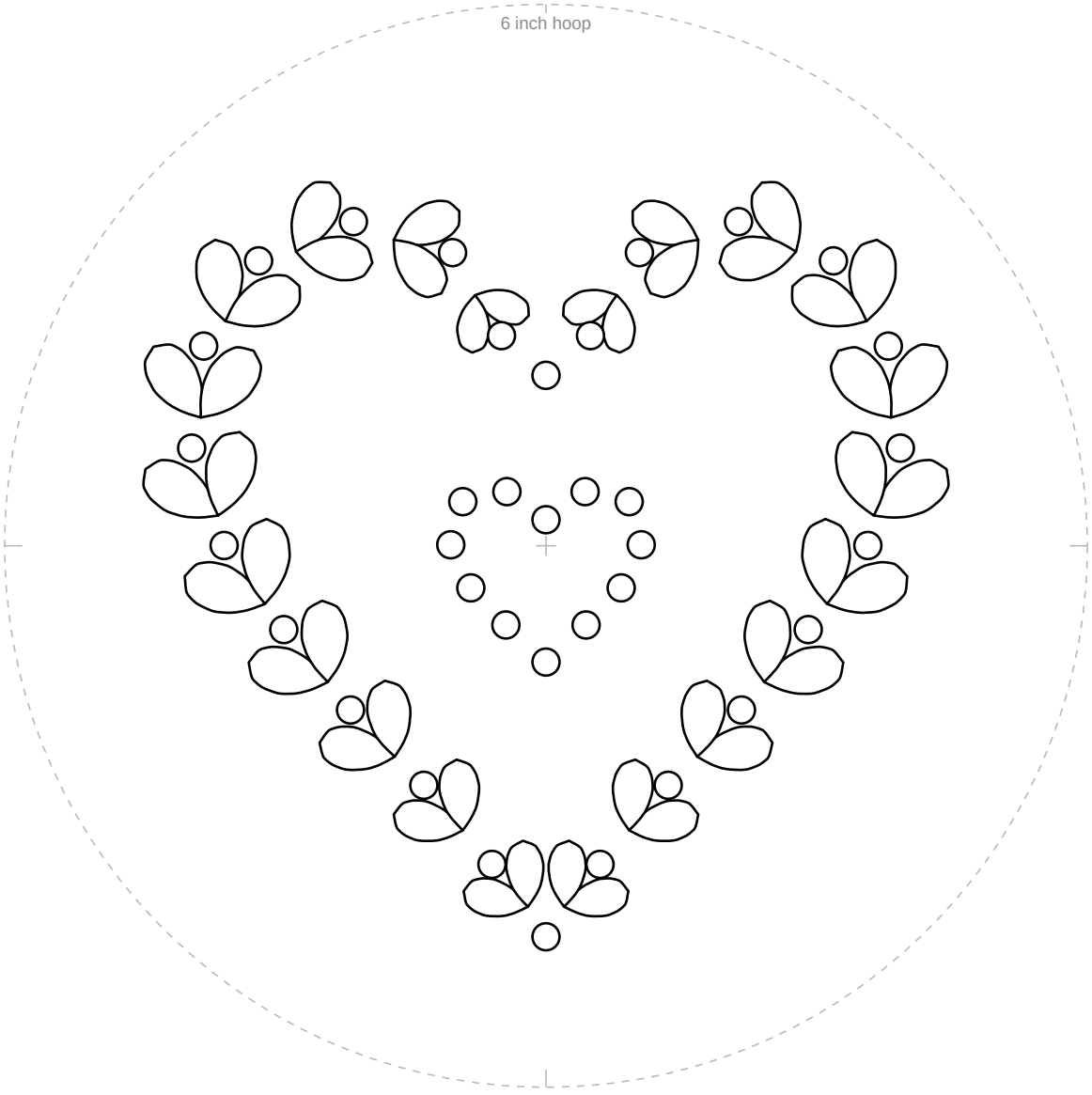
Easy heart of French knots and leaves

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
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