Small easy milk and cookies

Sized for a 6 inch hoop (15 cm). The stitched design is about 3.3 × 4.4 in (8.4 × 11.2 cm).



Which color goes where: by number on page 2.
Fabric: pale blue cotton or linen.

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

Floss

- **1 DMC 436 Tan**
  Stacked cookies and bitten cookie
- **2 DMC 433 Medium Brown**
  Cookie edges
- **3 DMC 3371 Black Brown**
  Chocolate chips
- **4 DMC BLANC White**
  Milk, straw (lighter)
- **5 DMC 321 Red**
  Checks, scallops, edging, heart and scallop hearts, straw (darker)
- **6 DMC 813 Light Blue**
  Milk gleam and bottle lip
- **7 DMC 3750 Very Dark Antique Blue**
  Bottle and milk line

Stitch in this order

Filled parts from the back of the picture forward, then lines.

1. **Satin stitch**, 2 strands
   Stacked cookies, chocolate chips, straw, milk gleam, heart, bottle lip, checks, scallop hearts



2. **Blanket stitch**, 2 strands
   Scallops



3. **Split stitch**
   strands by part on page 2
   Cookie edges, milk, bottle

4. **Stem stitch**
   strands by part on page 2
   Milk line, bitten cookie, edging

What you need

Easy. A 6 inch (15 cm) hoop, and a 9 inch (23 cm) square of plain cotton or linen, in pale blue. Embroidery needle: size 7 for 2 or 3 strands, size 3 for 4 to 6 (a lower number is a thicker needle). Skeins: one of each color is enough. An estimate for the 6 inch hoop, from the length of each line and the area of each filled shape, with a fifth added for tails.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Begin with no knot on the back where it is seen and washed, as on a towel, a napkin or clothes; for a piece in a hoop a small knot is fine. End each thread by whipping it around the backs of four or five stitches, with one small hitch.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1 DMC 436 Tan
2 DMC 433 Medium Brown
3 DMC 3371 Black Brown
4 DMC BLANC White
5 DMC 321 Red
6 DMC 813 Light Blue
7 DMC 3750 Very Dark Antique Blue

How many strands

Split stitch. 6 strands: milk; 4 strands: bottle; 3 or 4 strands: cookie edges.
Stem stitch. 5 strands: bitten cookie; 3 strands: edging; 2 strands: milk line.

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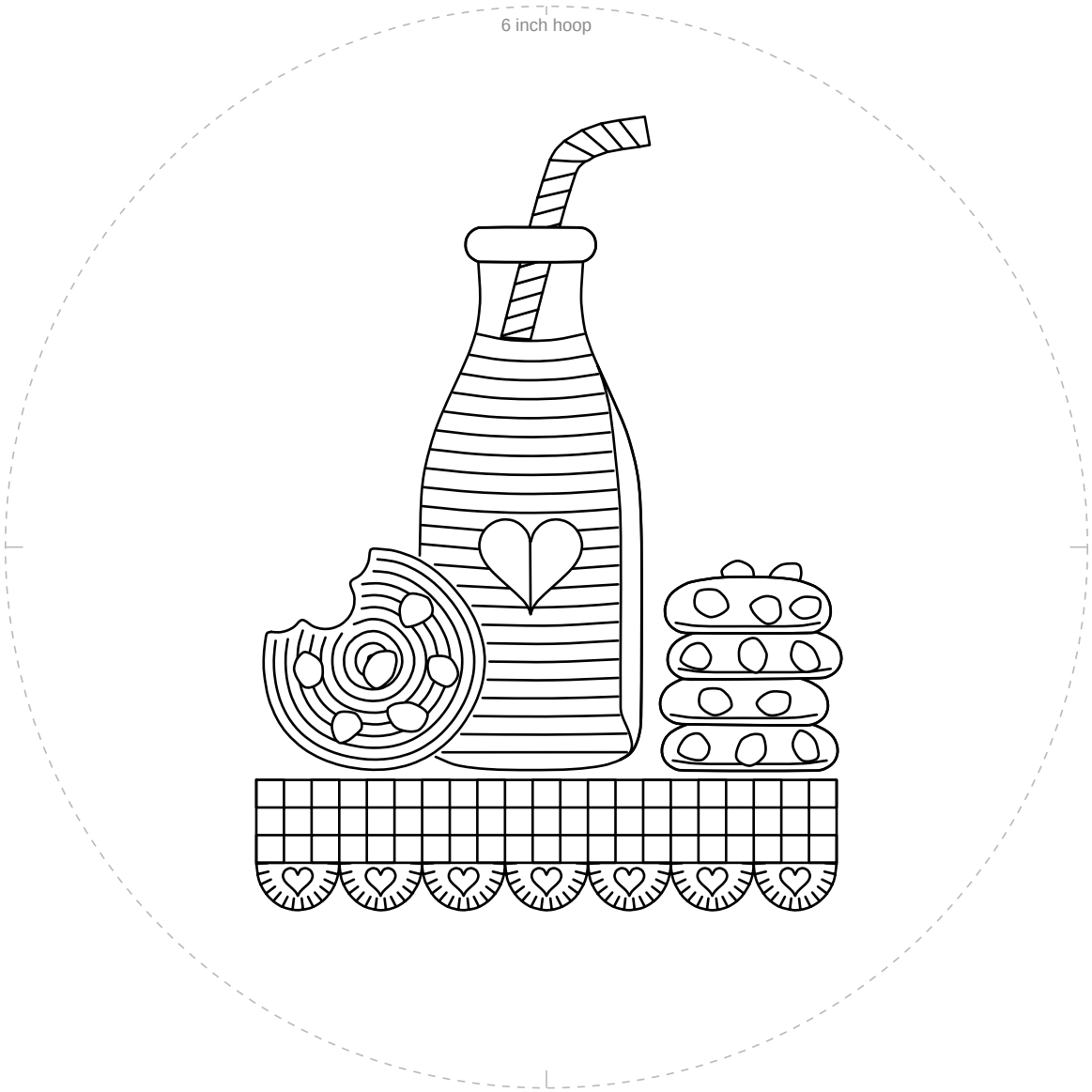
6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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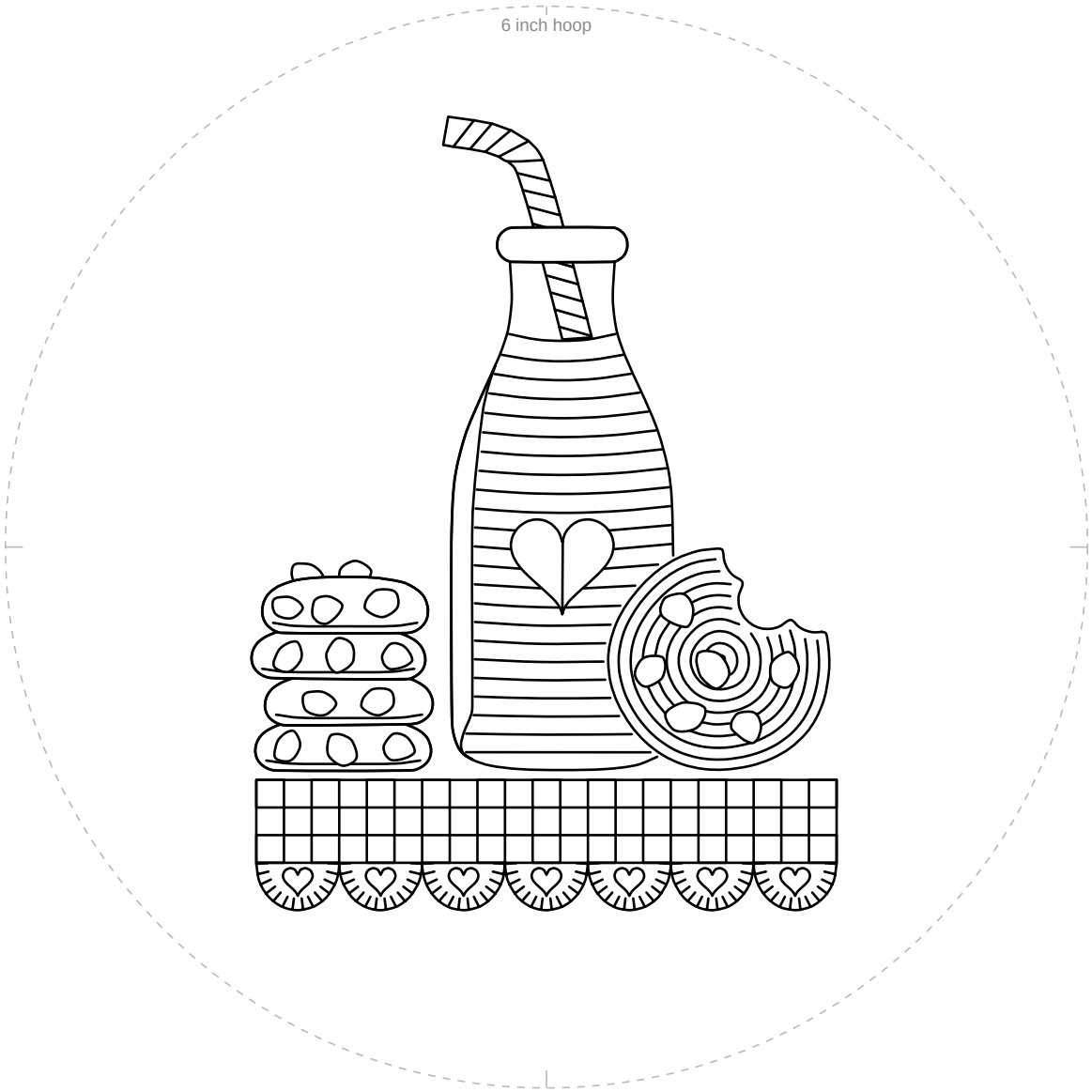
Small easy milk and cookies

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



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