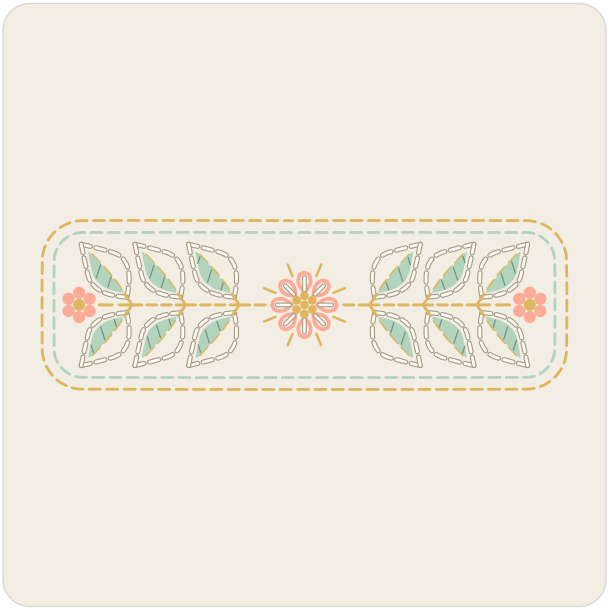
Easy running stitch leaf cuff

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.7 × 1.5 in (11.9 × 3.8 cm).



Which color goes where.

Floss

- **DMC 3820 Dark Straw**
  Outer topstitching, leaf veins, stem, flower hearts and rays
- **DMC 3813 Light Blue Green**
  Leaf halves and inner topstitching
- **DMC 712 Cream**
  Leaves, middle flower (lighter)
- **DMC 3341 Apricot**
  Small flowers, middle flower (darker)

Stitches

- **Running stitch**, 3 to 4 strands
  Outer topstitching, inner topstitching, stem, leaves, leaf veins
- **Satin stitch**, 2 strands
  Leaf halves
- **French knot**, 2 to 3 strands, two wraps
  Small flowers, flower hearts
- **Lazy daisy stitch**, 3 strands
  Middle flower
- **Straight stitch**, 2 to 3 strands
  Middle flower, rays

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

Work it in this order

1. Stitch the filled parts first, what lies behind before what lies in front of it.
2. Then stitch the lines: stems, veins and outlines over the edges of the filled parts.
3. Keep the knots for the end, so that the hoop and your hand do not flatten them.

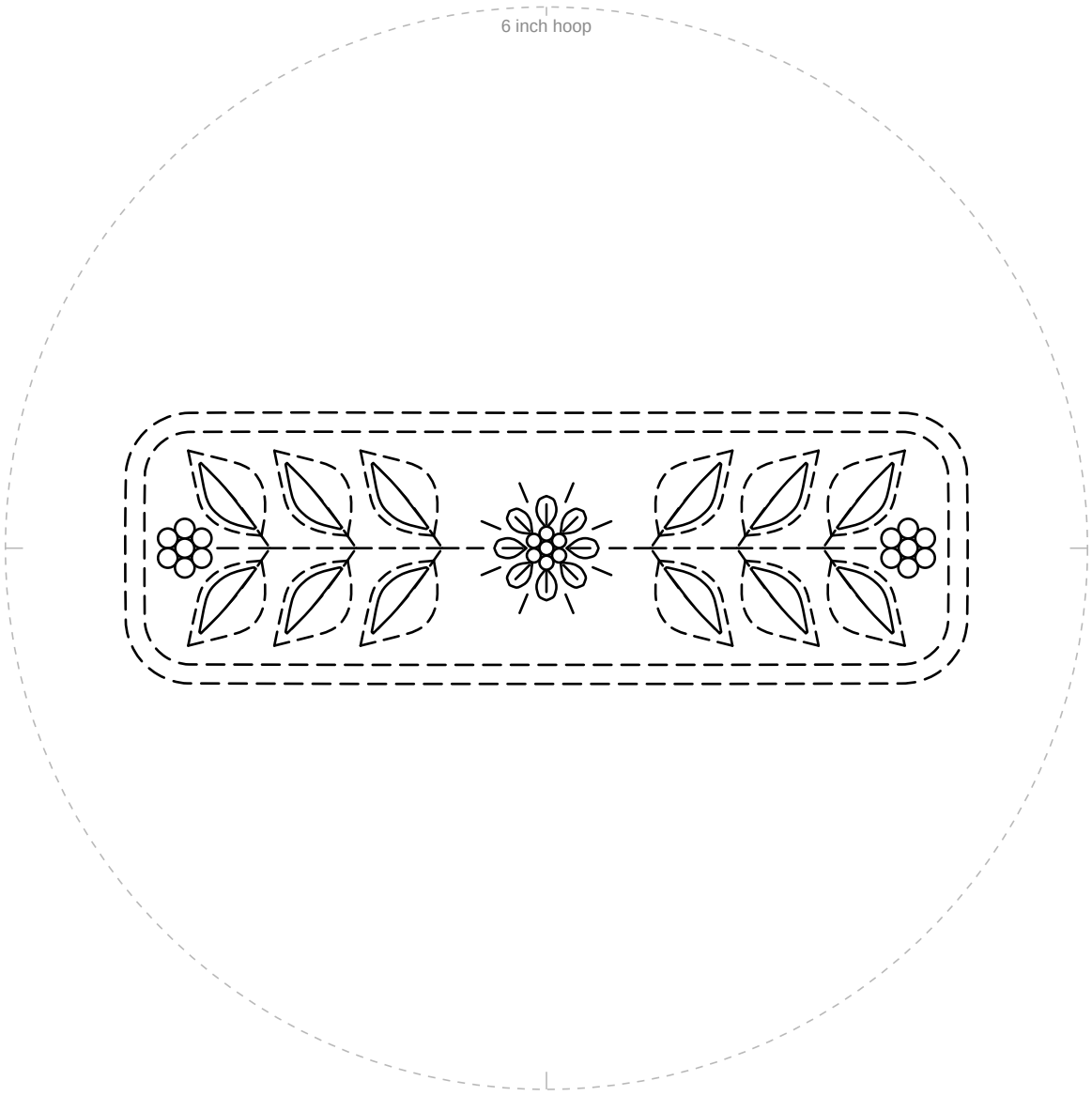
The thread
Inside a filled shape start with two or three tiny stitches, which the filling covers: a knot shows as a bump. A line may start with a small knot on the back or one of the knotless starts. End each thread by running the needle under the backs of a few stitches.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Easy running stitch leaf cuff

6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

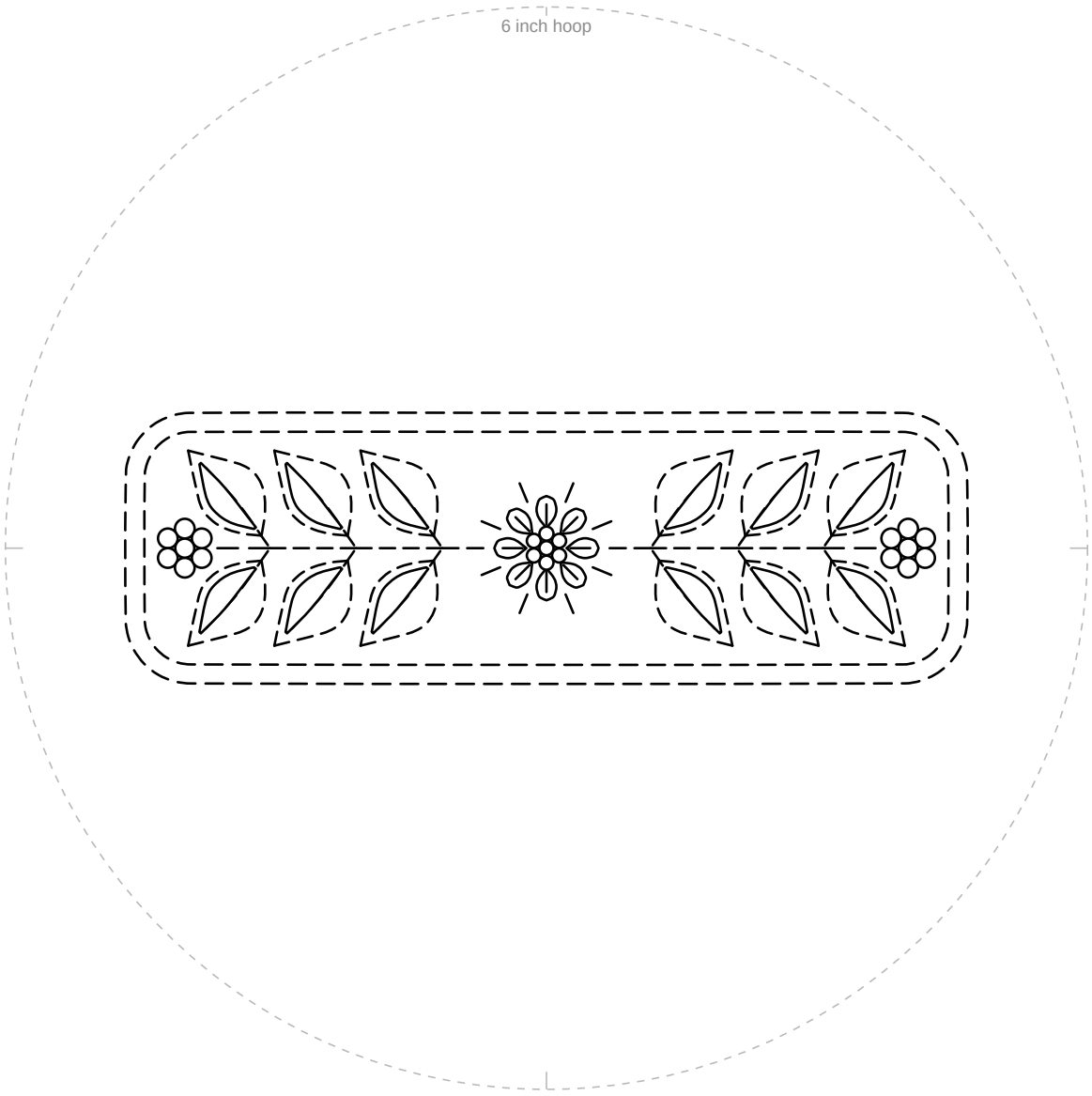
Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Easy running stitch leaf cuff

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.