Easy small kestrel head

Sized for a 6 inch hoop (15 cm). The stitched design is about 3.6 × 3.6 in (9.1 × 9.1 cm).



Which color goes where: by number on page 2.
Fabric: sage green cotton or linen.

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

Floss

- **1 DMC 3820 Dark Straw**
  Ring, eye ring, barley stems and cere, barley (darker)
- **2 DMC 3827 Pale Golden Brown**
  Breast and nape, barley (lighter)
- **3 DMC 931 Medium Antique Blue**
  Cap and wing
- **4 DMC 921 Copper**
  Back, outer ring and crown spot
- **5 DMC 3865 Winter White**
  Cheek and eye light
- **6 DMC 3799 Very Dark Pewter Gray**
  Outline, face stripes, back bars, breast spots, eye and brow and 3 more parts
- **7 DMC 932 Light Antique Blue**
  Bill (lighter)

Stitch in this order

Filled parts from the back of the picture forward, then lines, loops and knots.

1. **Satin stitch**, 2 strands
   Face stripes, breast spots, back bars, wing spots, eye ring, eye, brow, bill, bill tip, cere
2. **Stem stitch**, strands by part on page 2
   Barley stems, outline, outer ring
3. **Straight stitch**, 1 strand
   Barley
4. **Split stitch**, strands by part on page 2
   Cap, crown spot, cheek, nape, breast, back, wing
5. **Chain stitch**, 4 strands
   Ring
6. **Lazy daisy stitch**, 2 strands
   Barley
7. **French knot**, 2 strands, two wraps
   Eye light

In a 6 inch hoop the French knot is drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for it there, or choose a larger hoop.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. Each small loop is one lazy daisy: come up at its point.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1 DMC 3820 Dark Straw
2 DMC 3827 Pale Golden Brown
3 DMC 931 Medium Antique Blue
4 DMC 921 Copper
5 DMC 3865 Winter White
6 DMC 3799 Very Dark Pewter Gray
7 DMC 932 Light Antique Blue

How many strands

Stem stitch. 3 strands: outer ring; 2 strands: barley stems, outline.
Split stitch. 3 strands: cheek, wing; 2 or 3 strands: cap, crown spot, nape, breast, back.

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Easy small kestrel head

6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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Easy small kestrel head

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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