Easy stick people gymnasts

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.3 × 3.8 in (10.9 × 9.7 cm).



Which color goes where.

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

Floss

- **DMC 351 Coral**
  Leotards and rainbow and ribbon (darkest), cheeks and 3 more parts
- **DMC 726 Light Topaz**
  Hair, rainbow and ribbon and stars (light), leotards (lightest), ball and 2 more parts
- **DMC 951 Light Tawny**
  Arms and legs, faces and clouds (lighter), hair (lightest) and 3 more parts
- **DMC 563 Light Jade**
  Leotards (light), rainbow and ribbon (middle), mat (lighter)
- **DMC 519 Sky Blue**
  Leotards and rainbow and ribbon (dark), clouds and mat (darker), stars (middle)
- **DMC 436 Tan**
  Arms and legs, faces, hands and feet (darker), hair (dark)
- **DMC 801 Dark Coffee Brown**
  Hair (darkest), curls, eyes and smiles

Stitches

- **Chain stitch**, 4 strands
  Rainbow and ribbon
- **Whipped back stitch**, 4 strands
  Rainbow and ribbon
- **Running stitch**, 6 strands
  Rainbow and ribbon
- **Back stitch**, 3 to 4 strands
  Rainbow and ribbon, smiles
- **Stem stitch**, 3 to 6 strands
  Rainbow and ribbon, clouds, ribbon stick
- **Satin stitch**, 2 strands
  Mat, stars, arms and legs, feet, ball, hands, leotards, hair, faces
- **Straight stitch**, 3 to 4 strands
  Leotard sashes, hair ties
- **French knot**, 1 to 4 strands, two wraps
  Eyes, cheeks, curls

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6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

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