Easy Ukrainian folk flower border band

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.6 × 2 in (11.7 × 5.1 cm).



Which color goes where: by number on page 2.

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

Floss

- **1 DMC 321 Red**
  Red frame, poppy petals, end flowers, tulip centers, berries, tulip petal tips and heart
- **2 DMC 725 Medium Light Topaz**
  Gold frame, tulip flames, flower centers and poppy center
- **3 DMC 895 Very Dark Hunter Green**
  Vine and shoots, leaves (darker)
- **4 DMC 470 Light Avocado Green**
  Leaves (lighter), tulip cups
- **5 DMC 815 Medium Garnet**
  Poppy hearts, tulip petals and heart edges
- **6 DMC 310 Black**
  Petal folds, stamen knots, stamens, poppy ring and berry eyes
- **7 DMC 797 Royal Blue**
  Cornflowers

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Satin stitch**, 2 strands
   Vine, tulip centers, tulip flames, tulip petals, tulip petal tips, tulip cups, berries, cornflowers, flower centers, end flowers, heart, and 3 more



2. **Fishbone stitch**, 2 strands
   Leaves



3. **Chain stitch**
   strands by part on page 2
   Red frame, gold frame



4. **Stem stitch**
   strands by part on page 2
   Shoots, heart edges, petal folds, poppy ring

5. **Straight stitch**, 2 strands
   Stamens



6. **French knot**
   strands by part on page 2, two wraps
   Berry eyes, stamen knots



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6 inch hoop

How to read it

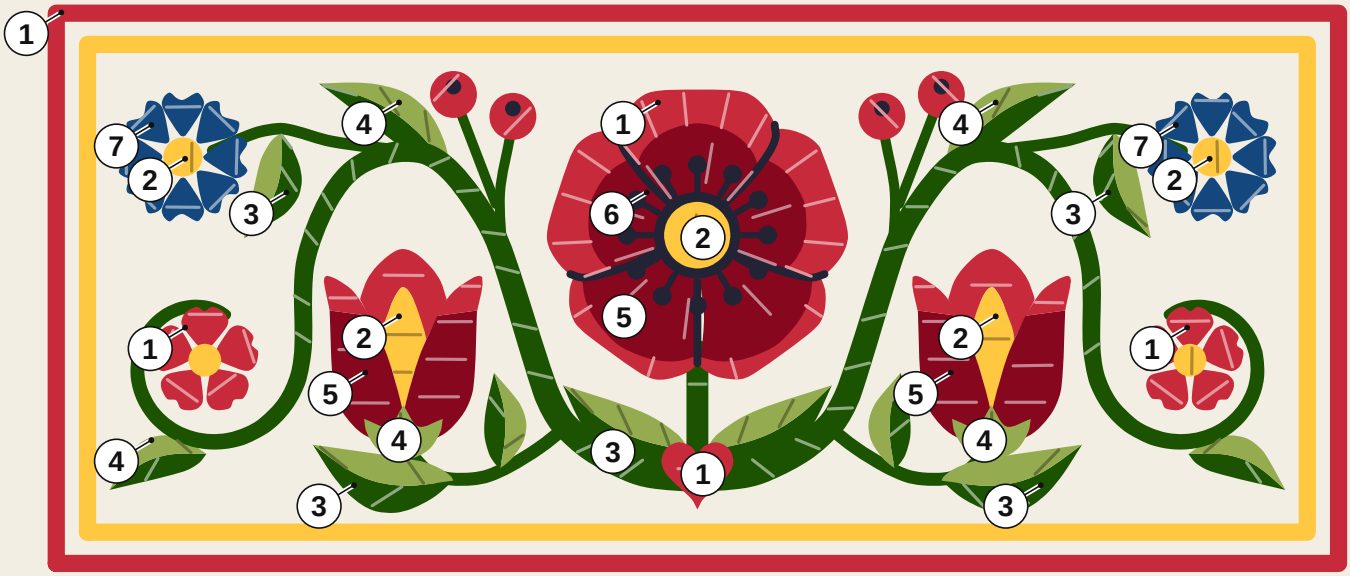
Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Begin with no knot on the back where it is seen and washed, as on a towel, a napkin or clothes; for a piece in a hoop a small knot is fine. End each thread by whipping it around the backs of four or five stitches, with one small hitch.

Each small ring is one French knot.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1 DMC 321 Red
2 DMC 725 Medium Light Topaz
3 DMC 895 Very Dark Hunter Green
4 DMC 470 Light Avocado Green
5 DMC 815 Medium Garnet
6 DMC 310 Black
7 DMC 797 Royal Blue

How many strands

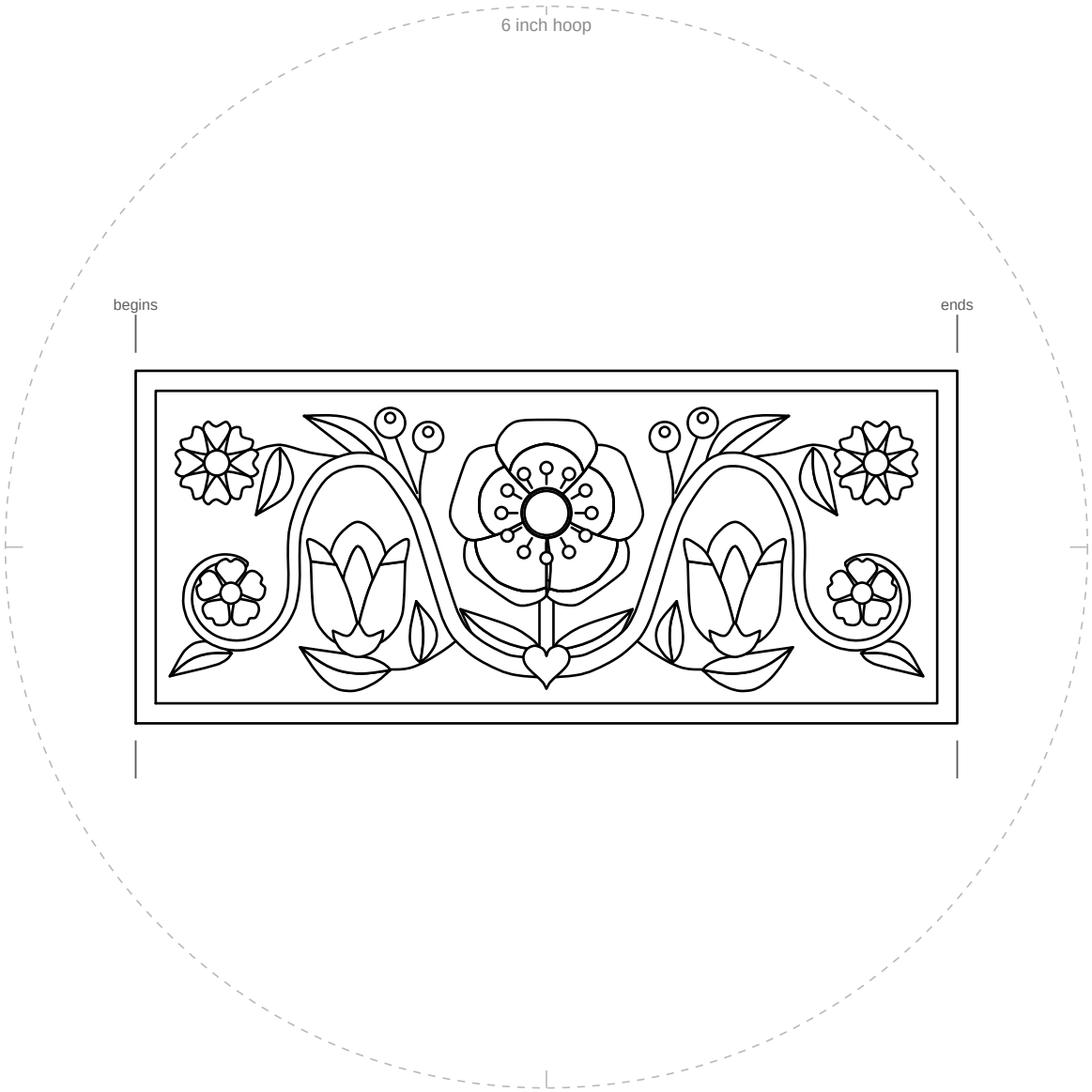
Chain stitch. 6 strands: red frame; 4 strands: gold frame.
Stem stitch. 3 to 5 strands: shoots; 3 strands: poppy ring; 2 strands: heart edges; 1 strand: petal folds.
French knot. 2 strands: stamen knots; 1 strand: berry eyes.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

For a longer border, trace it again with the mark “begins” on the mark “ends”.

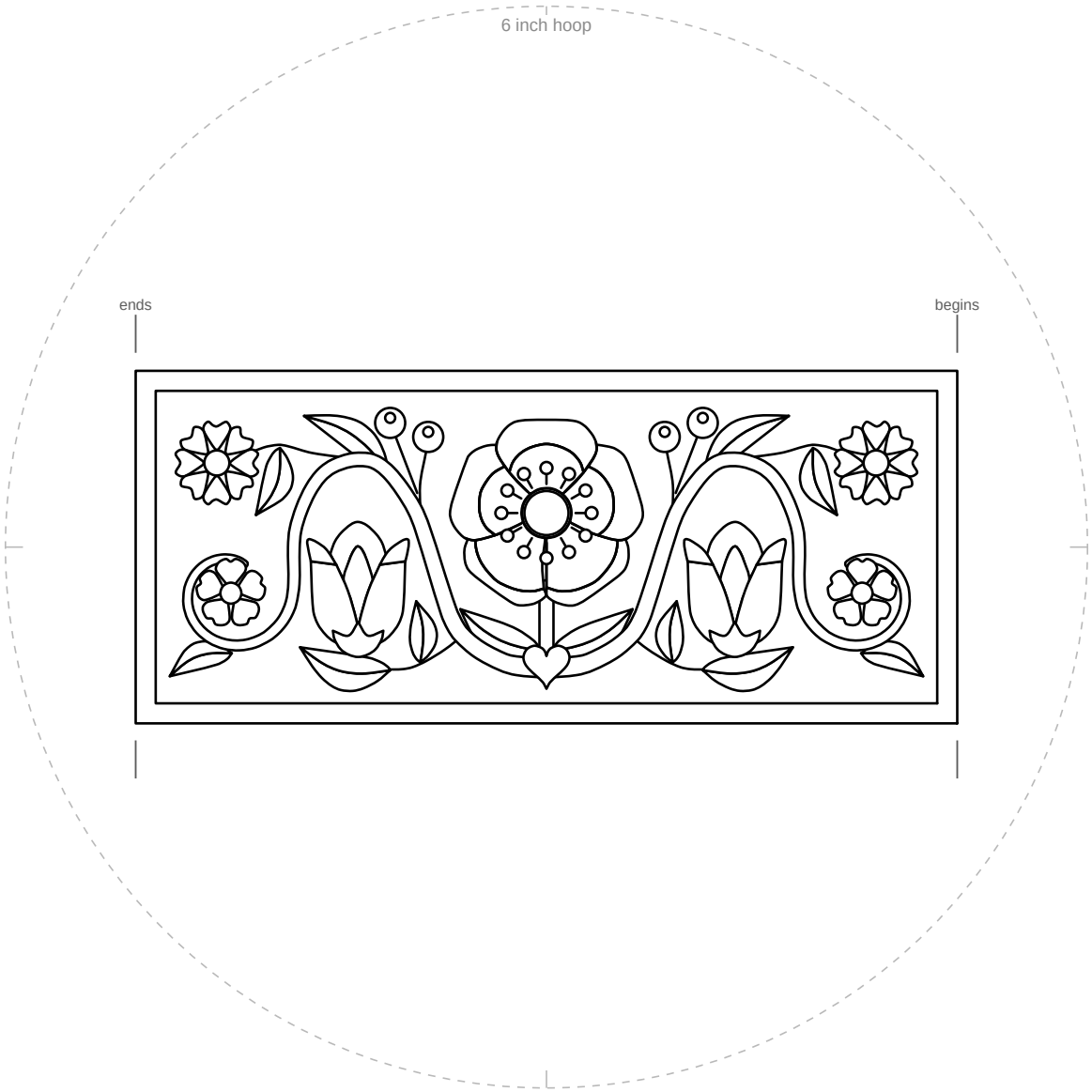
Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

For a longer border, trace it again with the mark “begins” on the mark “ends”.

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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