Eat in laurel

6 inch (15 cm) hoop, 4.4 × 3.7 in (11.2 × 9.4 cm)



Colors by number: page 2.
Fabric: indigo cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of indigo cotton or linen.

An embroidery needle, size 9.

11 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A white pencil, and small scissors.

Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

The back is seen: no knots. Start with tiny stitches; end around the backs of four or five stitches.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 3 strands
   Laurel stems

2. **Straight stitch**, 2 strands
   Berry stems



3. **Satin stitch**, 2 strands
   Plate rim, rim dots, laurel leaves, berries, heart, ribbon tails, ribbon loops, ribbon folds, ribbon knot, letters, fork, handles, handle ends, ferrules, knife



4. **Stem stitch**
   2 strands: gold line, letter edges
   1 strand: knife shine

Take out lines that still show, press face down, finish the hoop.

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A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 3865 Winter White	**5**	DMC 3364 Pine Green	**9**	DMC 347 Very Dark Salmon
2	DMC 334 Medium Baby Blue	**6**	DMC 3348 Light Yellow Green	**10**	DMC 3341 Apricot
3	DMC 729 Medium Old Gold	**7**	DMC 3325 Light Baby Blue	**11**	DMC 3822 Light Straw
4	DMC 3363 Medium Pine Green	**8**	DMC 3328 Dark Salmon		

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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