Eat in autumn leaves

6 inch (15 cm) hoop, 4.7 × 4.8 in (11.9 × 12.2 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

An embroidery needle, size 9.

23 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Fly stitch**, 2 strands
   Ferns (color 12)



2. **Stem stitch**
   1 strand: ferns (color 12)
   2 strands: twig

3. **Long and short stitch**, 1 strand
   Branch, tail, ears, body, bib, feet, haunch, arms, head, cheek



4. **Fishbone stitch**, 2 strands
   Small leaves, oak leaves, maple leaves, twig leaves



5. **Satin stitch**, 2 strands
   Cut end, oak leaves, acorns, rose hips, toes, acorn cups, inner ear, eye ring, eye, nose, words, twig berry



6. **Stem stitch**
   2 strands: leaf stalks, leaf veins, acorn edges (color 2), hip stalks, fur lines
   3 strands: acorn stalks

7. **Straight stitch**
   2 strands: hip crowns
   1 strand: hip highlights, paw edges (color 17), ear tufts, mouth, whiskers



8. **Split stitch**
   1 strand: edges of the cut end, leaf veins, acorn edges (color 2), hip edges, paw edges (color 17), edges of the twig berry
   2 strands: edges of the words

9. **French knot**, two wraps
   2 strands: knots of the acorn cups
   1 strand: eye highlight



Take out lines that still show, press face down, finish the hoop or sew a pillow.

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 801 Dark Coffee Brown	9	DMC 922 Light Copper	17	DMC 300 Very Dark Mahogany
2	DMC 938 Ultra Dark Coffee Brown	10	DMC 814 Dark Garnet	18	DMC 817 Very Dark Coral Red
3	DMC 780 Ultra Very Dark Topaz	11	DMC 3830 Terra Cotta	19	DMC 712 Cream
4	DMC 402 Very Light Mahogany	12	DMC 3363 Medium Pine Green	20	DMC 3777 Very Dark Terra Cotta
5	DMC 3820 Dark Straw	13	DMC 920 Medium Copper	21	DMC 3776 Light Mahogany
6	DMC 3362 Dark Pine Green	14	DMC 783 Medium Topaz	22	DMC 400 Dark Mahogany
7	DMC 3364 Pine Green	15	DMC 3802 Very Dark Antique Mauve	23	DMC 738 Very Light Tan
8	DMC 918 Dark Red Copper	16	DMC 154 Very Dark Grape		

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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