Eat your greens with beets and a robin

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.9 × 4.9 in (12.4 × 12.4 cm).



Which color goes where.

Stitches

- **Satin stitch**, 2 strands
  Beet stems, pea stick, pea pods, pea blossoms, and 11 more
- **Fishbone stitch**, 2 strands
  Beet leaves, pea leaves, clematis leaves
- **Stem stitch**, 1 to 5 strands
  Beet stems, carrot tops, roots, beets, carrots, and 7 more
- **Back stitch**, 1 to 2 strands
  Beet leaf veins, roots, beets, pea tendrils, butterfly feelers
- **Straight stitch**, 1 to 3 strands
  Carrot tops, carrot lines, pea stems, stamens, and 4 more
- **Long and short stitch**, 1 strand
  Beets, carrots, tool handles, spade blade, and 6 more
- **Split stitch**, 1 strand
  Pea stick, pea blossoms, fork tines, tool handles, and 6 more
- **French knot**, 2 to 3 strands, two wraps
  Peas, pea blossoms, clematis heart

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

Floss

- **DMC 3803 Dark Mauve**
  Beets (middle), beet stems, roots (darker)
- **DMC 895 Very Dark Hunter Green**
  Words, carrot tops (dark) and 5 more parts
- **DMC 3346 Hunter Green**
  Carrot tops (middle) and 6 more parts
- **DMC 3687 Mauve** Beets (light), beet leaf veins
- **DMC 3348 Light Yellow Green**
  Beet leaves (light) and 4 more parts
- **DMC 814 Dark Garnet** Beets (dark), stamens
- **DMC 720 Dark Orange Spice**
  Carrots (dark) and 3 more parts
- **DMC 722 Light Orange Spice**
  Carrots and robin breast (middle)
- **DMC 3854 Medium Autumn Gold**
  Carrots and robin breast (light)
- **DMC 436 Tan** Tool handles (middle) and 3 more parts
- **DMC 433 Medium Brown**
  Tool handles (dark) and 6 more parts
- **DMC 211 Light Lavender**
  Butterfly wings (light) and 2 more parts
- **DMC 340 Medium Blue Violet**
  Clematis petals (middle) and 3 more parts
- **DMC 413 Dark Pewter Gray**
  Fork tines (dark) and 3 more parts
- **DMC 318 Light Steel Gray**
  Spade blade (light) and 2 more parts
- **DMC 414 Dark Steel Gray**
  Spade blade (dark) and 3 more parts
- **DMC 738 Very Light Tan** Tool handles (light)
- **DMC 762 Very Light Pearl Gray**
  Spade blade (lightest), robin belly (darker)
- **DMC 520 Dark Fern Green**
  Clematis vine, clematis leaves (dark)
- **DMC 522 Fern Green** Clematis leaves (light)
- **DMC 333 Very Dark Blue Violet**
  Petal edges and 2 more parts
- **DMC 898 Very Dark Coffee Brown**
  Robin back (dark) and 6 more parts
- **DMC BLANC White** Robin belly (lighter), eye light

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

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6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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