Estonian folk flowers with a poppy

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.6 × 4.8 in (11.7 × 12.2 cm).



Which color goes where.

Stitches

- **Stem stitch**, 2 to 5 strands
  Rye stems, stems, strawberry stems
- **Straight stitch**, 1 to 3 strands
  Rye beards, rye ears, cornflower hearts, cup scales, stamens, cap rays, strawberry seeds
- **Lazy daisy stitch**, 3 strands
  Rye ears
- **Satin stitch**, 2 strands
  Leaves, daisy hearts, cornflower cups, cornflower hearts, poppy blotches, seed cap, strawberry leaves, strawberry caps, strawberry flower, poppy bud
- **Long and short stitch**, 1 strand
  Daisy petals, cornflower petals, far poppy petal, side poppy petals, near poppy petal, strawberries
- **French knot**, 2 strands, two wraps
  Daisy hearts, cornflower stamens, anthers, strawberry flower heart

Floss

- **DMC 676 Light Old Gold**
  Rye ears (lighter), stamens and rye beards, daisy petals (darker) and 2 more parts
- **DMC 742 Light Tangerine**
  Daisy hearts and anthers, strawberry seeds and rye ears (darker) and 2 more parts
- **DMC 937 Medium Avocado Green**
  Leaves (dark), cornflower cups and cap rays, strawberry leaves and stems (darker)
- **DMC 3347 Medium Yellow Green**
  Leaves (middle), stems and poppy bud (lighter) and 2 more parts
- **DMC 3865 Winter White**
  Daisy petals (lighter), strawberry flower
- **DMC 798 Dark Delft Blue** Cornflower petals (middle)
- **DMC 550 Very Dark Violet**
  Poppy blotches and cornflower hearts, cornflower petals (dark) and 1 more part
- **DMC 156 Medium Light Blue Violet**
  Cornflower petals (light)
- **DMC 471 Very Light Avocado Green**
  Leaves (light), strawberry stems and cup scales and 4 more parts
- **DMC 666 Bright Red**
  Side poppy petals, far poppy petal and near poppy petal (middle) and 2 more parts
- **DMC 815 Medium Garnet**
  Side poppy petals, far poppy petal and near poppy petal (dark), strawberries (darkest)
- **DMC 608 Bright Orange**
  Side poppy petals, strawberries, far poppy petal and near poppy petal (light)

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

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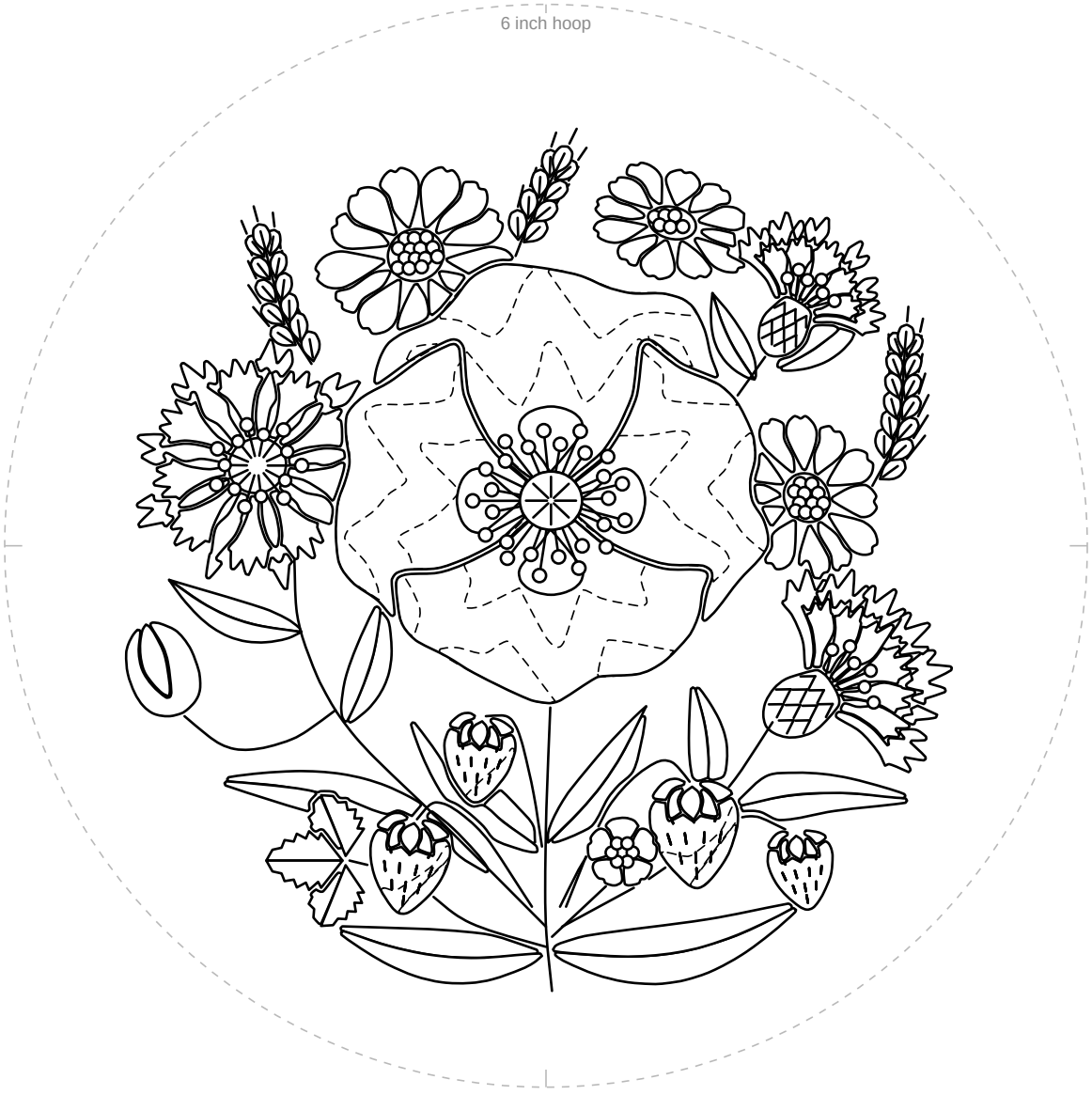
Estonian folk flowers with a poppy

6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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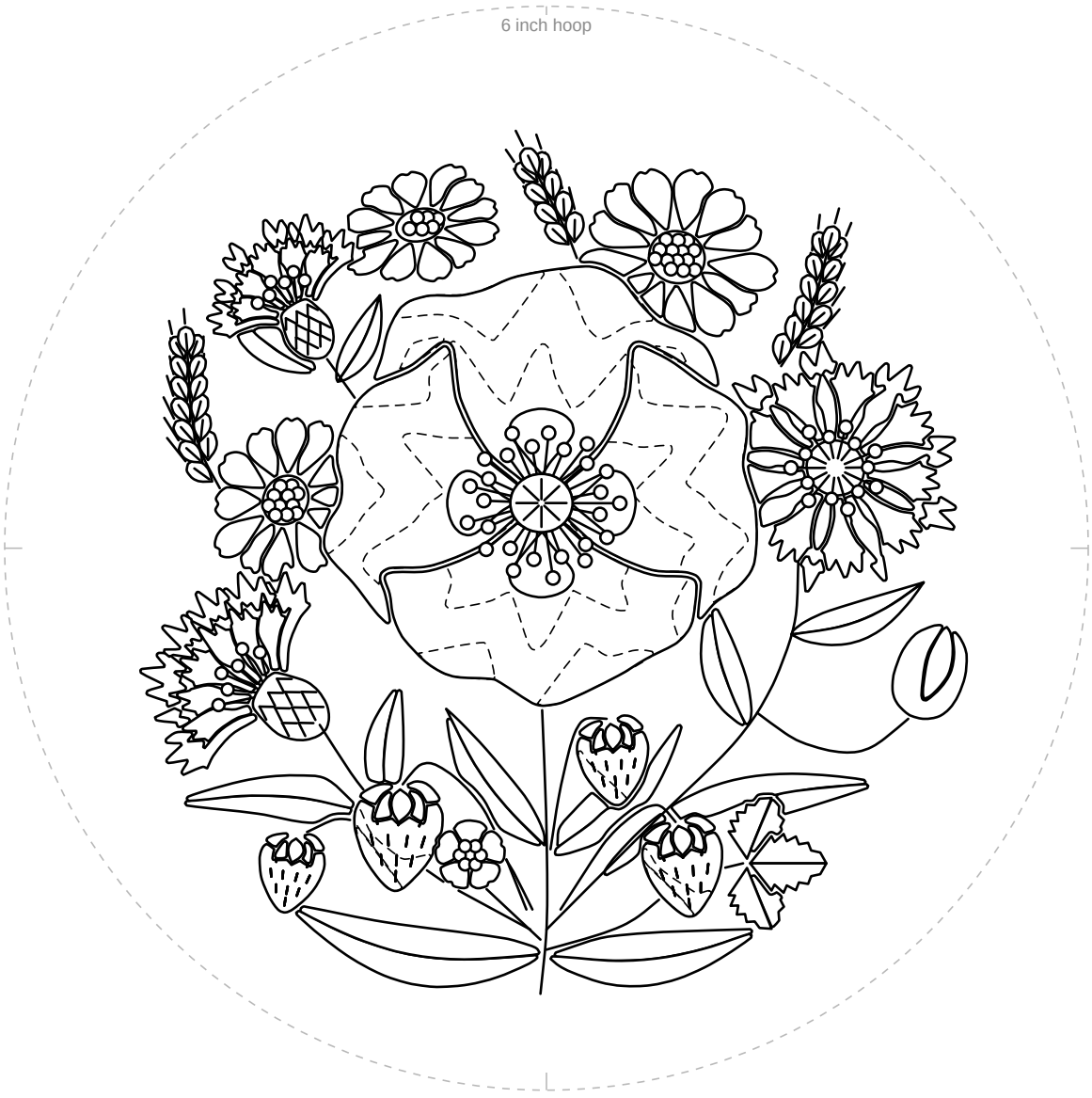
Estonian folk flowers with a poppy

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



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25.4 mm

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