Ethiopian style cross in gold

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.2 × 4.8 in (10.7 × 12.2 cm).



Which color goes where: by number on page 2.
Fabric: wine red cotton or linen.

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 3 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 3 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

Floss

- **1 DMC 3821 Straw**
  Woven cords (lighter), socket plait and shaft
- **2 DMC 783 Medium Topaz**
  Woven cords, rings, finials, brackets and crosslets (darker)
- **3 DMC 745 Light Pale Yellow**
  Inner line, knots and heart cross, knop and brackets (lighter)
- **4 DMC 3820 Dark Straw**
  Contour, finials, crosslets and rings (lighter), knop (darker)
- **5 DMC 782 Dark Topaz**
  Contour (darker), socket

Stitch in this order

Filled parts from the back of the picture forward, then lines, loops and knots.

1. **Satin stitch**
   strands by part on page 2
   Woven cords, heart cross, rings, crosslets, shaft, knop, socket plait



2. **Chain stitch**, 4 strands
   Rings, contour, brackets, socket



3. **Straight stitch**, 2 strands
   Finials



4. **Stem stitch**
   strands by part on page 2
   Crosslets, inner line, brackets

5. **Lazy daisy stitch**, 3 strands
   Finials



6. **French knot**
   2 strands, two wraps
   Knots



What you need

Easy. A 6 inch (15 cm) hoop, and a 9 inch (23 cm) square of plain cotton or linen, in wine red. Embroidery needle: size 7 for 2 or 3 strands, size 5 for 4 (a lower number is a thicker needle). Skeins: one of each color is enough. An estimate for the 6 inch hoop, from the length of each line and the area of each filled shape, with a fifth added for tails.

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6 inch hoop

How to read it

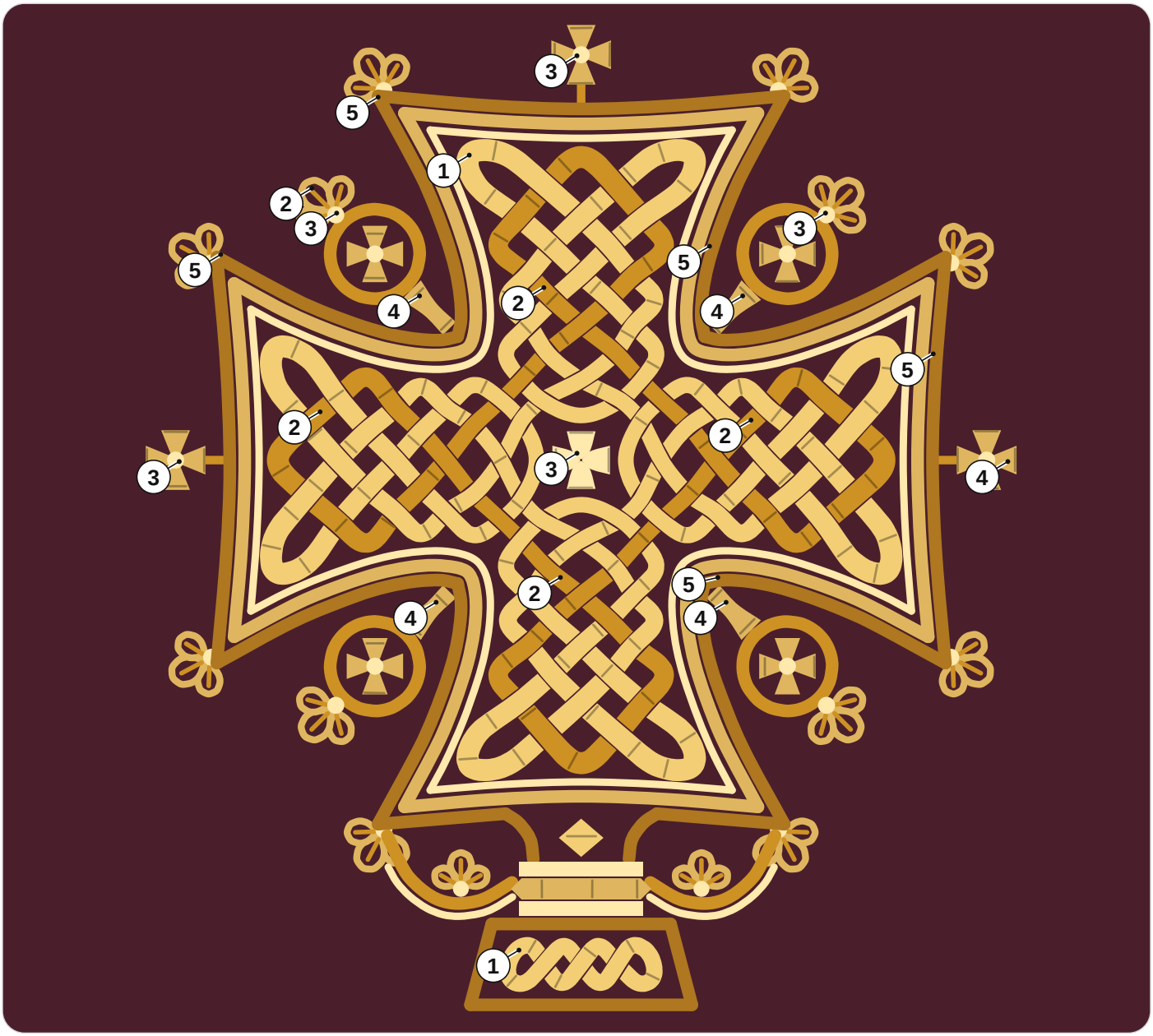
Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. Each small loop is one lazy daisy: come up at its point.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1 DMC 3821 Straw
2 DMC 783 Medium Topaz
3 DMC 745 Light Pale Yellow
4 DMC 3820 Dark Straw
5 DMC 782 Dark Topaz

How many strands

Satin stitch. 3 strands: woven cords, socket plait; 2 strands: heart cross, rings, crosslets, shaft, knop.
Stem stitch. 4 strands: crosslets; 3 strands: inner line, brackets.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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