Faith, a cross and lilies

6 inch (15 cm) hoop, 4.4 × 4.9 in (11.2 × 12.4 cm)



Colors by number: page 2.
Fabric: sage green cotton or linen.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

Buy: 16 colors of floss (page 2), one skein of each color (an estimate from the drawing's lines and shapes), an embroidery needle size 9, a 6 inch (15 cm) hoop, a 9 inch (23 cm) square of sage green cotton or linen, a water-soluble pen.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Straight stitch**, 1 strand
   Wheat awns



2. **Stem stitch**
   3 strands: stems
   2 strands: wheat stems, olive stems, bud stalks, lines of the words, lines of the sprig

3. **Fishbone stitch**, 2 strands
   Lily leaves, olive leaves



4. **Long and short stitch**
   1 strand
   Lily buds, lily petals



5. **Satin stitch**, 2 strands
   Wheat grains, cross, stamen tips, ribbon, rolled edges, lily throat, words, sprig



6. **Back stitch**, 1 strand
   Petal ribs (color 9)

7. **Split stitch**
   1 strand: olive edges, petal edges, petal ribs (color 9), ribbon edges, ribbon folds
   2 strands: cross edge

8. **Stem stitch**, 1 strand
   Stamens

9. **Padded satin stitch**, 2 strands
   Olives



10. **French knot**, two wraps
    2 strands: pistil
    1 strand: knots of the sprig



Take out lines that still show, press face down, finish the hoop or sew a pillow.

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 500 Very Dark Blue Green	**7**	DMC 3821 Straw	**13**	DMC 822 Light Beige Gray
2	DMC 501 Dark Blue Green	**8**	DMC 3362 Dark Pine Green	**14**	DMC 780 Ultra Very Dark Topaz
3	DMC 502 Blue Green	**9**	DMC 3053 Green Gray	**15**	DMC 3828 Hazelnut Brown
4	DMC 3363 Medium Pine Green	**10**	DMC 712 Cream	**16**	DMC 738 Very Light Tan
5	DMC 3852 Very Dark Straw	**11**	DMC BLANC White		
6	DMC 3820 Dark Straw	**12**	DMC 644 Medium Beige Gray		

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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