Fall equinox balance, small line sketch

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.4 × 4.1 in (11.2 × 10.4 cm).



Which color goes where: by number on page 2.

Stitch in this order

Filled parts from the back of the picture forward, then lines, loops and knots.

1. **Long and short stitch**, 1 strand
   Sun, apples, oak leaves
2. **Fishbone stitch**, 2 strands
   Apple leaf, bramble leaves
3. **Satin stitch**, 2 strands
   Moon, stars, bowl flutes, bowl drops, bowl rims, acorns, acorn cups, beam, rod, hub, twig ties
4. **Stem stitch**, strands by part on page 2
   Bowls, sun, wheat, apples, apple stalks, moon, oak twigs, oak leaves, pan bows, ring, hub, twig ties
5. **Straight stitch**, strands by part on page 2
   Sun rays, wheat beards, berry crowns, pan bows
6. **Split stitch**, 2 strands
   Oak leaves
7. **Lazy daisy stitch**, 2 strands
   Wheat ears
8. **French knot**, 2 strands, two wraps
   Blackberries, hub

Floss

- **1 DMC 300 Very Dark Mahogany**
  Oak leaves (dark), bowls, pan bows, oak twigs and acorn cups (lighter) and 4 more parts
- **2 DMC 939 Very Dark Navy Blue**
  Oak leaves (darkest), bowls, pan bows and oak twigs (darker) and 4 more parts
- **3 DMC 783 Medium Topaz**
  Bowl flutes (lighter), sun (middle), apples (light) and 7 more parts
- **4 DMC 3821 Straw**
  Apples, acorns and twig ties (lightest), sun (light)
- **5 DMC 920 Medium Copper**
  Oak leaves (middle light), beam, bowl rims and rod (lighter) and 4 more parts
- **6 DMC 815 Medium Garnet** Apples (darkest)
- **7 DMC 347 Very Dark Salmon** Apples (dark)
- **8 DMC 3362 Dark Pine Green**
  Bramble leaves, berry crowns and apple leaf
- **9 DMC 931 Medium Antique Blue**
  Moon (middle), bowl flutes (darker), oak leaves and hub (light), acorns (middle dark)
- **10 DMC 932 Light Antique Blue**
  Moon, acorns and twig ties (light)
- **11 DMC 3750 Very Dark Antique Blue**
  Oak leaves (middle dark), beam and bowl rims (darker), moon (dark) and 3 more parts
- **12 DMC 154 Very Dark Grape**
  Blackberries (darker)
- **13 DMC 3834 Dark Grape** Blackberries (lighter)

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. Each small loop is one lazy daisy: come up at its point. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 300 Very Dark Mahogany	**6**	DMC 815 Medium Garnet	**11**	DMC 3750 Very Dark Antique Blue
2	DMC 939 Very Dark Navy Blue	**7**	DMC 347 Very Dark Salmon	**12**	DMC 154 Very Dark Grape
3	DMC 783 Medium Topaz	**8**	DMC 3362 Dark Pine Green	**13**	DMC 3834 Dark Grape
4	DMC 3821 Straw	**9**	DMC 931 Medium Antique Blue		
5	DMC 920 Medium Copper	**10**	DMC 932 Light Antique Blue		

How many strands

Stem stitch. 3 strands: pan bows, ring; 2 or 3 strands: oak twigs; 2 strands: apple stalks, hub; 1 or 2 strands: bowls; 1 strand: sun, wheat, apples, moon, oak leaves, twig ties.
Straight stitch. 3 strands: pan bows; 2 strands: sun rays, berry crowns; 1 strand: wheat beards.

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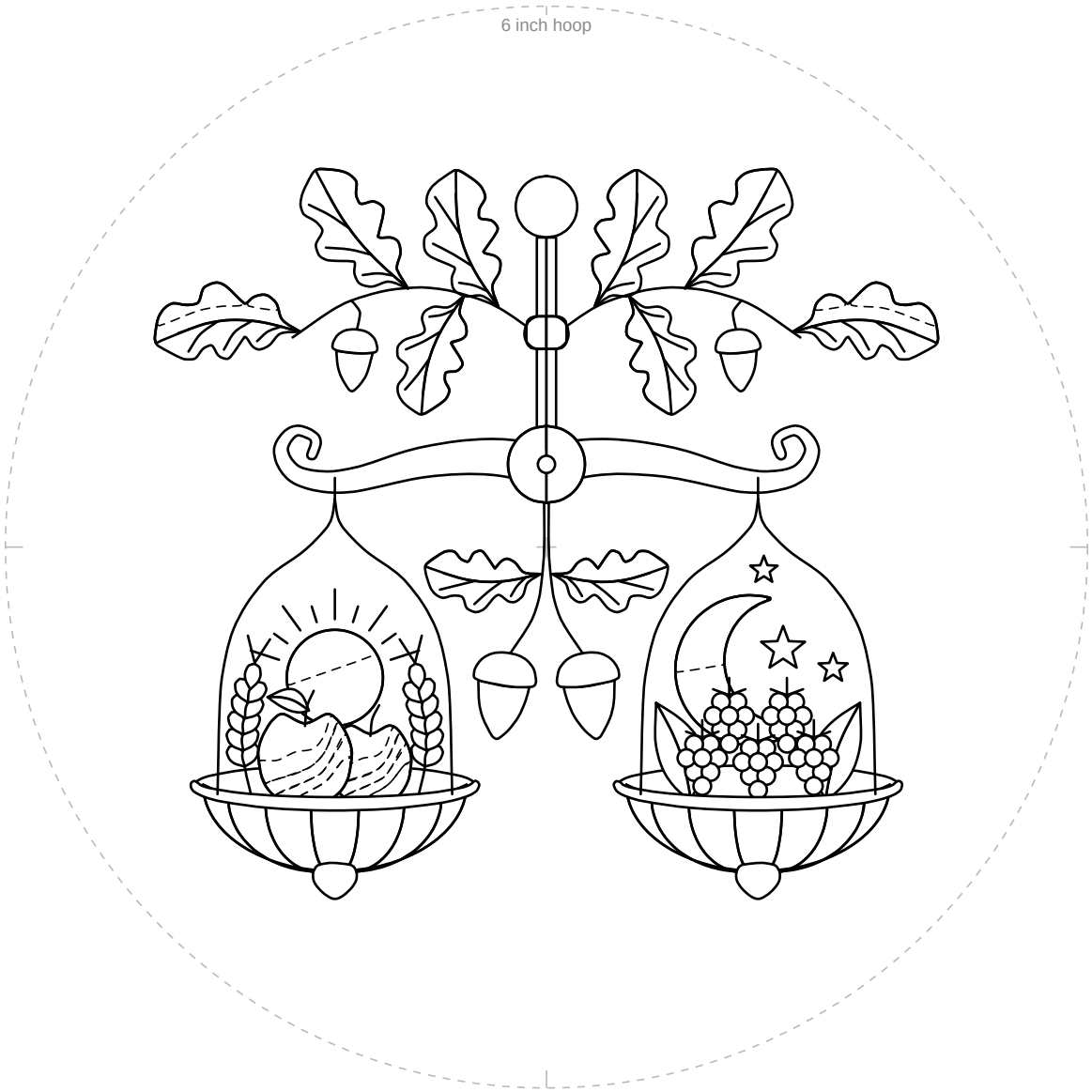
6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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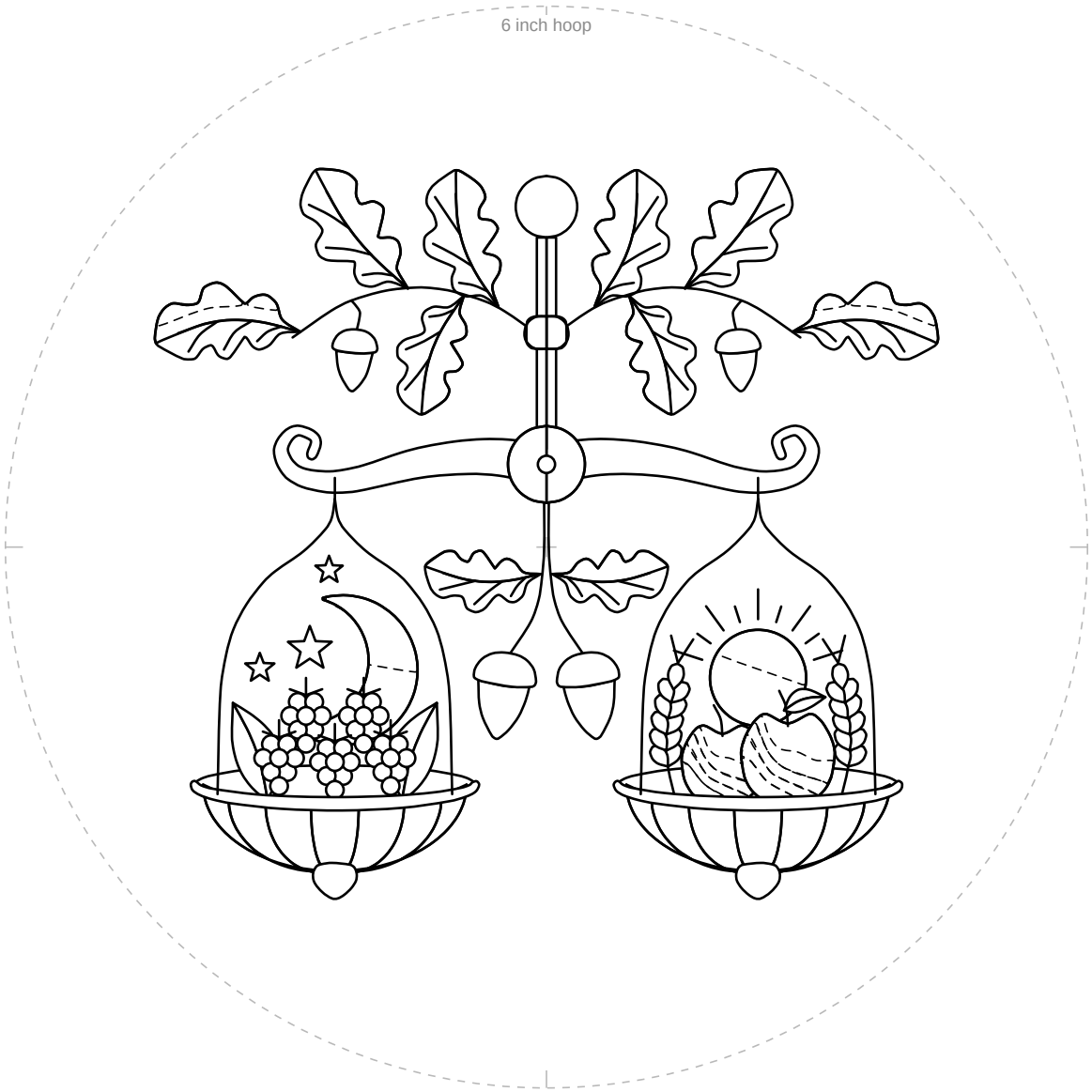
6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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