Filigree heart over leaves

6 inch (15 cm) hoop, 4.6 × 4.6 in (11.7 × 11.7 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

Embroidery needles, size 9, and size 3 for 4 or 5 strands.

19 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**
   2 strands: tendrils
   4 strands: stalks

2. **Satin stitch**, 2 strands
   Top fern, left fern, right fern, ladybug head, gold teardrops



3. **Long and short stitch**, 1 strand
   Silver leaf, upper ivy, upper ivy turned lobe, left ivy, lower ivy, front leaf, little ivy, enamel



4. **Stem stitch**
   2 strands: top fern stem, left fern stem, right fern stem, rim edge
   1 strand: silver leaf edge, silver leaf veins, upper ivy veins, left ivy veins, lower ivy veins, front leaf edge, front leaf veins, little ivy veins, ladybug feelers, ladybug edge

5. **Split stitch**, 1 strand
   Upper ivy edge, left ivy edge, lower ivy edge, little ivy edge

6. **Straight stitch**
   2 strands: ladybug legs
   3 strands: ladybug cheeks



7. **Couching**
   5 strands: gold scrolls
   4 strands: rim cord



8. **Padded satin stitch**, 2 strands
   Berries, ladybug back, gold rim



9. **French knot**, two wraps
   1 strand: berry tips
   2 strands: ladybug spots, gold grains



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 502 Blue Green	8	DMC 3348 Light Yellow Green	15	DMC 3820 Dark Straw
2	DMC 501 Dark Blue Green	9	DMC 350 Medium Coral	16	DMC 3834 Dark Grape
3	DMC 500 Very Dark Blue Green	10	DMC 817 Very Dark Coral Red	17	DMC 154 Very Dark Grape
4	DMC 3347 Medium Yellow Green	11	DMC 310 Black	18	DMC 3835 Medium Grape
5	DMC 3346 Hunter Green	12	DMC 3822 Light Straw	19	DMC 3836 Light Grape
6	DMC 927 Light Gray Green	13	DMC 780 Ultra Very Dark Topaz		
7	DMC 926 Medium Gray Green	14	DMC 783 Medium Topaz		

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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