Easy poppy in a ring

6 inch (15 cm) hoop, 4 × 4 in (10.2 × 10.2 cm)



Colors by number: page 2.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Running stitch**, 2 strands
   Ring

2. **Stem stitch**, 3 strands
   Stem, petals (color 2), petal shade, petal folds, pod, bud, leaves

3. **Straight stitch**
   2 strands: pod rays
   1 strand: filaments, bud hairs
   3 strands: petals (color 2)



4. **French knot**
   2 strands, two wraps
   Seed ring



Take out lines that still show, press face down, finish the hoop.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start with a small knot on the back; end under a few stitches.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

Buy: 5 colors of floss (page 2), one skein of each color (an estimate from the drawing's lines and shapes), an embroidery needle size 9, a 6 inch (15 cm) hoop, a 9 inch (23 cm) square of white or light cotton or linen, a water-soluble pen.

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6 inch hoop

A number is a color of the list.



1 DMC 3363 Medium Pine Green
2 DMC 3328 Dark Salmon
3 DMC 498 Dark Red
4 DMC 3347 Medium Yellow Green
5 DMC 3371 Black Brown

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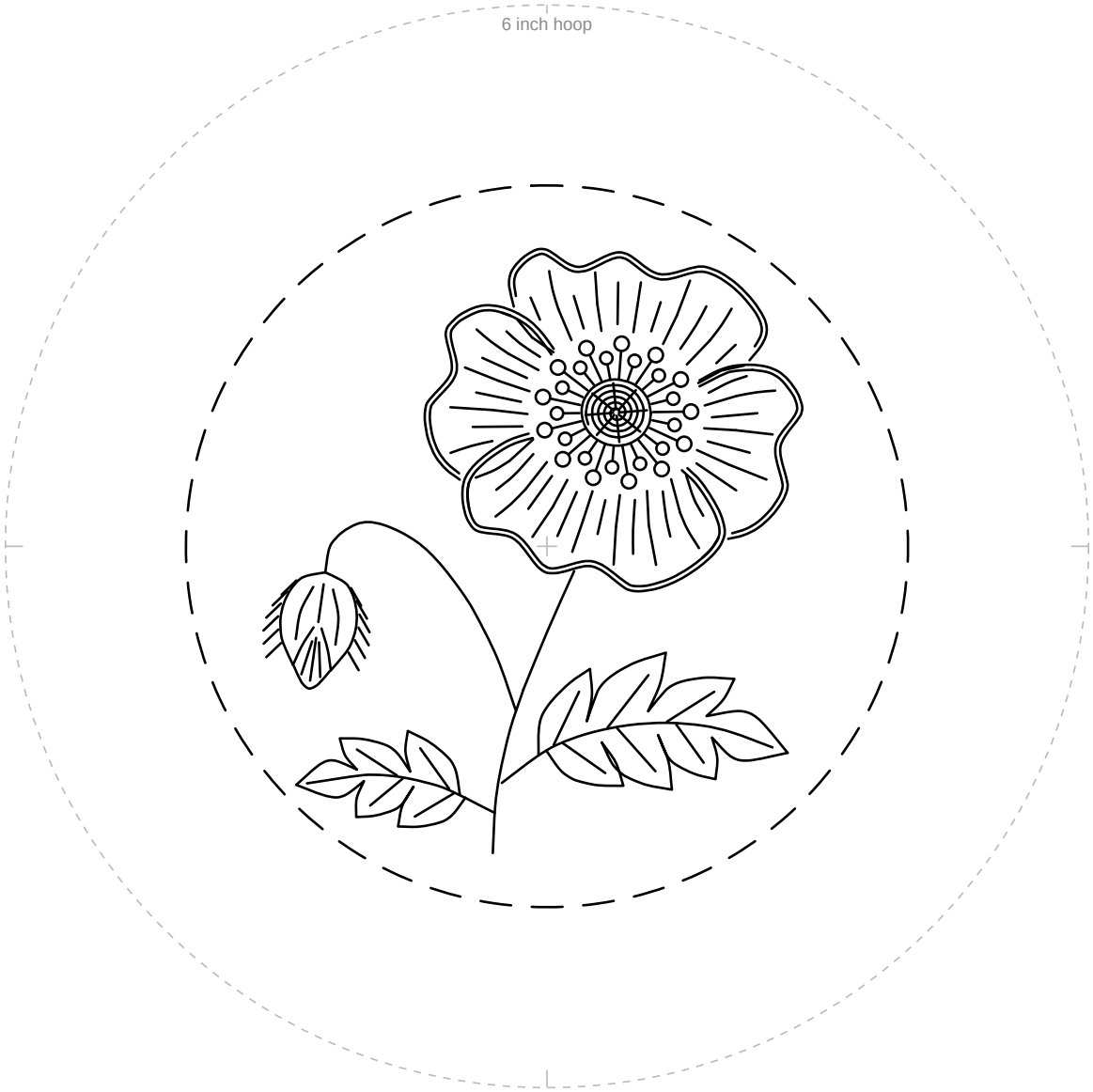
Easy poppy in a ring

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.
On the drawing a ring is one French knot: mark a dot; a dashed line is running stitch.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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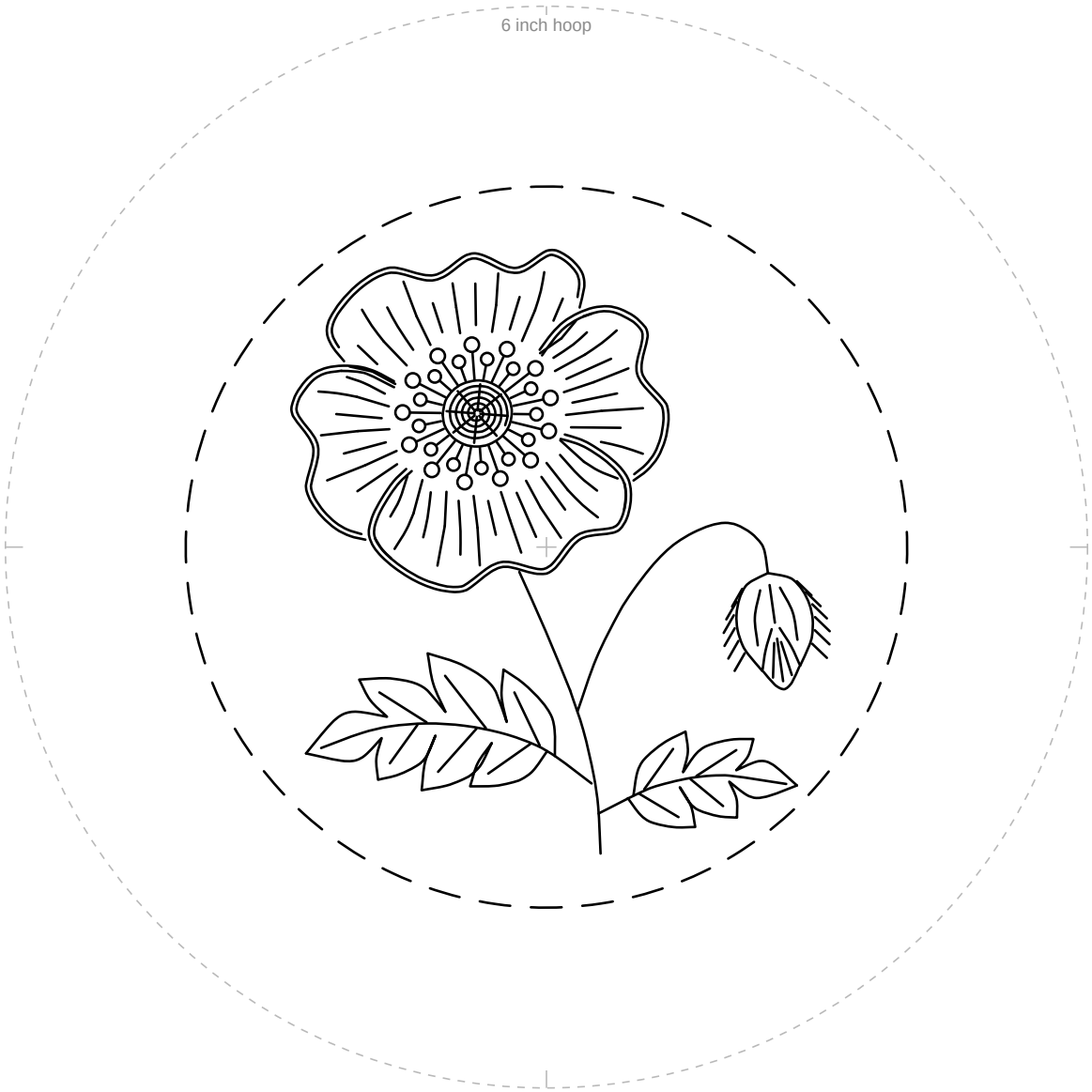
Easy poppy in a ring

6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



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