First sunflower in a ring

Sized for a 6 inch hoop (15 cm). The stitched design is about 4 × 4 in (10.2 × 10.2 cm).



Which color goes where: by number on page 2.

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

Floss

- **1 DMC 3363 Medium Pine Green**
  Leaves and stem (darker), ring, leaf stalks and leaf veins
- **2 DMC 3347 Medium Yellow Green**
  Leaves and stem (lighter), seed heart
- **3 DMC 921 Copper**
  Petals (dark), petal edges and petal folds
- **4 DMC 742 Light Tangerine**
  Petals (middle)
- **5 DMC 743 Medium Yellow**
  Petals (light)
- **6 DMC 433 Medium Brown**
  Seed disc
- **7 DMC 3371 Black Brown**
  Seed ring

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Fishbone stitch**, 2 strands
   Leaves
2. **Satin stitch**, 2 strands
   Seed disc
3. **Running stitch**, 2 strands
   Ring
4. **Stem stitch**, strands by part on page 2
   Stem, leaf stalks, leaf veins, petal folds
5. **Split stitch**, strands by part on page 2
   Petals, petal edges
6. **Chain stitch**, 3 strands
   Seed disc
7. **French knot**, strands by part on page 2, two wraps
   Seed ring, seed heart

What you need

Easy. A 6 inch (15 cm) hoop, and a 9 inch (23 cm) square of plain cotton or linen, white or another light color. Embroidery needle: size 9 for 1 strand, size 7 for 2 or 3, size 3 for 4 to 6 (a lower number is a thicker needle). Skeins: one of each color is enough. An estimate for the 6 inch hoop, from the length of each line and the area of each filled shape, with a fifth added for tails.

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First sunflower in a ring

6 inch hoop

How to read it

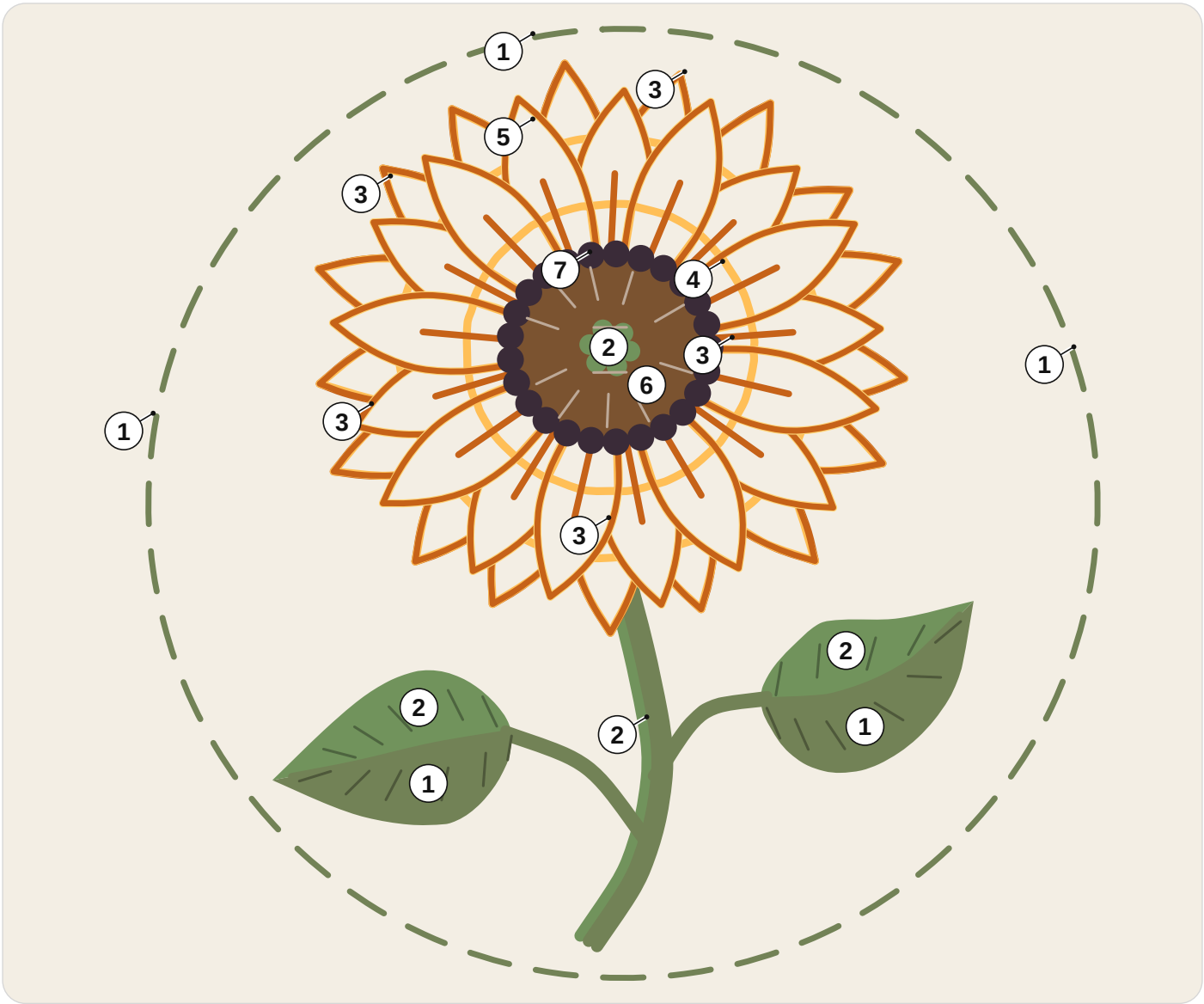
Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A dashed line is running stitch. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 3363 Medium Pine Green	**4**	DMC 742 Light Tangerine	**7**	DMC 3371 Black Brown
2	DMC 3347 Medium Yellow Green	**5**	DMC 743 Medium Yellow		
3	DMC 921 Copper	**6**	DMC 433 Medium Brown		

How many strands

Stem stitch. 6 strands: stem; 4 strands: leaf stalks; 2 strands: leaf veins; 1 strand: petal folds.
Split stitch. 2 strands: petals; 1 strand: petal edges.
French knot. 4 strands: seed ring; 3 strands: seed heart.

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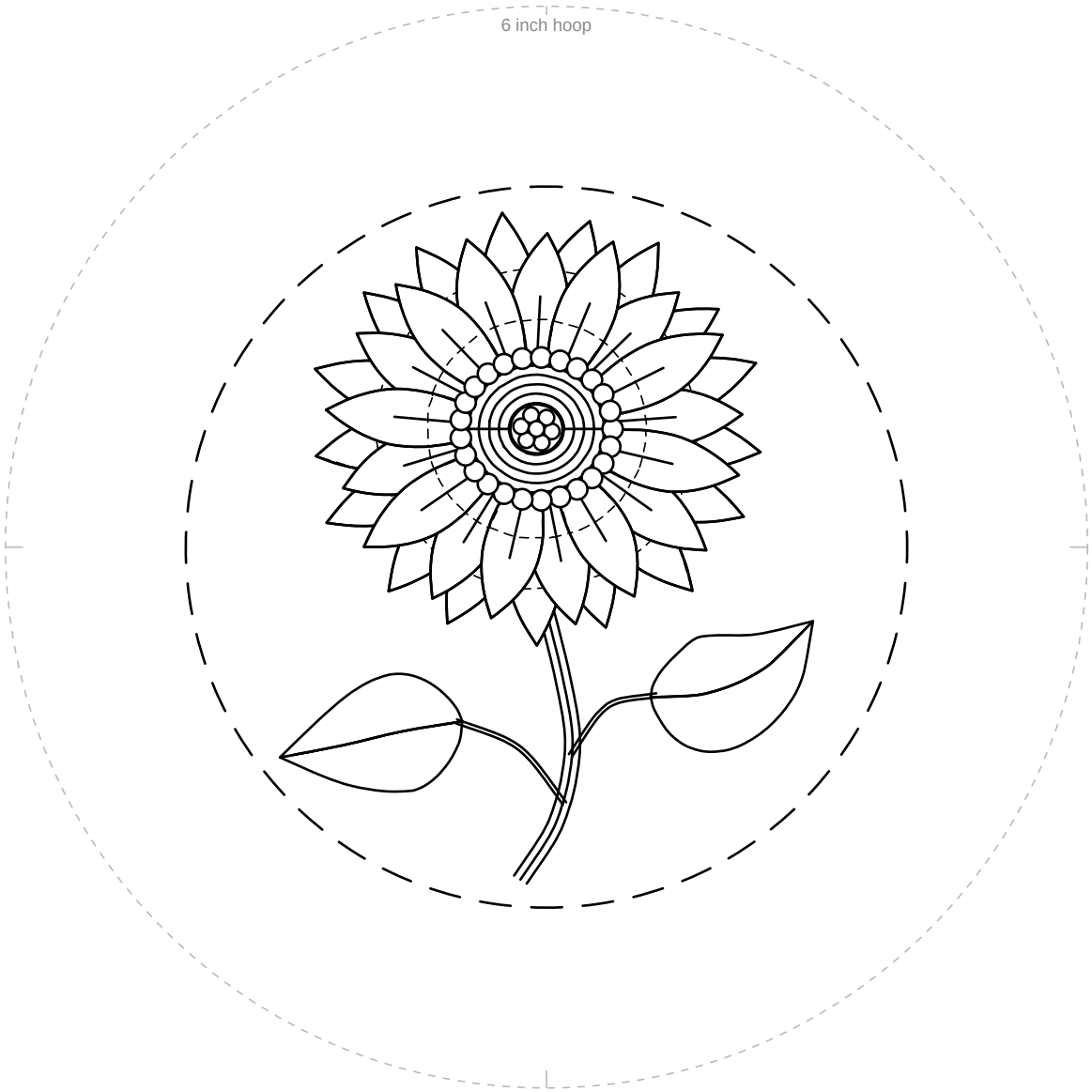
First sunflower in a ring

6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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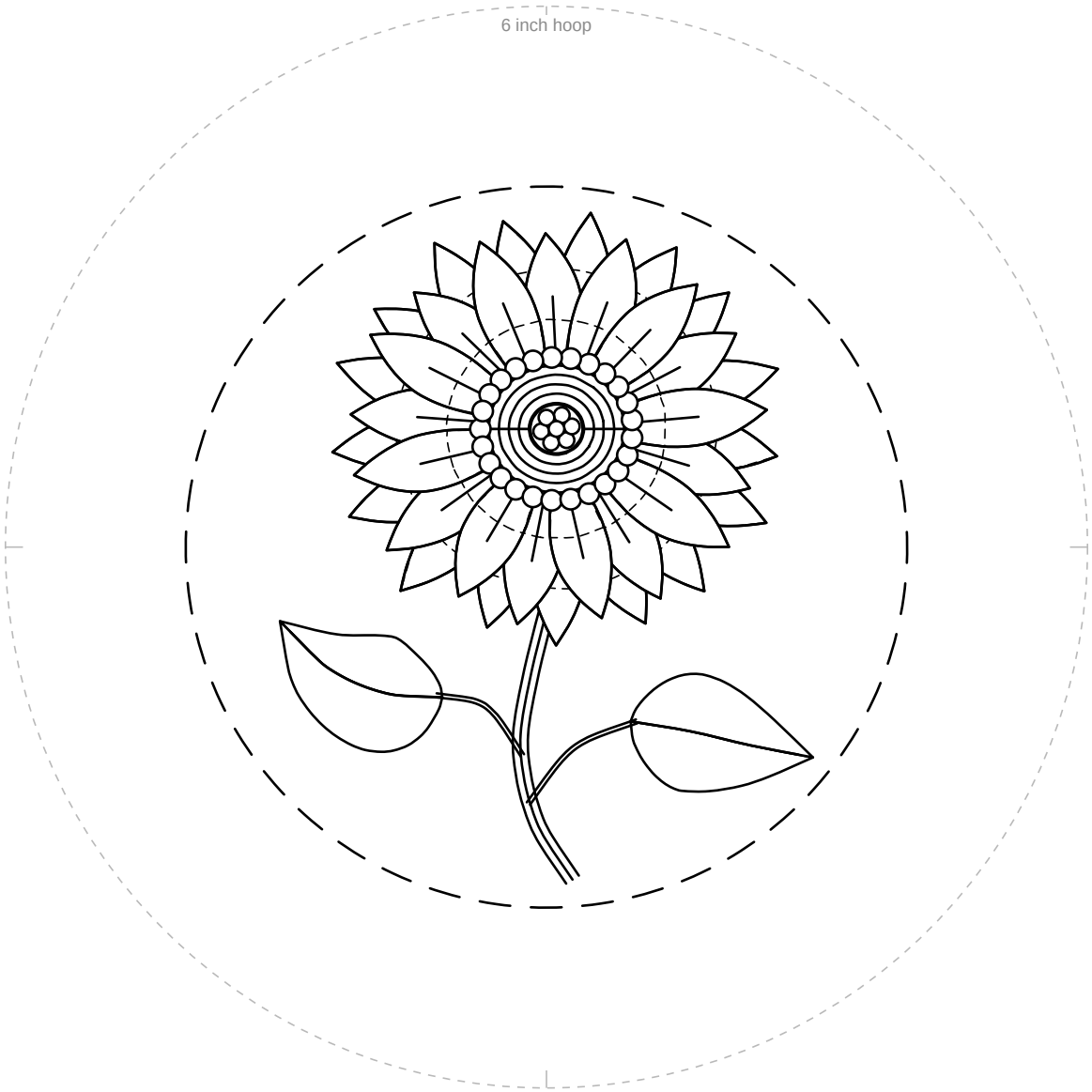
First sunflower in a ring

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
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