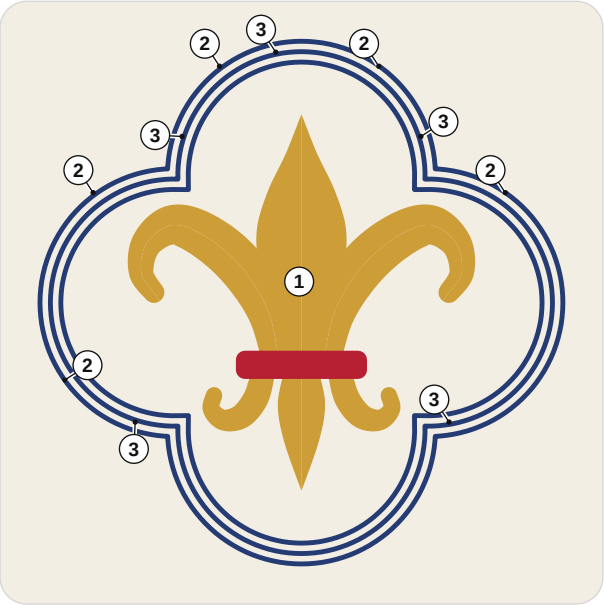
Fleur-de-lis in quatrefoil

6 inch (15 cm) hoop, 4.5 × 4.5 in (11.4 × 11.4 cm)



A number is a row of the list.

Floss

- **DMC 336 Navy Blue**
  Quatrefoil and middle line of the quatrefoil
- **DMC 3852 Very Dark Straw**
  Side petals, lower ends, middle petal and spike
- **DMC 304 Medium Red**
  Band

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

An embroidery needle, size 7.

One skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 2 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 2 on top; trace with a ballpoint.

Iron-on pen: go over page 3, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Satin stitch**, 2 strands
   Side petals, lower ends, middle petal (in two halves that meet down its middle, each half slanted to the seam), spike (in two halves that meet down its middle, each half slanted to the seam), band



Stitch in this order, continued

2. **Stem stitch**, 2 or 3 strands
   Quatrefoil

3. **Chain stitch**, 2 or 3 strands
   Middle line of the quatrefoil



Take out lines that still show, press face down, finish the hoop.

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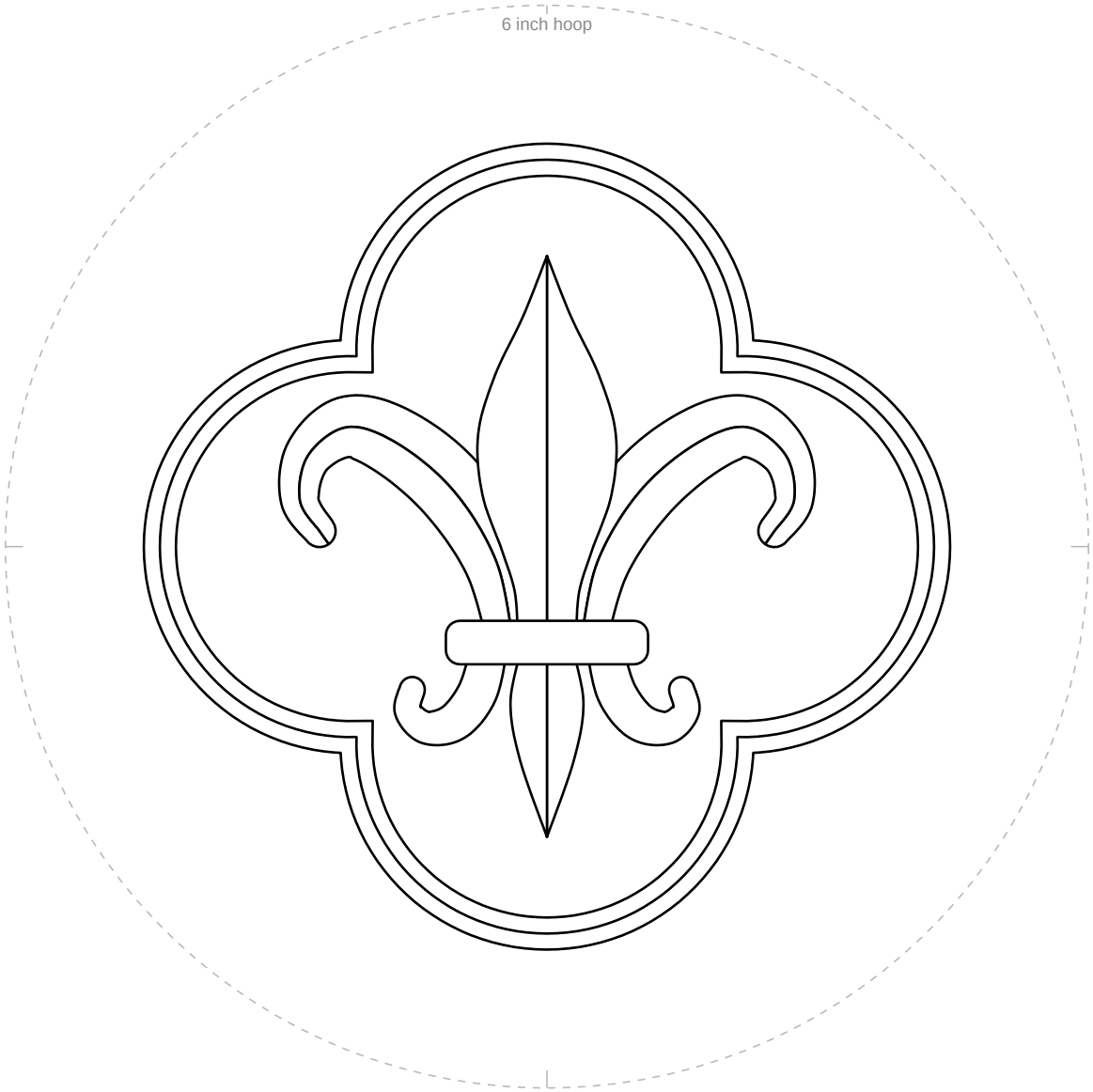
Fleur-de-lis in quatrefoil

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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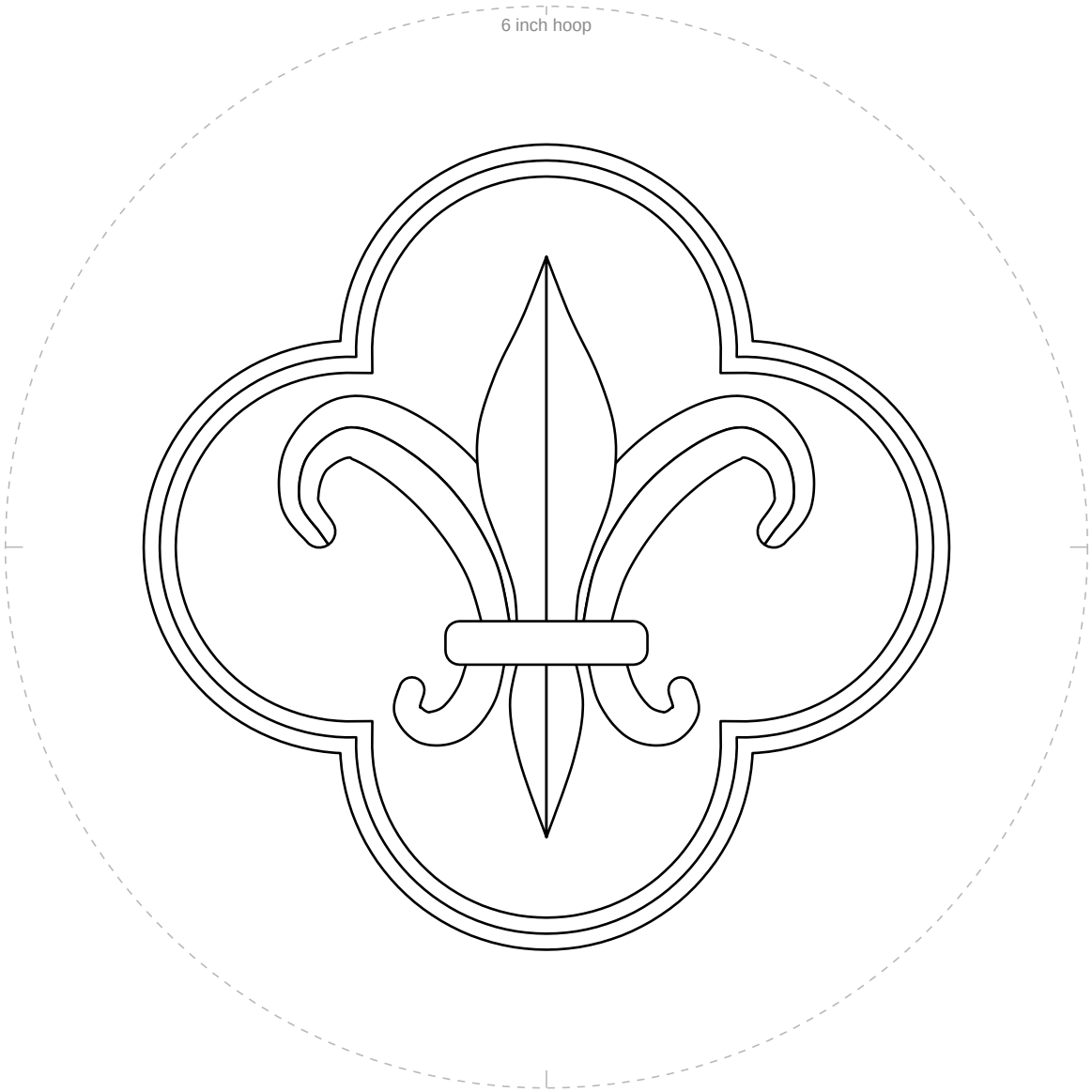
Fleur-de-lis in quatrefoil

6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



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