Florida pillow with a white egret

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.3 × 4.5 in (10.9 × 11.4 cm).



Which color goes where: by number on page 2.
Fabric: dark teal cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Satin stitch**, 2 strands
   Pickerelweed leaves, bill, lores, eye
2. **Long and short stitch**, 1 strand
   Neck and body
3. **Padded satin stitch**, 2 strands
   Wing feathers, tail feathers, wing coverts, shoulder
4. **Straight stitch**, 1 strand
   Veil plumes
5. **Split stitch**, 1 to 2 strands
   Plume shafts
6. **Stem stitch**, strands by part on page 2
   Leaf stalks, leaf outlines, leaf midribs, legs, toes, water ring, breast plumes, crest
7. **Back stitch**, 1 strand
   Leaf veins, bill line
8. **French knot**
   strands by part on page 2, two wraps
   Flower spike, water drop, eye, pearl knots

Floss

- **1 DMC 762 Very Light Pearl Gray**
  Veil plumes and plume shafts (darker), neck and body (dark) and 5 more parts
- **2 DMC BLANC White**
  Veil plumes and plume shafts (lighter), wing feathers (lightest) and 8 more parts
- **3 DMC 522 Fern Green**
  Leaf stalks and leaf midribs
- **4 DMC 3813 Light Blue Green**
  Flower spike (darker), water ring and lores
- **5 DMC 524 Very Light Fern Green**
  Pickerelweed leaves, leaf veins and leaf outlines
- **6 DMC 310 Black**
  Legs, toes and bill line, eye (darker)
- **7 DMC 415 Pearl Gray**
  Neck and body and wing feathers (darkest), tail feathers (dark)
- **8 DMC 712 Cream**
  Neck and body, wing feathers and tail feathers (light), wing coverts (middle)
- **9 DMC 3820 Dark Straw**
  Bill, eye (lighter)

Three ways onto dark fabric

1. **Light shines through it**
   Lay page 3 on a bright light box, tape the fabric over it and trace the lines with a white marking pencil or pen.
2. **No light shines through**
   Print page 3 on a sticky wash-away sheet, smooth it onto fabric that can be washed, stitch through both and rinse it away.
3. **White or yellow carbon paper**
   Lay it colored side down on the fabric with page 3 on top, tape the layers and trace firmly with a ballpoint pen. Go over a faint line with a white pencil.

Page 3 is the pattern at actual size (page 4 is its mirror, for an iron-on pen on a light fabric). Print it at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 762 Very Light Pearl Gray	**4**	DMC 3813 Light Blue Green	**7**	DMC 415 Pearl Gray
2	DMC BLANC White	**5**	DMC 524 Very Light Fern Green	**8**	DMC 712 Cream
3	DMC 522 Fern Green	**6**	DMC 310 Black	**9**	DMC 3820 Dark Straw

How many strands

Stem stitch. 5 strands: legs; 3 strands: toes; 2 or 3 strands: leaf stalks; 2 strands: leaf outlines, leaf midribs, water ring; 1 strand: breast plumes, crest.
French knot. 2 strands: flower spike, water drop, pearl knots; 1 strand: eye.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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