Flower filled mittens

6 inch (15 cm) hoop, 4.5 × 4.2 in (11.4 × 10.7 cm)



Colors by number: page 2.
Fabric: navy cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of navy cotton or linen.

An embroidery needle, size 9.

15 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A white pencil, and small scissors.

Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 3 strands
   Tendrils

2. **Satin stitch**, 2 strands
   Stems, fan flower cup, fan flower band, pomegranate rind, pomegranate heart, heart leaf rim, berries, cuff ribs, palmette band, trellis leaf rim



3. **Trellis stitch**, 2 strands
   Fan flower trellis, heart leaf trellis, trellis leaf trellis



4. **Long and short stitch**, 1 strand
   Pomegranate crown, thumb buds, side leaf, fan flower petals, low leaf, thumb leaf, small leaf, palmette heart petals, rosette petals, palmette petals, heart leaf, little flower



5. **Fishbone stitch**, 2 strands
   Tendril leaves



6. **Stem stitch**
   1 strand: side leaf veins, low leaf veins, thumb leaf veins, small leaf veins, heart leaf veins
   2 strands: mitten outline

7. **Straight stitch**, 1 strand
   Stamens



8. **French knot**
   2 strands, two wraps
   Pomegranate seeds, fan flower knots, filling knots, wrist knots, palmette center, rosette center, stamen knots, little flower center



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 524 Very Light Fern Green	**6**	DMC 783 Medium Topaz	**11**	DMC 3689 Light Mauve
2	DMC 522 Fern Green	**7**	DMC 712 Cream	**12**	DMC 3685 Very Dark Mauve
3	DMC 520 Dark Fern Green	**8**	DMC 350 Medium Coral	**13**	DMC 353 Peach
4	DMC 3822 Light Straw	**9**	DMC 3688 Medium Mauve	**14**	DMC 352 Light Coral
5	DMC 782 Dark Topaz	**10**	DMC 3687 Mauve	**15**	DMC 347 Very Dark Salmon

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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