Flower filled teacup

6 inch (15 cm) hoop, 4.2 × 3.1 in (10.7 × 7.9 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

Embroidery needles, size 7, and size 5 for 4 strands.

5 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Fishbone stitch**
   2 strands, color 1
   Leaves



2. **Satin stitch**, 2 strands, color 1
   Small leaves



3. **Stem stitch**
   2 or 3 strands, color 5
   Cup outline, handle, foot and saucer

4. **Lazy daisy stitch**
   2 strands, colors 2, 3
   Large flower petals, small flower petals



5. **French knot**
   2 strands for the small flower centers and 4 for the large, two wraps, color 4
   Large flower centers, small flower centers



Take out lines that still show, press face down, finish the hoop.

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A number is a color of the list.



1 DMC 320 Medium Pistachio Green
2 DMC 312 Very Dark Baby Blue
3 DMC 322 Dark Baby Blue
4 DMC 3852 Very Dark Straw
5 DMC 336 Navy Blue

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.
On the drawing a ring is one French knot: mark a dot; a loop is one lazy daisy, begun at its point.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

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