Flower power heart patch

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.6 × 4.1 in (11.7 × 10.4 cm).



Which color goes where.

Stitches

- **Satin stitch**, 2 strands
  Scalloped edge, turquoise petals, small heart, back petals, daisy petals, peace sign, peace sign ground
- **Split stitch**, 1 to 2 strands
  Edge outline, tulip petals, turquoise petals, daisy petals
- **Chain stitch**, 2 strands
  Inner line
- **French knot**, 2 strands, two wraps
  Edge knots, turquoise flower eyes, daisy knots
- **Stem stitch**, 3 to 4 strands
  Main stem, side stems
- **Fishbone stitch**, 2 strands
  Leaves, tulip cups
- **Long and short stitch**, 1 strand
  Tulip hearts, tulip petals
- **Straight stitch**, 1 strand
  Petal veins

Floss

- **DMC 721 Medium Orange Spice**
  Scalloped edge and daisy knots, tulip hearts (middle)
- **DMC 900 Dark Burnt Orange**
  Tulip hearts (dark), edge outline
- **DMC 743 Medium Yellow**
  Inner line, peace sign ground and turquoise flower eyes, tulip hearts (light)
- **DMC 745 Light Pale Yellow** Edge knots
- **DMC 3348 Light Yellow Green**
  Side stems and main stem
- **DMC 702 Kelly Green**
  Leaves and tulip cups (lighter)
- **DMC 895 Very Dark Hunter Green**
  Leaves and tulip cups (darker)
- **DMC 3607 Light Plum** Tulip petals (light)
- **DMC 718 Plum** Tulip petals (dark)
- **DMC 3609 Ultra Light Plum** Tulip petals (lightest)
- **DMC 550 Very Dark Violet**
  Tulip petals (darkest), peace sign
- **DMC 3845 Medium Bright Turquoise**
  Turquoise petals (lighter)
- **DMC 3765 Very Dark Peacock Blue**
  Turquoise petals (darker), petal veins
- **DMC 666 Bright Red** Small heart
- **DMC 209 Dark Lavender**
  Back petals (darker), daisy petals (darkest)
- **DMC 210 Medium Lavender**
  Back petals (lighter), daisy petals (dark)
- **DMC 3865 Winter White** Daisy petals (light)
- **DMC 746 Off White** Daisy petals (lightest)

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

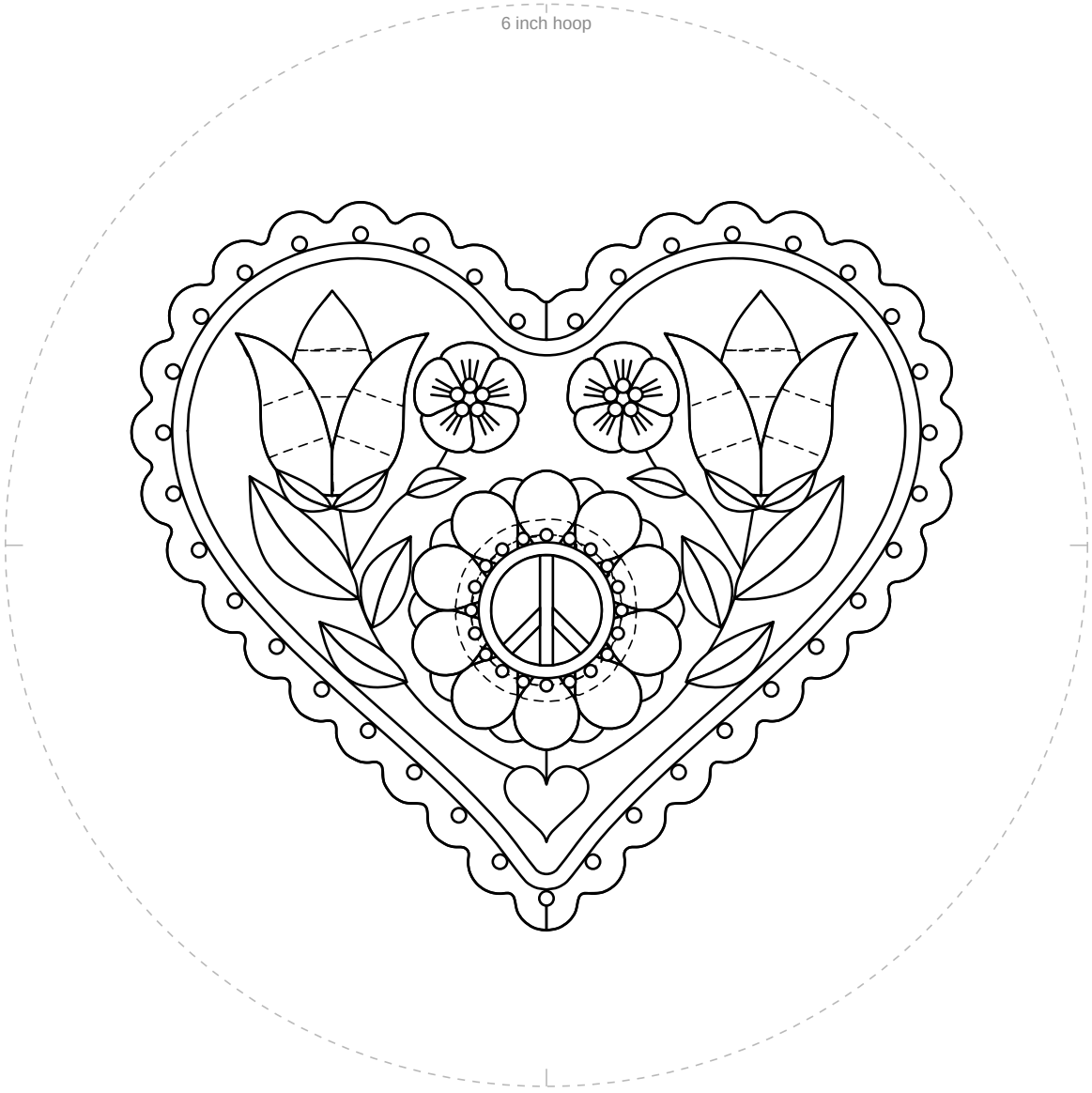
Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF.

Flower power heart patch

6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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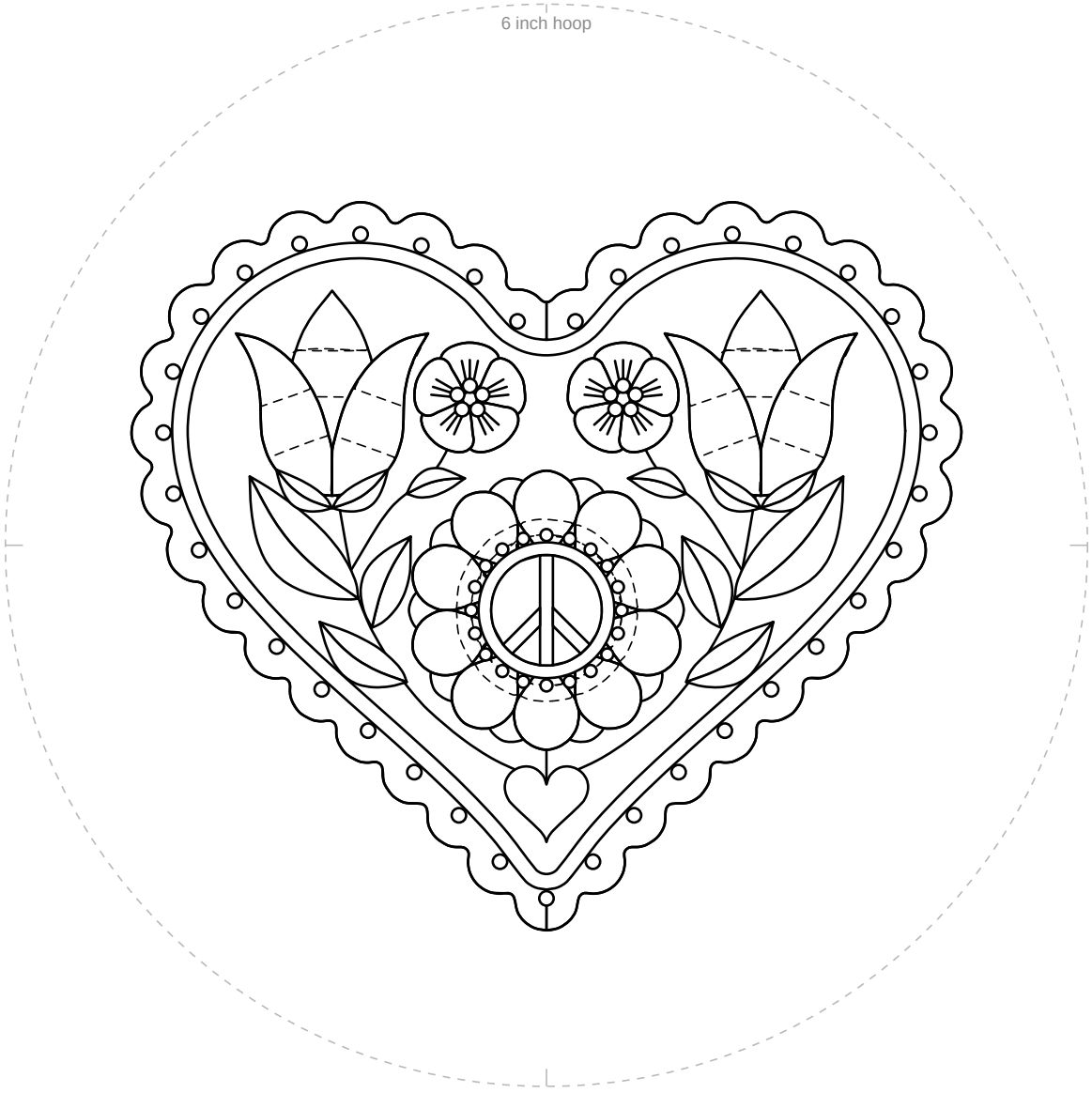
Flower power heart patch

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
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