Flower power peace sign

6 inch (15 cm) hoop, 4.1 × 4.7 in (10.4 × 11.9 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

An embroidery needle, size 9.

16 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 2 strands
   Daisy stalks

2. **Long and short stitch**
   2 strands
   Bud, back petals, front petals



3. **Satin stitch**, 2 strands
   Leaflets, little daisies, bud stalk, leaf stalks, leaves, stem, bud cup, peace sign



4. **Stem stitch**
   2 strands: leaf veins, bud edges, petal edges
   1 strand: cup veins, petal veins

5. **Split stitch**, 2 strands
   Sign edges

6. **Chain stitch**, 2 strands
   Chained ring



7. **French knot**, two wraps
   1 strand: daisy centers
   2 strands: cream windows, knotted rim



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 469 Avocado Green	7	DMC 3341 Apricot	13	DMC 917 Medium Plum
2	DMC 3809 Very Dark Turquoise	8	DMC 3824 Light Apricot	14	DMC 739 Ultra Very Light Tan
3	DMC 783 Medium Topaz	9	DMC 3705 Dark Melon	15	DMC 3808 Ultra Very Dark Turquoise
4	DMC 597 Turquoise	10	DMC 915 Dark Plum	16	DMC 3750 Very Dark Antique Blue
5	DMC 471 Very Light Avocado Green	11	DMC 3804 Dark Cyclamen Pink		
6	DMC 936 Very Dark Avocado Green	12	DMC 154 Very Dark Grape		

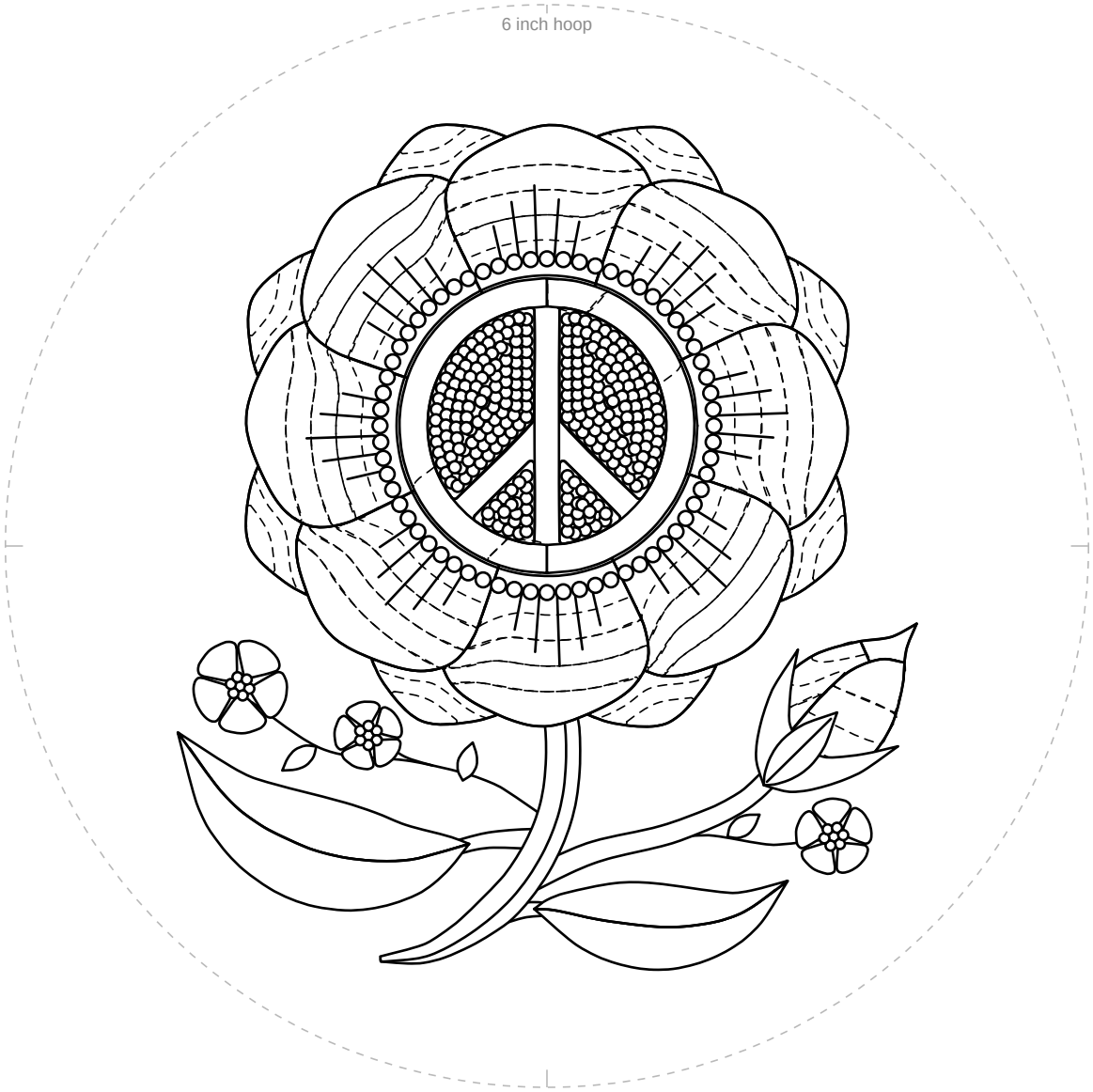
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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

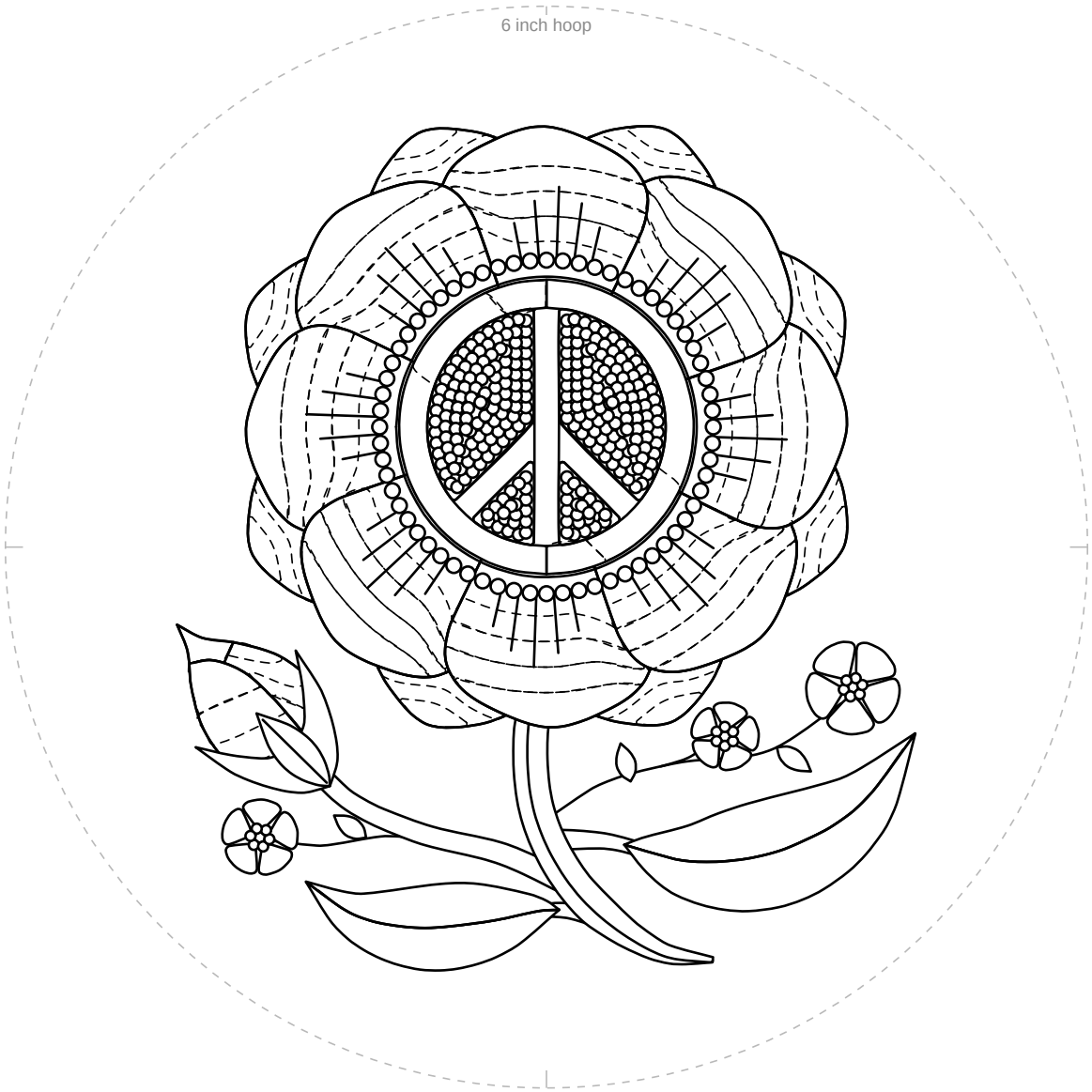
Not 1 inch (25.4 mm)? Print again at 100%.

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6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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