Folk birds over a flowering heart

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.7 × 4.7 in (11.9 × 11.9 cm).



Which color goes where.

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

Work it in this order

1. Stitch the filled parts first, what lies behind before what lies in front of it.
2. Then stitch the lines: stems, veins and outlines over the edges of the filled parts.
3. Keep the knots for the end, so that the hoop and your hand do not flatten them.

Floss

- **DMC 321 Red**
  Heart band, tail feathers and wing feathers (dark) and 6 more parts
- **DMC 712 Cream**
  Rosette petals (lighter), heart beads, wing feathers (light) and 5 more parts
- **DMC 471 Very Light Avocado Green**
  Leaves, garland, vines and center stem
- **DMC 3733 Dusty Rose**
  Breasts, rosette petals (darker), tail feathers (middle), tulip petals (lighter)
- **DMC 742 Light Tangerine**
  Tail feathers (light), tulip hearts, wing feathers (middle) and 7 more parts
- **DMC 3849 Light Teal Green**
  Bodies and heads

Stitches

- **Satin stitch**, 2 strands
  Heart band, tulip petals, tulip hearts, leaves, berries, rosette petals, rosette rings, tail feathers, tail eyes, breasts, bodies, collars, and 5 more
- **French knot**, 2 strands, two wraps
  Heart beads, tulip beads, rosette beads, eyes, wing beads, crest beads
- **Stem stitch**, 3 to 4 strands
  Vines, legs
- **Chain stitch**, 2 strands
  Garland, center stem

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

The thread
Inside a filled shape start with two or three tiny stitches, which the filling covers: a knot shows as a bump. A line may start with a small knot on the back or one of the knotless starts. End each thread by running the needle under the backs of a few stitches.

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6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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