

Folk heart mandala

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.7 × 4.7 in (11.9 × 11.9 cm).



Which color goes where.

Floss

- DMC 336 Navy Blue**
Middle, navy rings and arches
- DMC 3852 Very Dark Straw**
Loops, gold ring and knots
- DMC 304 Medium Red**
Red hearts and red halves of the larger hearts
- DMC 355 Dark Terra Cotta**
Rust halves of the larger hearts
- DMC 320 Medium Pistachio Green**
Leaves

Stitches

- **Satin stitch**, 2 strands
Middle, hearts
- **Lazy daisy stitch**, 2 strands
Loops
- **Stem stitch**, 2 or 3 strands
Navy rings, arches
- **Chain stitch**, 2 or 3 strands
Gold ring
- **Fishbone stitch**, 2 strands
Leaves
- **French knot**, 2 strands, two wraps
Knots

Three ways to transfer the pattern

1. Fabric you can see through

Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.

2. Fabric you cannot see through

Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.

3. Iron-on

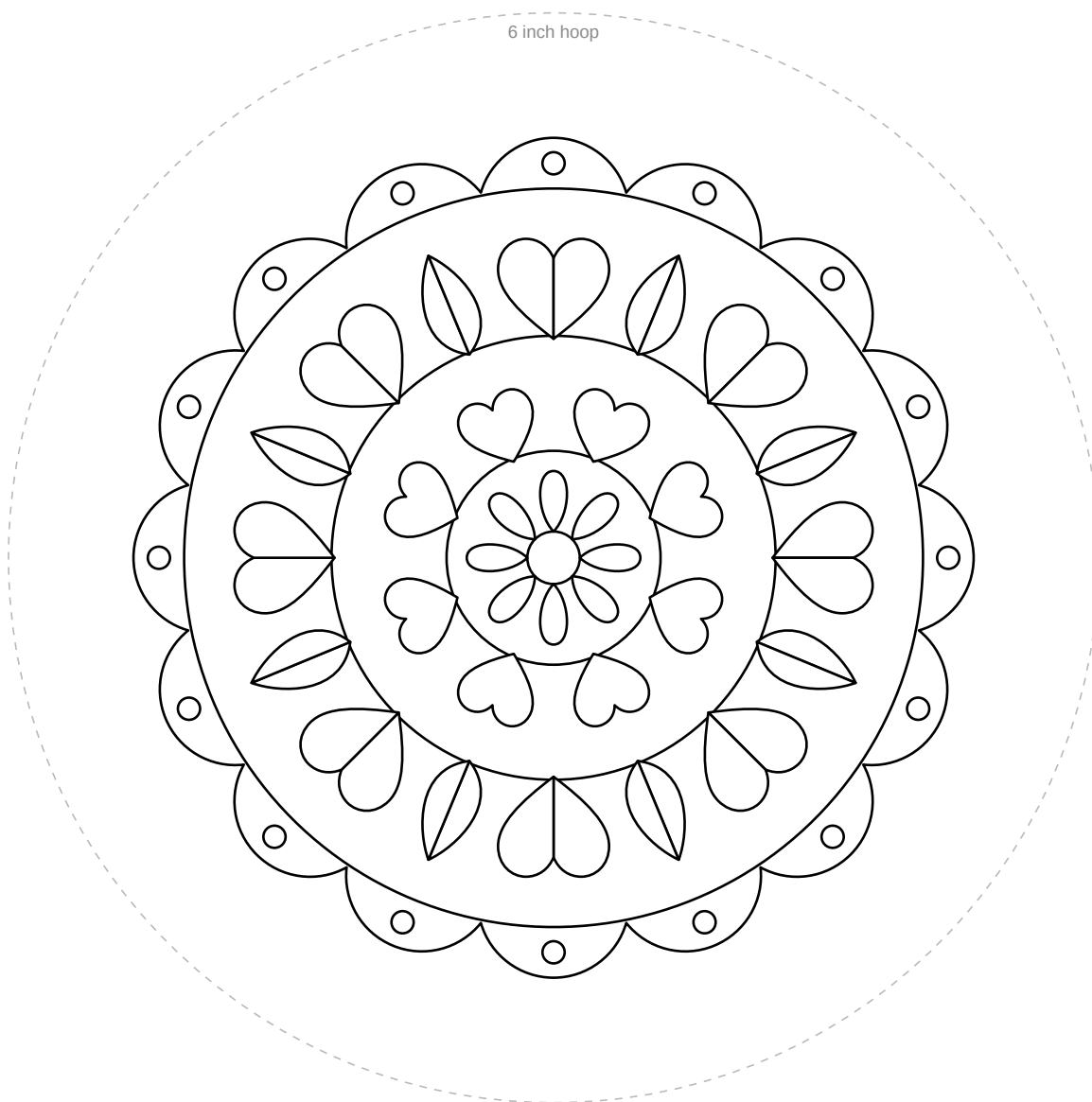
Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

Folk heart mandala

6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.

**1 in**

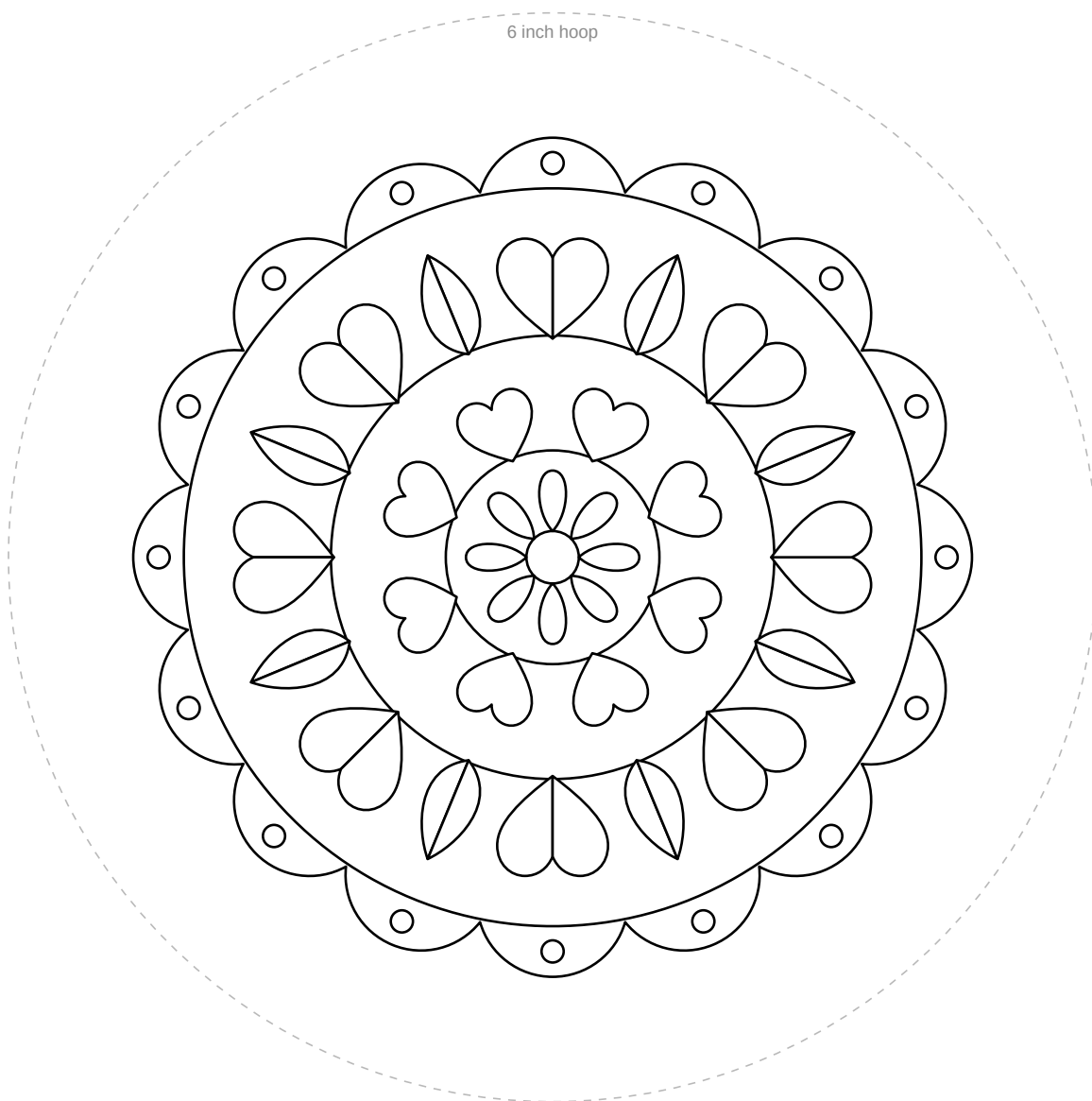
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.

**1 in**

25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.