Follow your dreams

6 inch (15 cm) hoop, 4.6 × 4.6 in (11.7 × 11.7 cm)



Colors by number: page 2.
Fabric: navy cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of navy cotton or linen.

An embroidery needle, size 9.

24 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A white pencil, and small scissors.

Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 3 strands
   Ropes

2. **Long and short stitch**
   1 strand
   Clouds, balloon stripes, crown, skirt, rose petals, rabbit, swallow wings, swallow bodies



3. **Fishbone stitch**, 2 strands
   Leaves



4. **Woven wheel stitch**, 3 strands
   Rose centers

5. **Woven filling stitch**, 3 strands
   Basket



6. **Satin stitch**, 2 strands
   Mouth band, daisies, eye, bunting, basket rim, paws, stars, swallow tails, swallow throats, letters



7. **Stem stitch**, 2 strands
   Seams, gold edging, basket edge

8. **Split stitch**, 1 strand
   Rose petal edges

9. **Straight stitch**
   3 strands: ear lining, nose
   1 strand: eye highlight
   2 strands: small stars, swallow beaks



10. **French knot**, two wraps
    2 strands: daisy centers, berries
    1 strand: swallow eyes



Take out lines that still show, press face down, finish the hoop or sew a pillow.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Follow your dreams

6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 3747 Very Light Blue Violet	**9**	DMC 738 Very Light Tan	**17**	DMC 895 Very Dark Hunter Green
2	DMC 340 Medium Blue Violet	**10**	DMC 355 Dark Terra Cotta	**18**	DMC 3836 Light Grape
3	DMC 341 Light Blue Violet	**11**	DMC 3820 Dark Straw	**19**	DMC 3834 Dark Grape
4	DMC 712 Cream	**12**	DMC 598 Light Turquoise	**20**	DMC 153 Very Light Violet
5	DMC 351 Coral	**13**	DMC 3822 Light Straw	**21**	DMC 782 Dark Topaz
6	DMC 350 Medium Coral	**14**	DMC 3809 Very Dark Turquoise	**22**	DMC 3863 Medium Mocha Beige
7	DMC 352 Light Coral	**15**	DMC 3808 Ultra Very Dark Turquoise	**23**	DMC 938 Ultra Dark Coffee Brown
8	DMC 739 Ultra Very Light Tan	**16**	DMC 3347 Medium Yellow Green	**24**	DMC 435 Very Light Brown

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.

Follow your dreams

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

For your own stitching, gifts and handmade pieces you sell. Do not resell or share this PDF or copies of it.