Footprints in the sand and one wave

6 inch (15 cm) hoop, 4.8 × 4.8 in (12.2 × 12.2 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

An embroidery needle, size 9.

21 colors of floss (page 2): 2 skeins of DMC 738 and 2 of DMC 747; one of each other color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Long and short stitch**
   1 strand, colors 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 17, 18, 19, 20, 21
   Dry sand, wet sand, shallow water, deep water, wave face, footprints, starfish, shell (color 19), wave crest



2. **Satin stitch**
   2 strands, colors 12, 13, 14, 18, 20
   Toes, shell (color 18), foam edge



3. **Outline stitch**, 2 strands, color 15
   Lit rims

4. **Straight stitch**, 1 strand, color 18
   Shell ribs



5. **Split stitch**
   1 strand, colors 18, 20
   Edges of the starfish, foam lace

6. **Stem stitch**, colors 5, 11, 16
   2 strands: shaded rims, shadows
   3 strands: circle

7. **French knot**
   two wraps, colors 3, 20, 21
   1 strand: starfish dots
   2 strands: foam knots



Take out lines that still show, press face down, finish the hoop or sew a pillow.

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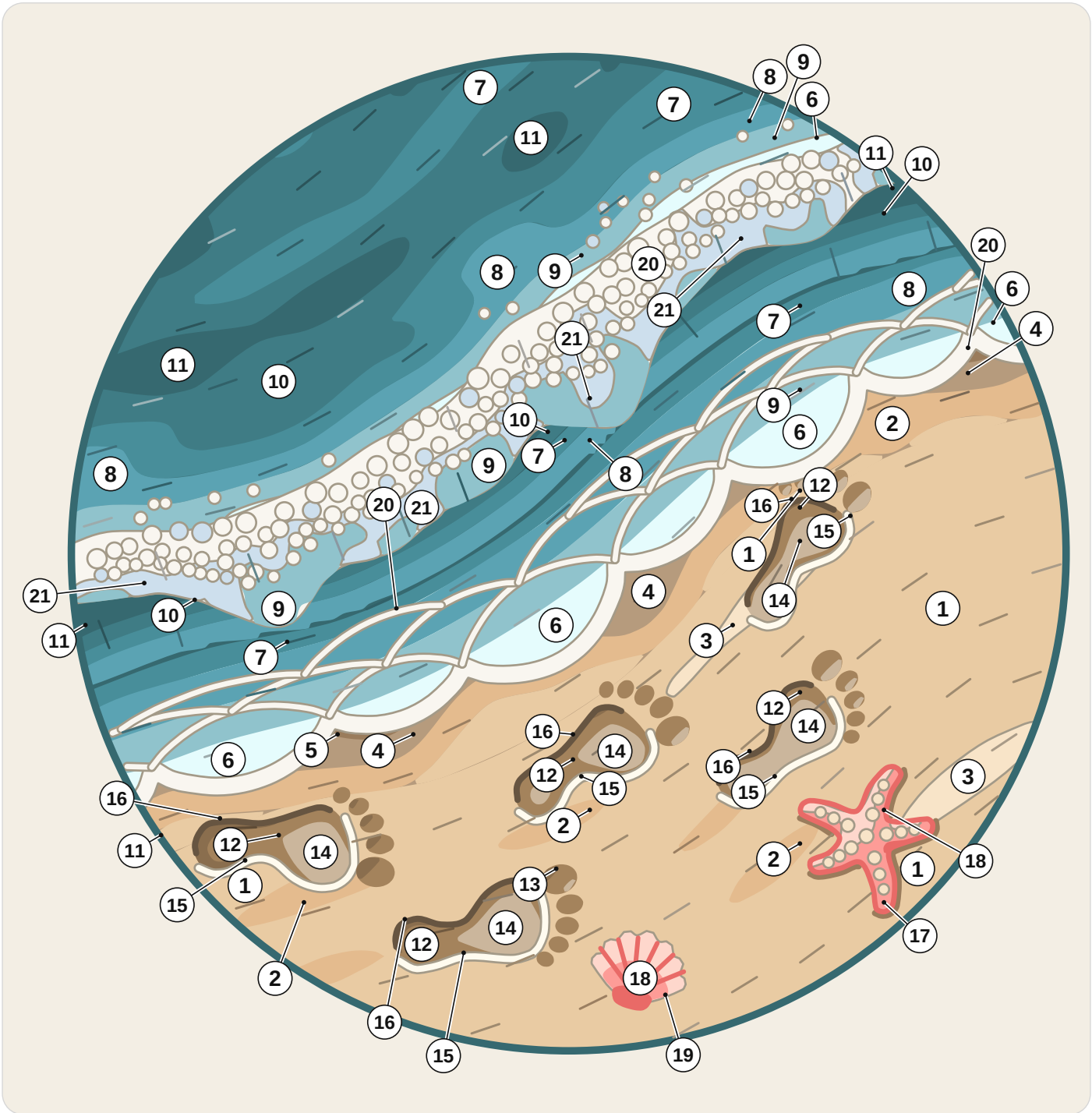
6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 738 Very Light Tan	8	DMC 597 Turquoise	15	DMC 712 Cream
2	DMC 437 Light Tan	9	DMC 598 Light Turquoise	16	DMC 839 Dark Beige Brown
3	DMC 739 Ultra Very Light Tan	10	DMC 3809 Very Dark Turquoise	17	DMC 352 Light Coral
4	DMC 841 Light Beige Brown	11	DMC 3808 Ultra Very Dark Turquoise	18	DMC 351 Coral
5	DMC 840 Medium Beige Brown	12	DMC 3863 Medium Mocha Beige	19	DMC 353 Peach
6	DMC 747 Very Light Sky Blue	13	DMC 3862 Dark Mocha Beige	20	DMC 3865 Winter White
7	DMC 3810 Dark Turquoise	14	DMC 3864 Light Mocha Beige	21	DMC 3841 Pale Baby Blue

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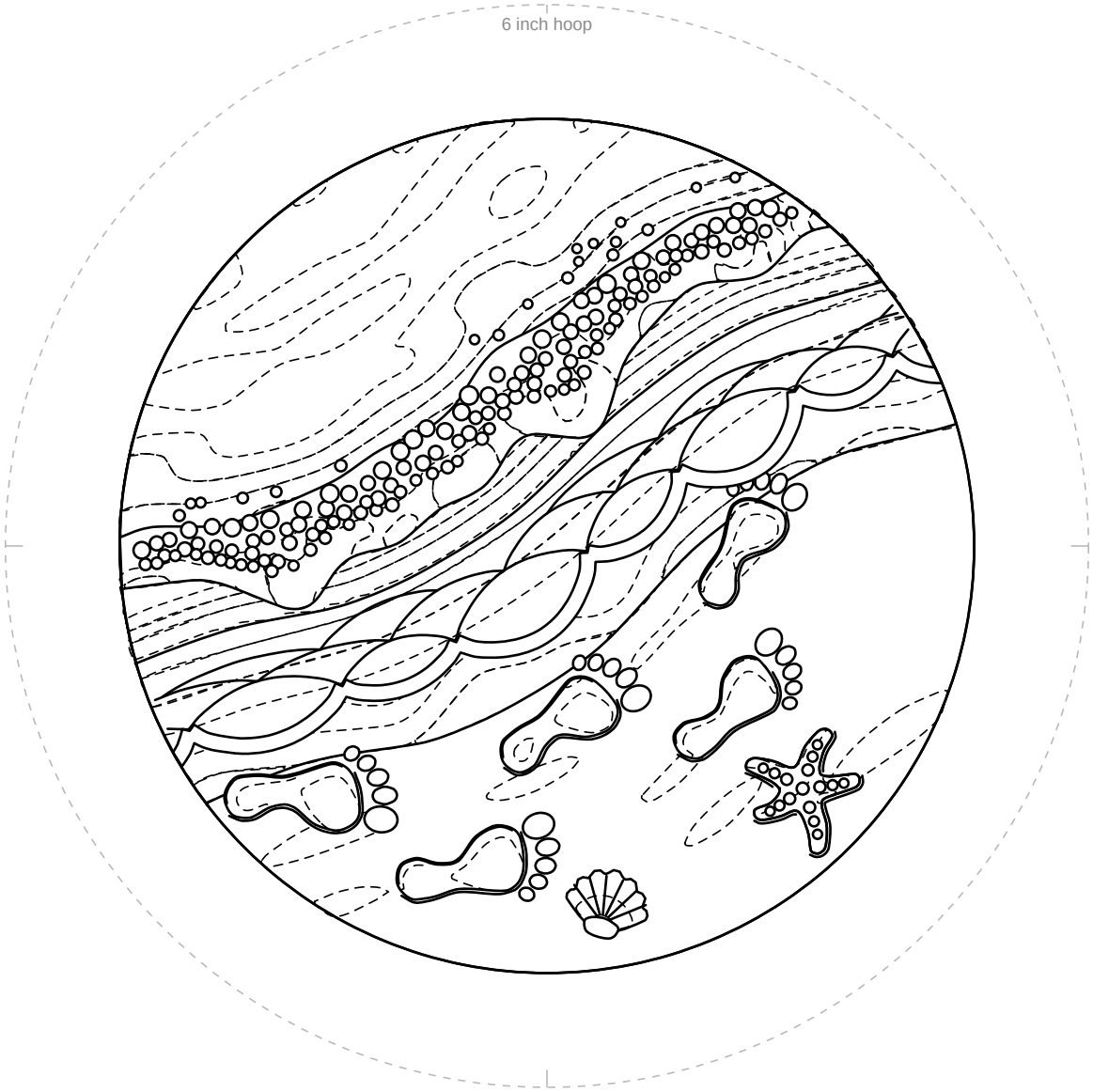
6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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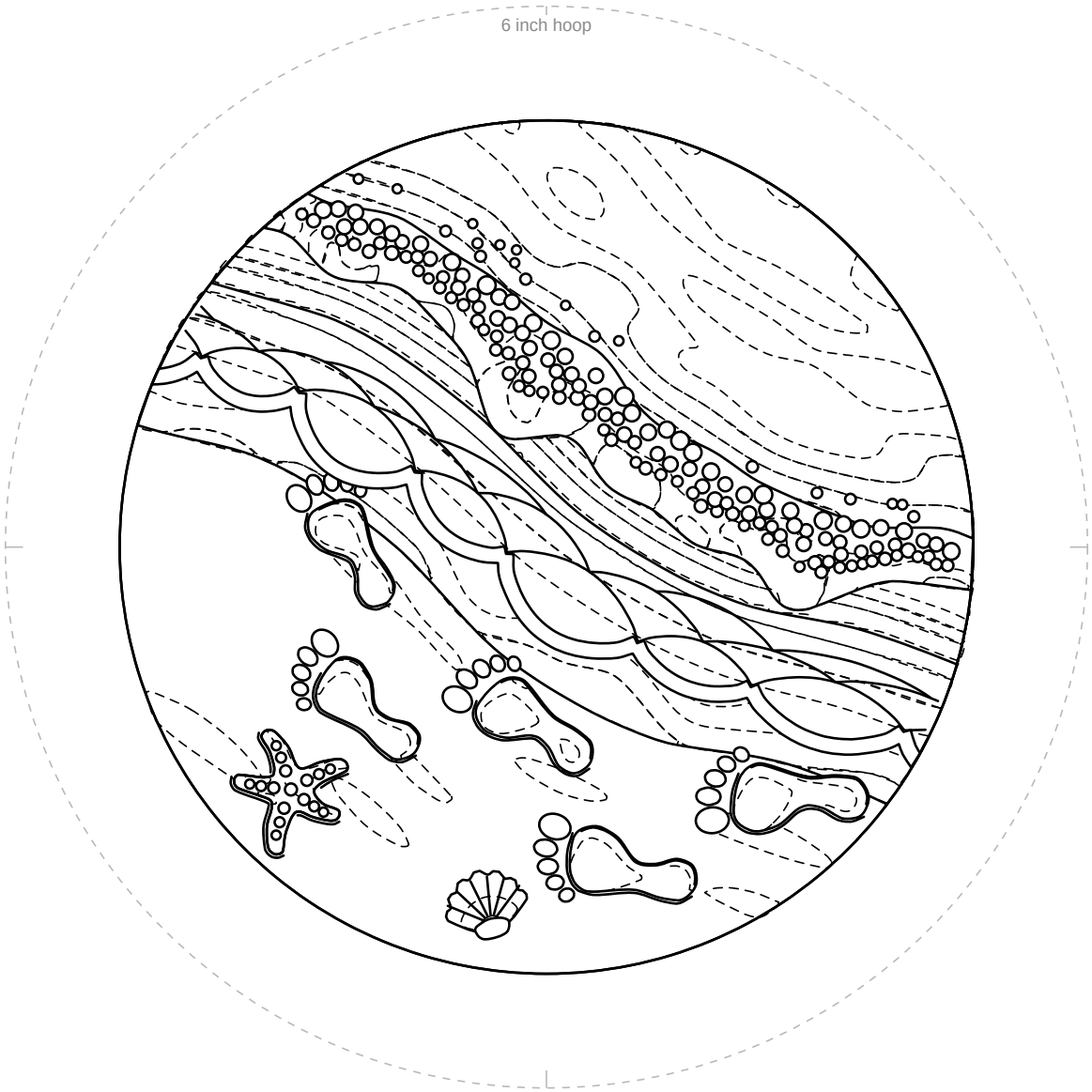
Footprints in the sand and one wave

6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



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