Forever in our hearts, wheat and poppies

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.7 × 4.1 in (11.9 × 10.4 cm).



Which color goes where.

Stitches

- **Satin stitch**, 2 strands
  Grass blades, poppy feet, poppy hearts, cornflower rays, cornflower cups, straw band, poppy bud, words
- **Stem stitch**, 2 to 3 strands
  Wheat stalks, flower stems, poppy leaves
- **Straight stitch**, 1 to 2 strands
  Wheat beards, poppy stamens, petal blotches, petal folds, poppy hearts, cornflower hearts, straw band, poppy bud
- **Fishbone stitch**, 2 strands
  Wheat grains, poppy leaves
- **Long and short stitch**, 1 strand
  Poppy petals
- **Split stitch**, 1 strand
  Petal edges, poppy hearts, cornflower cups, poppy bud, words
- **French knot**, 1 strand, two wraps
  Poppy stamens, cornflower hearts
- **Trellis stitch**, 1 strand
  Cornflower cups

Floss

- **DMC 3363 Medium Pine Green**
  Grass blades (darker), cornflower cups (lighter)
- **DMC 3364 Pine Green** Grass blades and poppy hearts (lighter)
- **DMC 3820 Dark Straw**
  Wheat beards and wheat stalks, wheat grains and straw band (light)
- **DMC 3828 Hazelnut Brown** Wheat grains and straw band (dark)
- **DMC 3822 Light Straw** Wheat grains and straw band (lightest)
- **DMC 869 Very Dark Hazelnut Brown**
  Wheat grains and straw band (darkest)
- **DMC 3345 Dark Hunter Green**
  Cornflower cups, flower stems, poppy leaves and poppy hearts (darker) and 2 more parts
- **DMC 3346 Hunter Green**
  Flower stems (lighter), poppy bud (dark), poppy feet (middle)
- **DMC 3347 Medium Yellow Green**
  Poppy leaves (lighter), poppy bud (lightest), poppy feet (light)
- **DMC 815 Medium Garnet** Poppy petals (darkest), petal edges
- **DMC 817 Very Dark Coral Red** Poppy petals (dark), petal folds
- **DMC 349 Dark Coral**
  Poppy petals (middle dark), poppy bud (light)
- **DMC 350 Medium Coral** Poppy petals (middle light)
- **DMC 154 Very Dark Grape**
  Poppy stamens, petal blotches and cornflower hearts
- **DMC 351 Coral** Poppy petals (light)
- **DMC 352 Light Coral** Poppy petals (lightest)
- **DMC 793 Medium Cornflower Blue** Cornflower rays (light)
- **DMC 3807 Cornflower Blue** Cornflower rays (middle)
- **DMC 791 Very Dark Cornflower Blue** Cornflower rays (dark)
- **DMC 823 Dark Navy Blue** Words

Stitches, continued

- **Back stitch**, 1 strand
  Straw band

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

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6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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