Forget-me-not coaster

6 inch (15 cm) hoop, 4.6 × 4.6 in (11.7 × 11.7 cm)



Colors by number: page 2.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of white or light cotton or linen.

Embroidery needles, size 9, and size 5 for 4 strands.

11 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A water-soluble pen, and small scissors.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

The back is seen: no knots. Start with tiny stitches; end around the backs of four or five stitches.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Chain stitch**, 4 strands
   Ring



2. **Stem stitch**, 2 strands
   Stems

3. **Long and short stitch**
   1 strand
   Saucer, cup



4. **Fishbone stitch**, 2 strands
   Ring leaves, leaves



5. **Satin stitch**, 2 strands
   Petals, saucer rim, saucer band, cup handle, inside the cup, buds, flower cups, cup band, cup rim



6. **Stem stitch**
   2 strands: edges of the saucer, edges of the cup handle
   3 strands: edges of the cup rim, edges of the cup

7. **Straight stitch**, 2 strands
   Lines of the open ring leaves, flower stars, bud cups



8. **Split stitch**, 1 strand
   Edges of the petals

9. **Lazy daisy stitch**, 3 strands
   Loops of the open ring leaves



10. **French knot**
    2 strands, two wraps
    Ring knots, flower eyes, spray tips, cup dots



Take out lines that still show, press face down, finish the hoop.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 336 Navy Blue	**5**	DMC 3325 Light Baby Blue	**9**	DMC 987 Dark Forest Green
2	DMC 799 Medium Delft Blue	**6**	DMC BLANC White	**10**	DMC 989 Forest Green
3	DMC 798 Dark Delft Blue	**7**	DMC 3820 Dark Straw	**11**	DMC 340 Medium Blue Violet
4	DMC 3326 Light Rose	**8**	DMC 3841 Pale Baby Blue		

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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a loop is one lazy daisy, begun at its point; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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Forget-me-not coaster

6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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