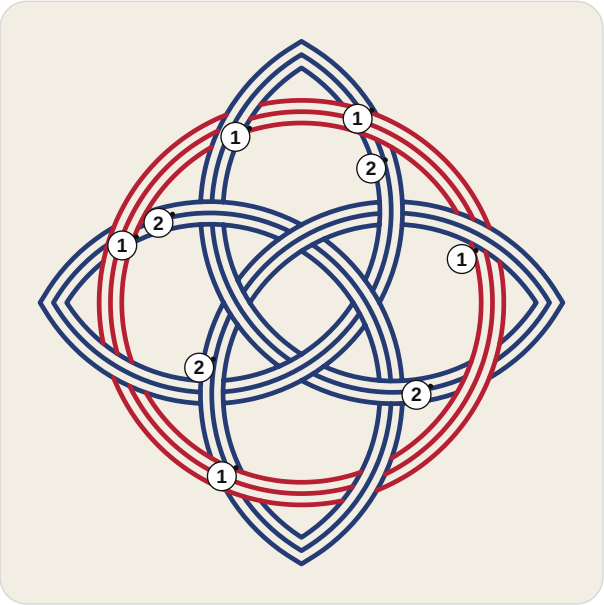
Four-leaf Celtic knot

6 inch (15 cm) hoop, 4.7 × 4.7 in (11.9 × 11.9 cm)



A number is a row of the list.

Floss

- **DMC 336 Navy Blue**
  Knot and middle line of the knot
- **DMC 304 Medium Red**
  Ring and middle line of the ring

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Stem stitch**, 2 or 3 strands
   Knot, ring

2. **Chain stitch**, 2 or 3 strands
   Middle line of the knot, middle line of the ring



Take out lines that still show, press face down, finish the hoop.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start with a small knot on the back; end under a few stitches.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Onto the fabric

Fabric you can see through: page 2 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 2 on top; trace with a ballpoint.

Iron-on pen: go over page 3, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

Buy: one skein of each color (an estimate from the drawing's lines and shapes), an embroidery needle size 7, a 6 inch (15 cm) hoop, a 9 inch (23 cm) square of white or light cotton or linen, a water-soluble pen.

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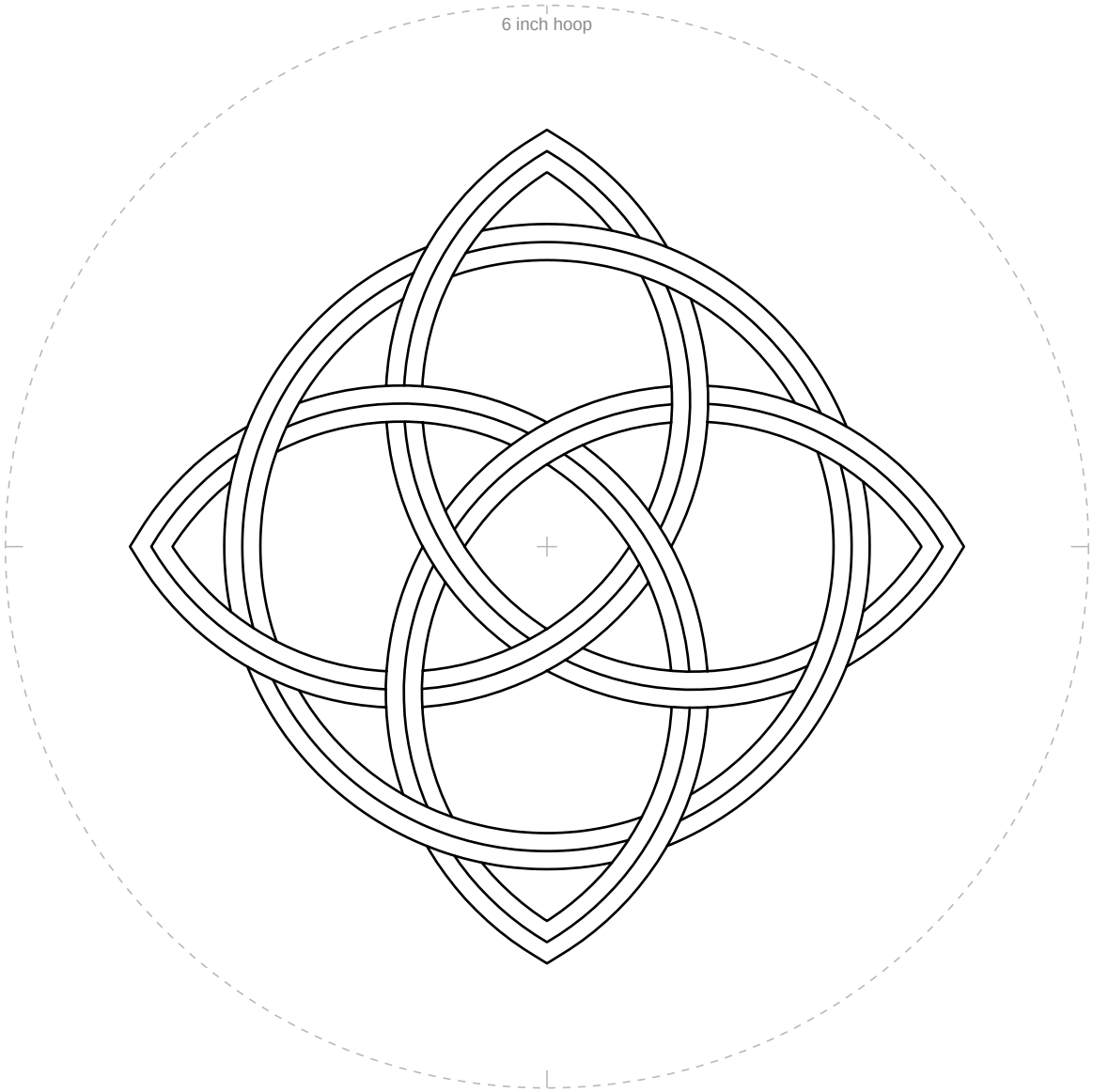
Four-leaf Celtic knot

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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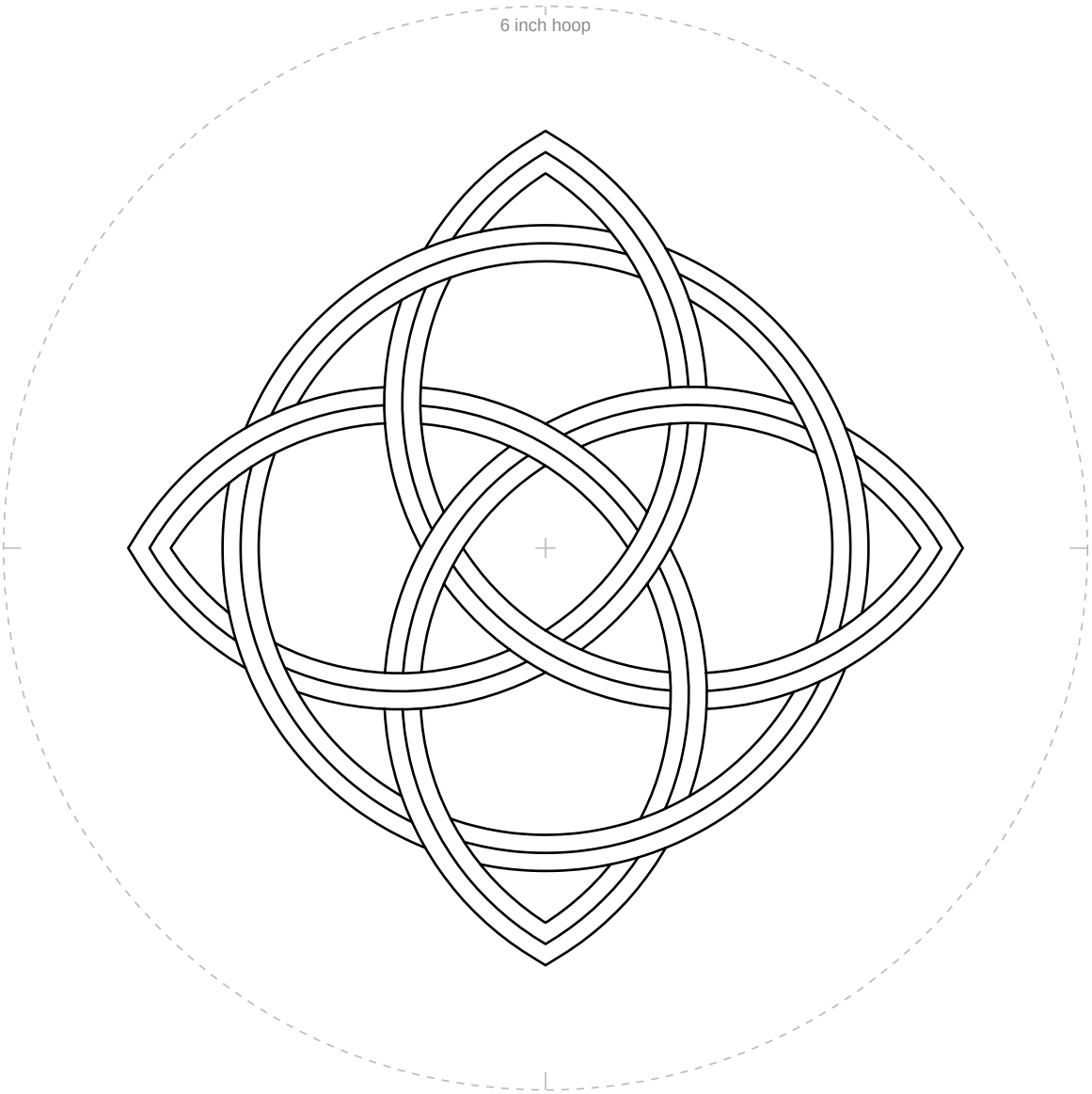
Four-leaf Celtic knot

6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



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