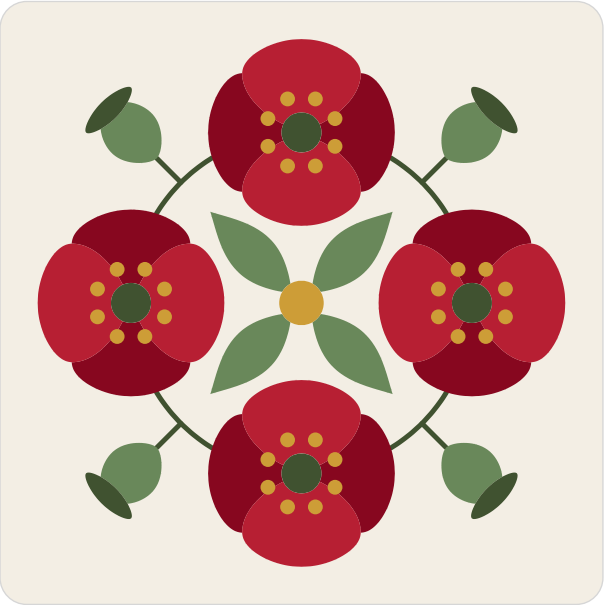
Poppy and seed head medallion

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.4 × 4.4 in (11.2 × 11.2 cm).



Which color goes where.

Floss

- **DMC 986 Very Dark Forest Green**
  Ring, stalks of the seed heads, crowns of the seed heads and centers of the poppies
- **DMC 320 Medium Pistachio Green**
  Seed heads and leaves inside the ring
- **DMC 815 Medium Garnet**
  Back petals of the poppies
- **DMC 304 Medium Red**
  Front petals of the poppies
- **DMC 3852 Very Dark Straw**
  Stamens and center of the design

Stitches

- **Stem stitch**, 2 or 3 strands
  Ring, stalks of the seed heads
- **Satin stitch**, 2 strands
  Seed heads, crowns of the seed heads, leaves inside the ring, centers of the poppies, center of the design
- **Long and short stitch**, 1 or 2 strands
  Back petals of the poppies, front petals of the poppies
- **French knot**, 2 strands, two wraps
  Stamens

In a 6 inch hoop the widest satin stitch shape is 1/2 in (13 mm) across. Satin stitches longer than about 12 mm (just under 1/2 in) tend to work loose: divide the shape into sections, or work it in long and short stitch.

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

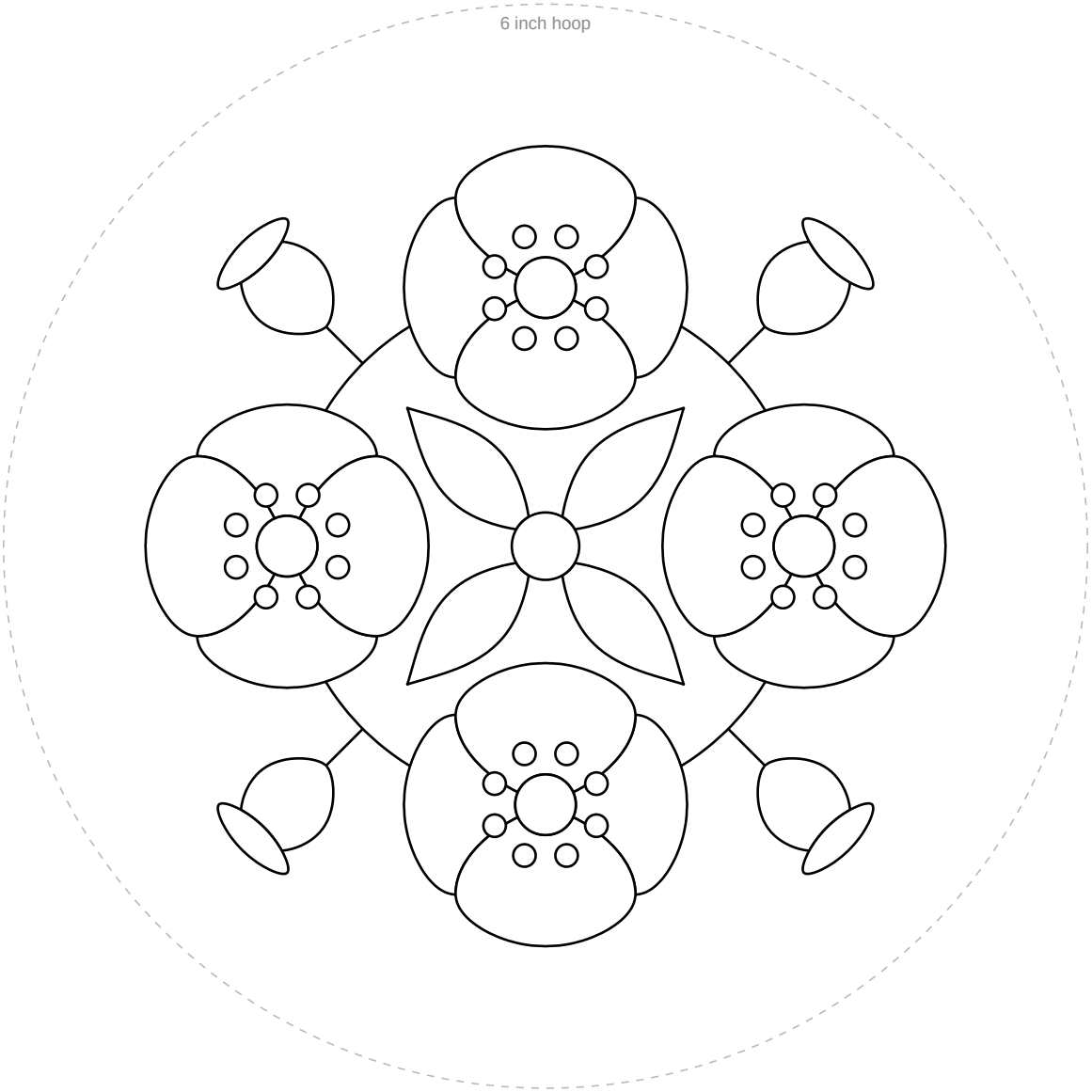
Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

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Poppy and seed head medallion

6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

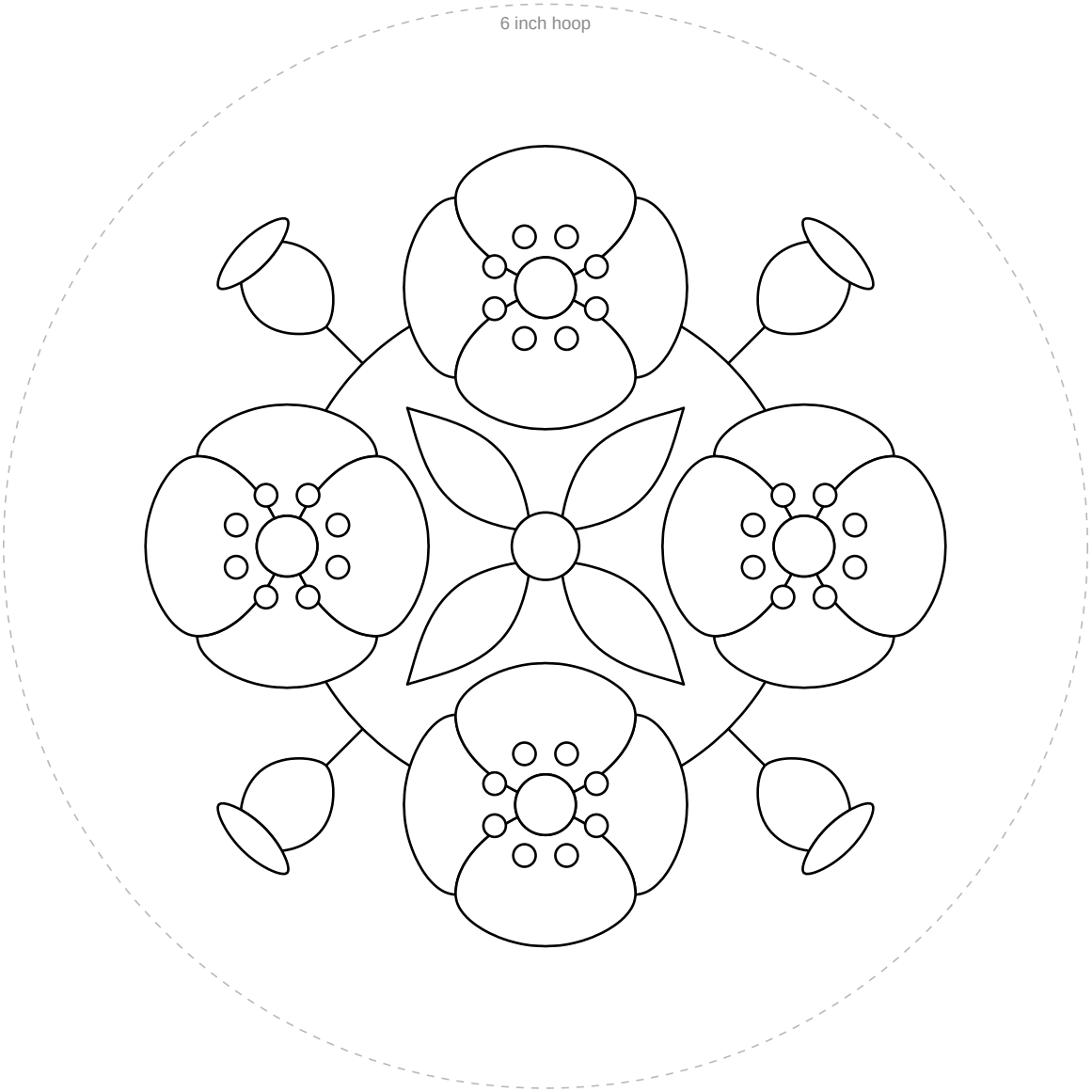
Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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Poppy and seed head medallion

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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