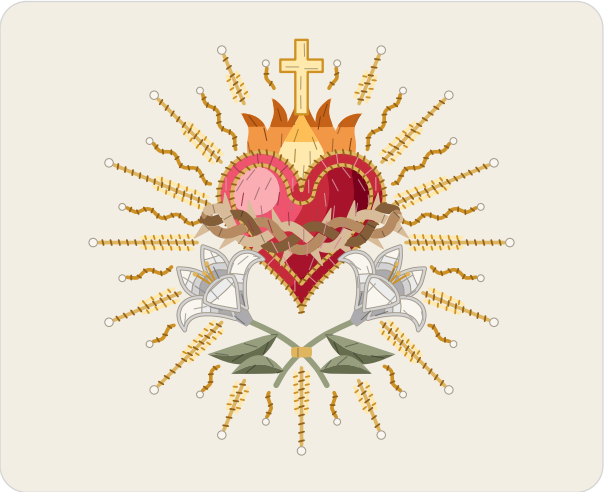
French Sacred Heart with gold rays

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.6 × 4.5 in (11.7 × 11.4 cm).



Which color goes where.

Stitches

- **Couching**, 3 to 6 strands
  Short rays, long rays, ray sides, gold cord
- **French knot**, 1 to 2 strands, two wraps
  Pearl tips, stamen tips
- **Long and short stitch**, 1 strand
  Flame, heart, lily petals
- **Padded satin stitch**, 2 strands
  Heart rim, cross
- **Back stitch**, 1 strand
  Cross edge
- **Satin stitch**, 2 strands
  Thorns, crown of thorns, lily stems, gold tie
- **Fishbone stitch**, 2 strands
  Lily leaves
- **Split stitch**, 1 strand
  Lily edges

Floss

- **DMC 783 Medium Topaz**
  Short rays (lighter), ray sides (darker), cross edge and stamens
- **DMC 780 Ultra Very Dark Topaz**
  Long rays, gold cord and short rays (darker)
- **DMC 3865 Winter White**
  Lily petals (lightest), pearl tips
- **DMC 3820 Dark Straw**
  Long rays and gold cord (lighter), gold tie and stamen tips
- **DMC 745 Light Pale Yellow**
  Ray sides (lighter), flame (lightest), cross
- **DMC 3853 Dark Autumn Gold** Flame (dark)
- **DMC 921 Copper** Flame (darkest)
- **DMC 742 Light Tangerine** Flame (light)
- **DMC 498 Dark Red** Heart and heart rim (dark)
- **DMC 814 Dark Garnet** Heart (darkest)
- **DMC 321 Red** Heart rim and heart (middle)
- **DMC 335 Rose** Heart rim and heart (light)
- **DMC 3326 Light Rose** Heart (lightest)
- **DMC 3046 Medium Yellow Beige**
  Thorns, crown of thorns (light)
- **DMC 869 Very Dark Hazelnut Brown**
  Crown of thorns (dark)
- **DMC 3828 Hazelnut Brown**
  Crown of thorns (middle)
- **DMC 522 Fern Green**
  Lily leaves (lighter), lily stems
- **DMC 520 Dark Fern Green** Lily leaves (darker)
- **DMC 318 Light Steel Gray** Lily petals (darkest)
- **DMC 415 Pearl Gray** Lily edges, lily petals (dark)
- **DMC 762 Very Light Pearl Gray** Lily petals (light)

Stitches, continued

- **Straight stitch**, 1 strand
  Stamens

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 2 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 2 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on**
   Go over the lines of page 3, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron.

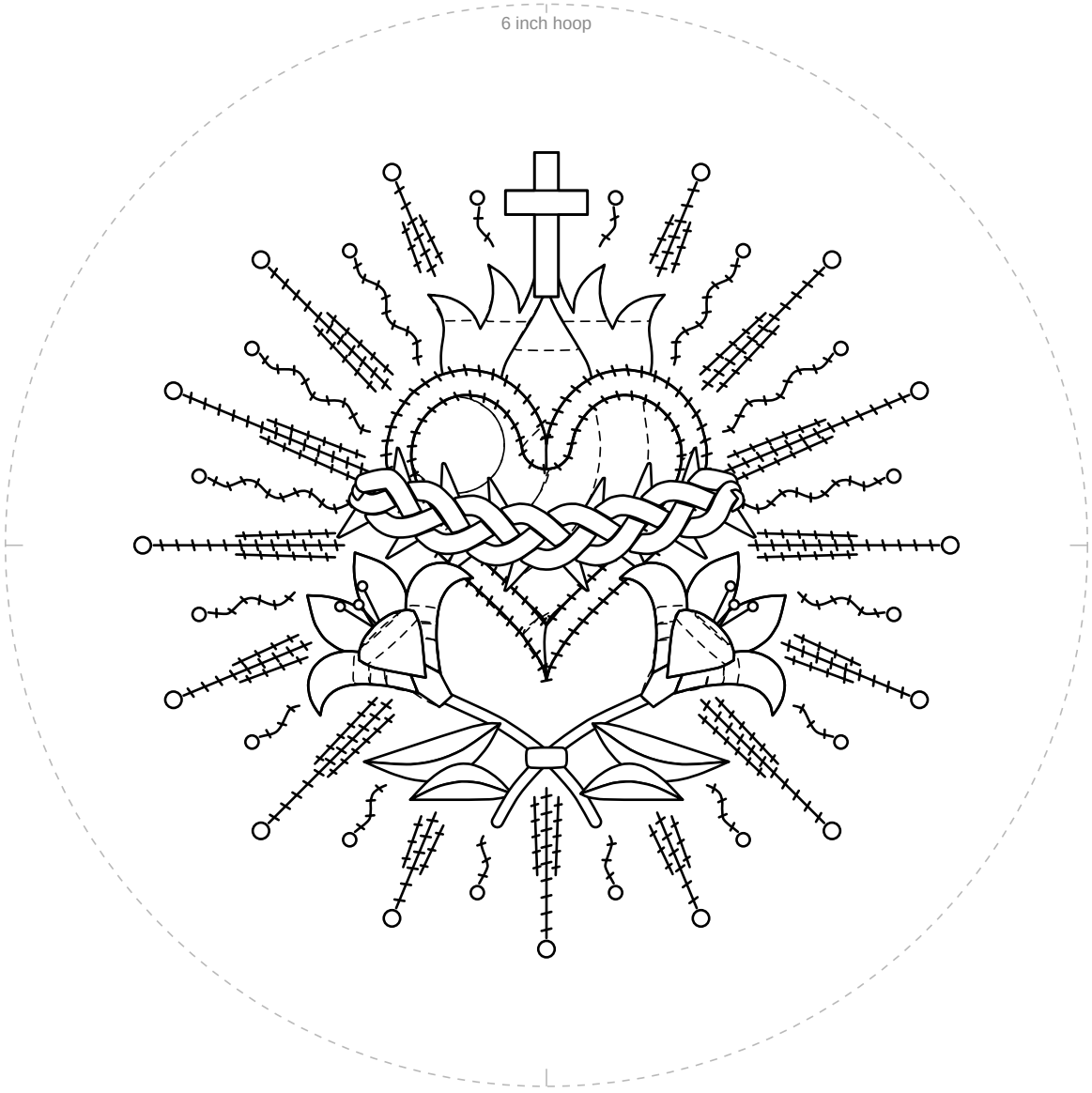
Pages 2 and 3 are the pattern at actual size. Print them at 100% with scaling turned off.

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French Sacred Heart with gold rays

6 inch hoop

Print at 100% (actual size). Do not scale or fit to page. Check the square below with a ruler before you trace.



1 in
25.4 mm

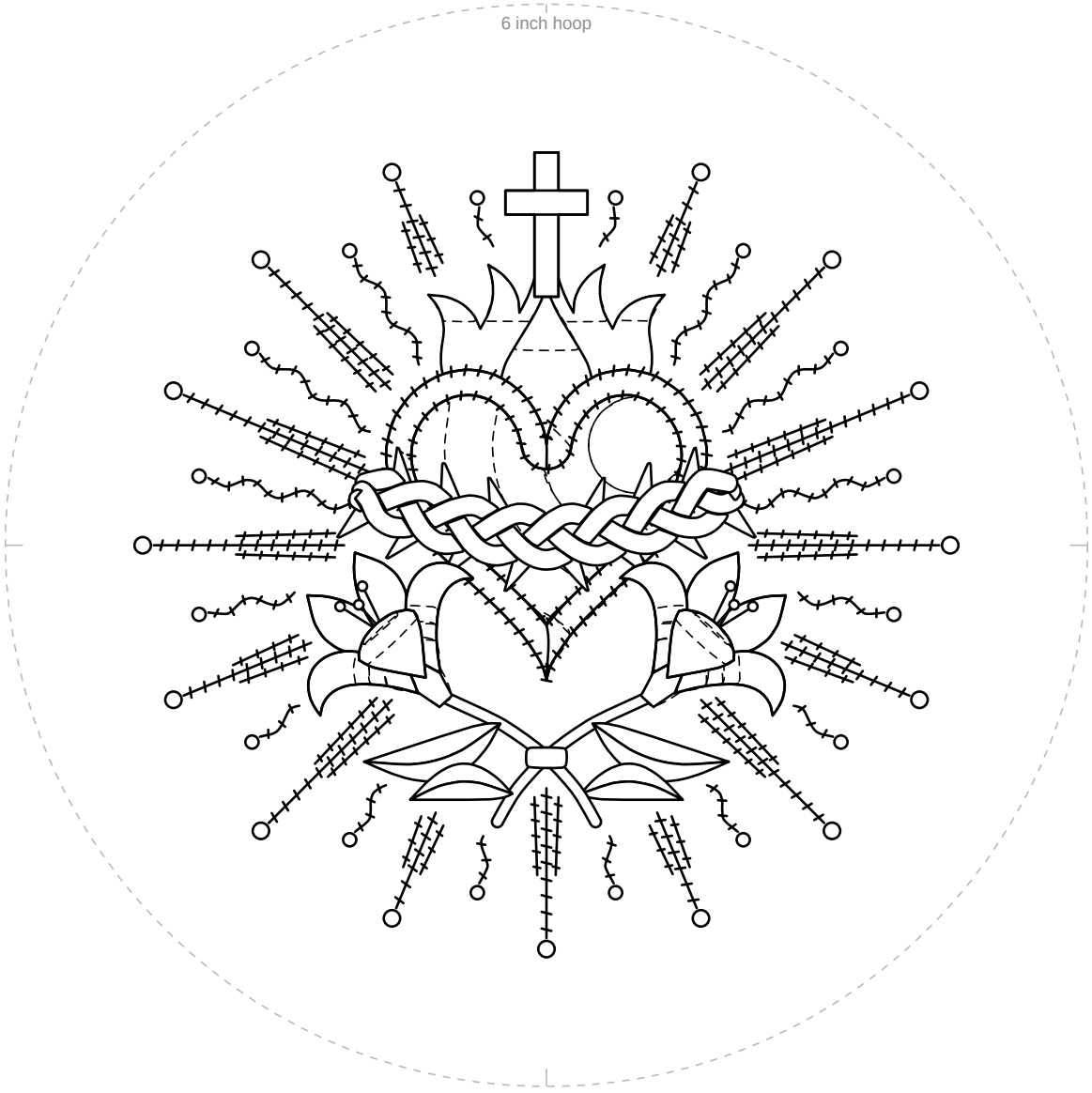
Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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French Sacred Heart with gold rays

6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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