From the heart with folk birds

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.9 × 4.9 in (12.4 × 12.4 cm).



Which color goes where: by number on page 2.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Satin stitch**, 2 strands
   Laurel leaves, berries, rosettes, rosette hearts, rosette centers, bird tails, beaks, bird breasts, wing feathers, wings, eyes, and 6 more
2. **Long and short stitch**, 1 strand
   Birds
3. **Stem stitch**, strands by part on page 2
   Laurel stem, stalks, tulip stem
4. **Split stitch**, strands by part on page 2
   Leaf veins, bird edges, tulip lines, words
5. **Straight stitch**, strands by part on page 2
   Bird feet, crests
6. **French knot**
   strands by part on page 2, two wraps
   Berries, rosette centers, crests, wings, collars

In a 6 inch hoop the French knots are drawn smaller than about 2 mm (a little over 1/16 in). Use one strand of floss for them there, or choose a larger hoop.

Floss

- **1 DMC 500 Very Dark Blue Green**
  Laurel leaves and leaf veins (darker), laurel stem, stalks, tulip cups and tulip stem
- **2 DMC 503 Medium Blue Green**
  Leaf veins (lighter)
- **3 DMC 347 Very Dark Salmon**
  Words (lighter), rosettes and berries (darker), heart and wings (dark) and 4 more parts
- **4 DMC 3815 Dark Celadon Green**
  Laurel leaves (lighter), tulip leaves
- **5 DMC 3820 Dark Straw**
  Tulips, berries and rosette centers (lighter), bird tails (light) and 5 more parts
- **6 DMC 351 Coral**
  Rosettes (lighter)
- **7 DMC 761 Light Salmon**
  Rosette hearts, bird breasts and tulip lines, heart (light)
- **8 DMC 823 Dark Navy Blue**
  Words, rosette centers, crests and eyes (darker), bird edges, bird tails (dark)
- **9 DMC 782 Dark Topaz**
  Bird feet
- **10 DMC 312 Very Dark Baby Blue**
  Birds
- **11 DMC 3865 Winter White**
  Wing feathers and eyes (lighter), wings (light)

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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From the heart with folk birds

6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 500 Very Dark Blue Green	**5**	DMC 3820 Dark Straw	**9**	DMC 782 Dark Topaz
2	DMC 503 Medium Blue Green	**6**	DMC 351 Coral	**10**	DMC 312 Very Dark Baby Blue
3	DMC 347 Very Dark Salmon	**7**	DMC 761 Light Salmon	**11**	DMC 3865 Winter White
4	DMC 3815 Dark Celadon Green	**8**	DMC 823 Dark Navy Blue		

How many strands

Stem stitch. 4 strands: laurel stem, tulip stem; 2 strands: stalks.
Split stitch. 2 strands: bird edges; 1 strand: leaf veins, tulip lines, words.
Straight stitch. 5 strands: bird feet; 2 strands: crests.
French knot. 2 strands: berries, crests; 1 strand: rosette centers, wings, collars.

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From the heart with folk birds

6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

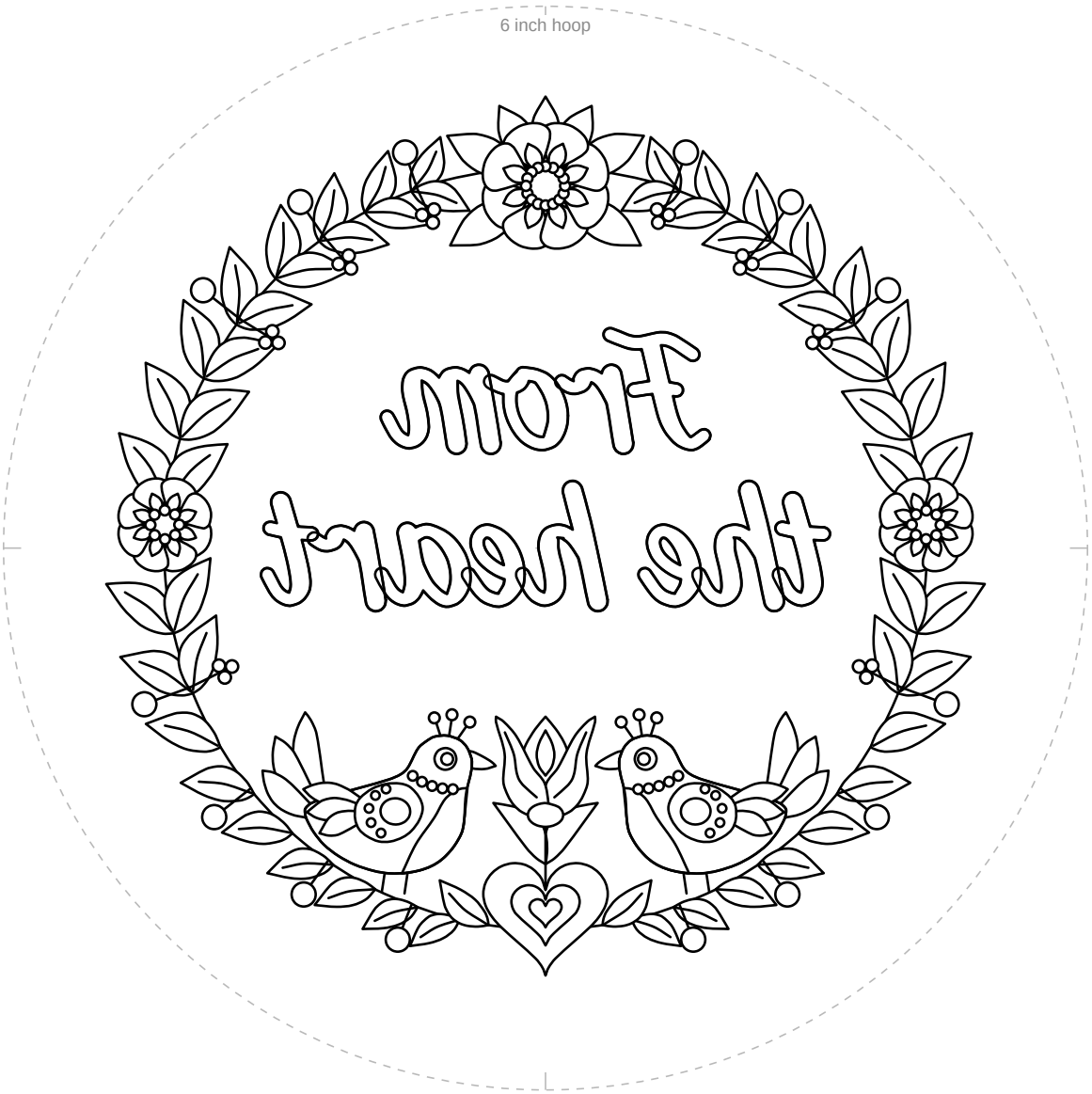
Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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