Gather here with wheat and poppies

6 inch (15 cm) hoop, 4.7 × 4.1 in (11.9 × 10.4 cm)



Colors by number: page 2.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

Start a filling with tiny stitches, a line with a small knot; end under stitches on the back.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Onto the fabric

Fabric you can see through: page 3 taped to a sunny window, the fabric over it; trace.

Other fabric: dressmaker's carbon paper, colored side down, page 3 on top; trace with a ballpoint.

Iron-on pen: go over page 4, the mirrored page, and press it ink side down as the pen's packet says. The lines stay.

Then hoop it, inner ring under, tight as a drum.

Buy: 20 colors of floss (page 2), one skein of each color (an estimate from the drawing's lines and shapes), an embroidery needle size 9, a 6 inch (15 cm) hoop, a 9 inch (23 cm) square of white or light cotton or linen, a water-soluble pen.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Straight stitch**, 1 strand
   Wheat beards
2. **Stem stitch**, 2 strands
   Lines of the poppy leaves, lines of the words
3. **Fishbone stitch**, 2 strands
   Wheat grains, poppy leaves
4. **Satin stitch**, 2 strands
   Grass blades, poppy feet, poppy centers, cornflower rays, cornflower cups, straw band, poppy bud, words
5. **Long and short stitch**, 1 strand
   Poppy petals
6. **Stem stitch**, 2 strands
   Wheat stalks, flower stems
7. **Trellis stitch**, 1 strand
   Edges of the cornflower cups
8. **Split stitch**, 1 strand
   Petal edges, edges of the poppy centers, edges of the cornflower cups, edges of the poppy bud
9. **Straight stitch**
   1 strand: lines of the poppy stamens, petal folds, lines of the poppy centers, lines of the cornflower centers, lines of the straw band
   2 strands: petal blotches, lines of the poppy bud
10. **Back stitch**, 1 strand
    Edges of the straw band
11. **French knot**, 1 strand, two wraps
    Knots of the poppy stamens, knots of the cornflower centers

Take out lines that still show, press face down, finish the hoop or sew a pillow.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 3363 Medium Pine Green	8	DMC 3346 Hunter Green	15	DMC 351 Coral
2	DMC 3364 Pine Green	9	DMC 3347 Medium Yellow Green	16	DMC 352 Light Coral
3	DMC 3820 Dark Straw	10	DMC 815 Medium Garnet	17	DMC 793 Medium Cornflower Blue
4	DMC 3828 Hazelnut Brown	11	DMC 817 Very Dark Coral Red	18	DMC 3807 Cornflower Blue
5	DMC 3822 Light Straw	12	DMC 349 Dark Coral	19	DMC 791 Very Dark Cornflower Blue
6	DMC 869 Very Dark Hazelnut Brown	13	DMC 350 Medium Coral	20	DMC 823 Dark Navy Blue
7	DMC 3345 Dark Hunter Green	14	DMC 154 Very Dark Grape		

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Gather here with wheat and poppies

6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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Gather here with wheat and poppies

6 inch hoop

For an iron-on pen only. Go over the lines, press ink side down.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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