Girls basketball Valentine

Sized for a 6 inch hoop (15 cm). The stitched design is about 4.7 × 4.7 in (11.9 × 11.9 cm).



Which color goes where: by number on page 2.
Fabric: pale blue cotton or linen.

Stitch in this order

Filled parts from the back of the picture forward, then lines and knots.

1. **Fishbone stitch**, 2 strands
   Leaves, bud sepals
2. **Satin stitch**, 2 strands
   Bleeding heart drops, bleeding hearts, bud sepals, basketball seams, rim, blush roses, cream roses, red roses, bow tails, bow
3. **Long and short stitch**, 1 strand
   Rose buds, basketball, blush roses, cream roses, red roses, bow
4. **Stem stitch**, strands by part on page 2
   Stems, berry stems, bleeding heart stems, blush roses, cream roses, red roses, bow folds
5. **Split stitch**, strands by part on page 2
   Basketball, rim, bow folds
6. **Whipped back stitch**, 3 strands
   Net
7. **French knot**, 3 strands, two wraps
   Berries

Floss

- **1 DMC 501 Dark Blue Green**
  Leaves (light), stems, bud sepals (lighter)
- **2 DMC 500 Very Dark Blue Green** Leaves (darkest)
- **3 DMC 3347 Medium Yellow Green** Leaves (lightest)
- **4 DMC 3346 Hunter Green**
  Leaves (dark), bleeding heart stems and berry stems, bud sepals (darker)
- **5 DMC 970 Light Pumpkin** Basketball (light), berries
- **6 DMC 3865 Winter White** Net and bleeding heart drops
- **7 DMC 3354 Light Dusty Rose**
  Blush roses, bow tails and bow (lightest), bleeding hearts (light)
- **8 DMC 3731 Very Dark Dusty Rose**
  Bow (middle light), blush roses, bleeding hearts and bow tails (dark)
- **9 DMC 3733 Dusty Rose**
  Blush roses, bow and bow tails (light), bleeding hearts (middle)
- **10 DMC 321 Red** Red roses, rose buds and rim (light)
- **11 DMC 814 Dark Garnet**
  Red roses, rim, bow and rose buds (darkest), bow folds
- **12 DMC 498 Dark Red**
  Red roses, bow, rim and rose buds (dark)
- **13 DMC 3801 Very Dark Melon**
  Red roses, rim and rose buds (lightest)
- **14 DMC 946 Medium Burnt Orange** Basketball (middle)
- **15 DMC 918 Dark Red Copper** Basketball (darkest)
- **16 DMC 900 Dark Burnt Orange** Basketball (dark)
- **17 DMC 3854 Medium Autumn Gold**
  Basketball (lightest)
- **18 DMC 3371 Black Brown** Basketball seams
- **19 DMC 3350 Ultra Dark Dusty Rose**
  Blush roses and bow tails (darkest), bow (middle dark)
- **20 DMC 3778 Light Terra Cotta** Cream roses (darkest)
- **21 DMC 758 Very Light Terra Cotta** Cream roses (dark)
- **22 DMC 948 Very Light Peach** Cream roses (light)
- **23 DMC 712 Cream** Cream roses (lightest)

Three ways to transfer the pattern

1. **Fabric you can see through**
   Tape page 3 to a sunny window or lay it on a light box, tape the fabric over it and trace the lines with a sharp pencil or a water-soluble pen.
2. **Fabric you cannot see through**
   Lay dressmaker's carbon paper colored side down on the fabric with page 3 on top, tape the layers and trace the lines firmly with a ballpoint pen.
3. **Iron-on: the lines stay**
   Go over the lines of page 4, the mirrored page, with an iron-on transfer pen, lay it ink side down on the fabric and press with a dry iron, as the pen's packet says.

Pages 3 and 4 are the pattern at actual size. Print them at 100% with scaling turned off. Then put the fabric in the hoop: inner ring under, drawing up, tight as a drum.

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Girls basketball Valentine

6 inch hoop

How to read it

Floss is six strands. Cut 18 inches (45 cm), pull out the number given one at a time, and lay them together.

Inside a filled shape start with two or three tiny stitches, which the filling covers. Start a line with a small knot on the back. End each thread by running the needle under the backs of a few stitches.

Each small ring is one French knot. A fine broken line inside a shape is where two shades meet: trace it, do not stitch it.

A number on the picture is a color of the list of floss on page 1. The fine lines on the colors show which way the stitches lie.

Every stitch in pictures: flossfield.com/embroidery/stitches. The first time: flossfield.com/embroidery/guides/how-to-start.



1	DMC 501 Dark Blue Green	9	DMC 3733 Dusty Rose	17	DMC 3854 Medium Autumn Gold
2	DMC 500 Very Dark Blue Green	10	DMC 321 Red	18	DMC 3371 Black Brown
3	DMC 3347 Medium Yellow Green	11	DMC 814 Dark Garnet	19	DMC 3350 Ultra Dark Dusty Rose
4	DMC 3346 Hunter Green	12	DMC 498 Dark Red	20	DMC 3778 Light Terra Cotta
5	DMC 970 Light Pumpkin	13	DMC 3801 Very Dark Melon	21	DMC 758 Very Light Terra Cotta
6	DMC 3865 Winter White	14	DMC 946 Medium Burnt Orange	22	DMC 948 Very Light Peach
7	DMC 3354 Light Dusty Rose	15	DMC 918 Dark Red Copper	23	DMC 712 Cream
8	DMC 3731 Very Dark Dusty Rose	16	DMC 900 Dark Burnt Orange		

How many strands

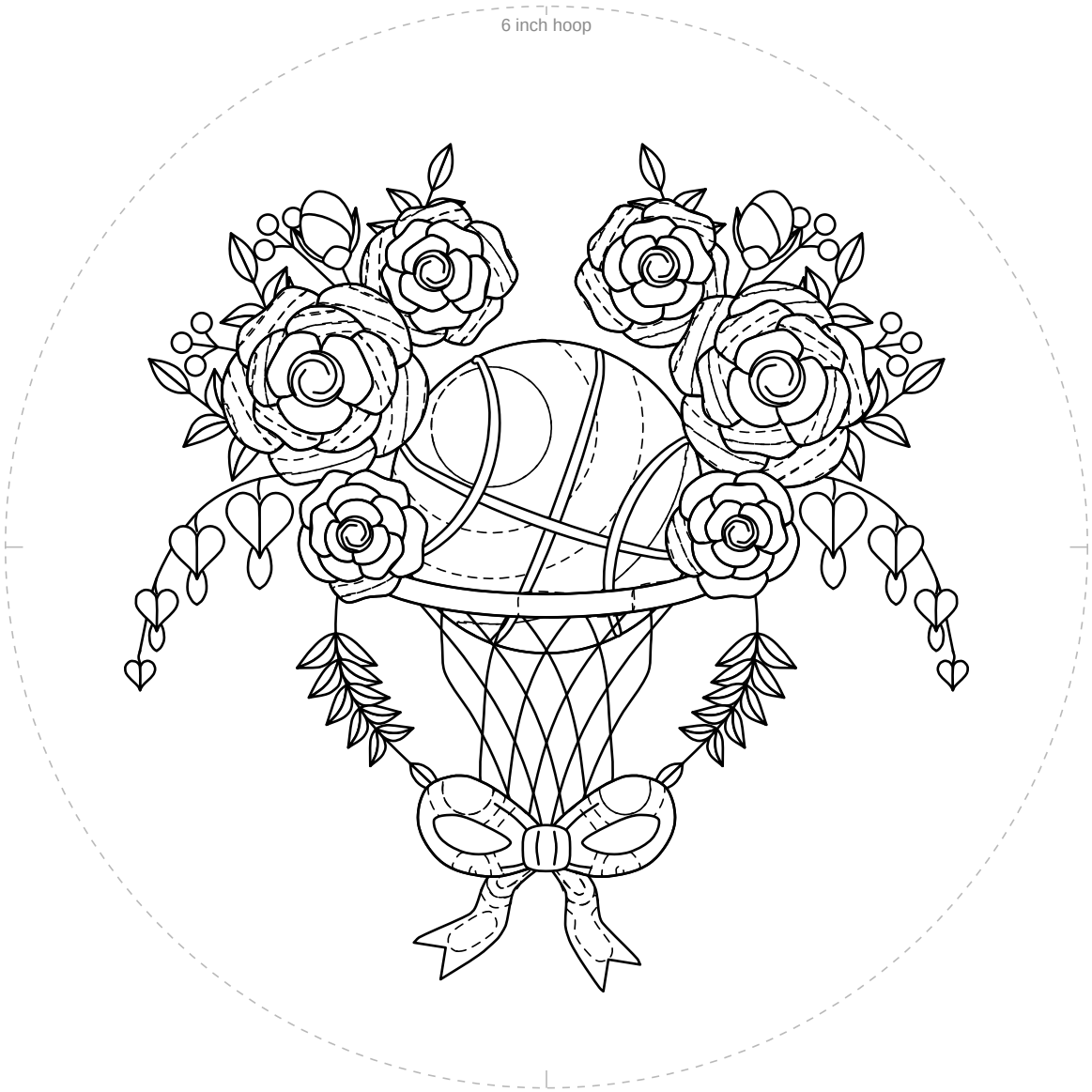
Stem stitch. 2 or 3 strands: stems; 1 or 2 strands: berry stems, bleeding heart stems; 1 strand: blush roses, cream roses, red roses, bow folds.
Split stitch. 2 strands: basketball; 1 strand: rim, bow folds.

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6 inch hoop

Print at 100% and check the square below with a ruler. Fold the fabric in four: the folds meet the four ticks of the ring.



1 in
25.4 mm

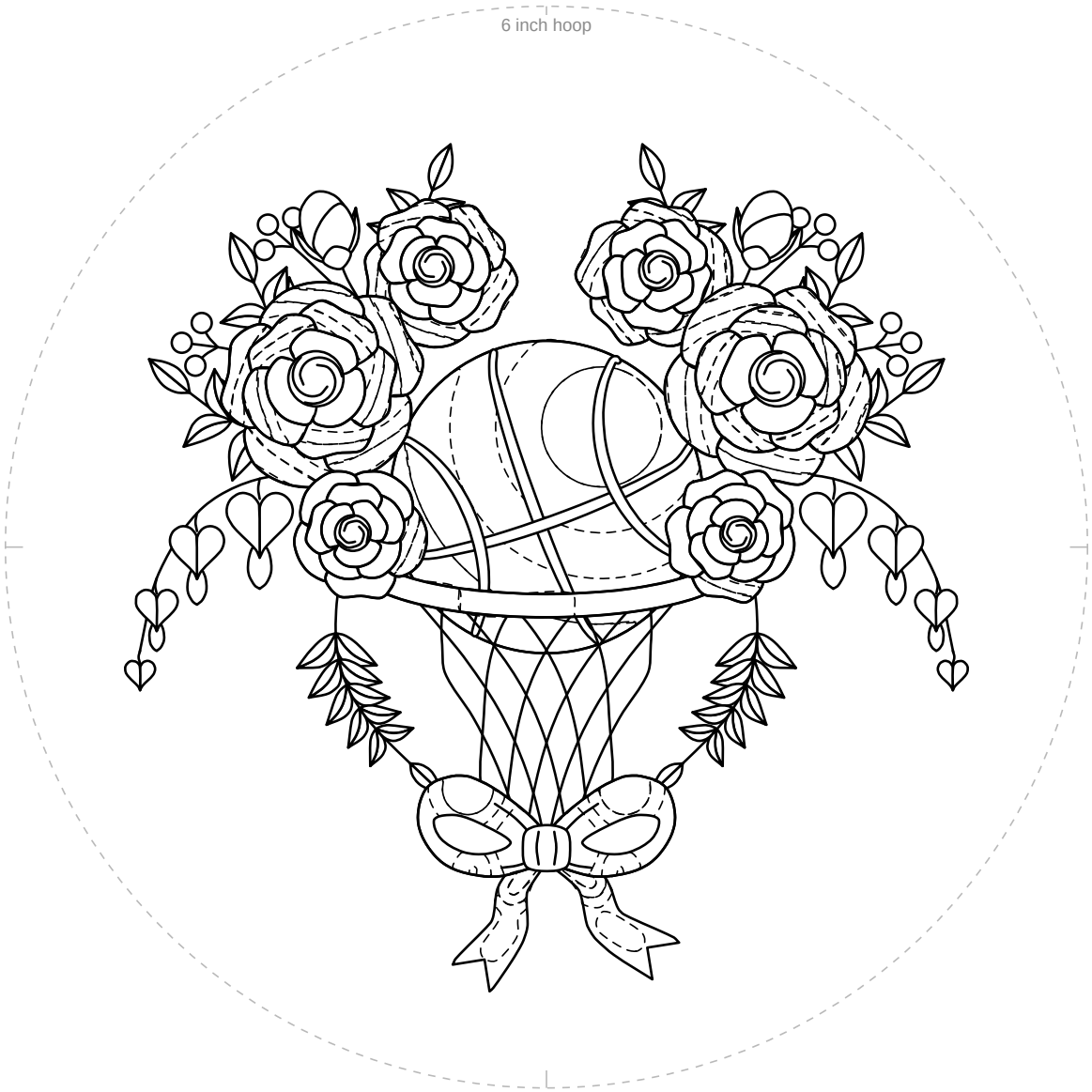
Check square: 1 inch (25.4 mm) on each side.
If it measures anything else, print again at 100% with scaling off.

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6 inch hoop

Mirrored. Trace this page with an iron-on transfer pen or pencil, then press it ink side down on the fabric.



1 in
25.4 mm

Check square: 1 inch (25.4 mm) on each side.
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