Gold diving dolphin on teal

6 inch (15 cm) hoop, 3 × 4.4 in (7.6 × 11.2 cm)



Colors by number: page 2.
Fabric: teal cotton or linen.

What you need

A 6 inch (15 cm) hoop.

A 9 inch (23 cm) square of teal cotton or linen.

Embroidery needles, size 9, and size 5 for 4 strands.

11 colors of floss (page 2): one skein of each color (an estimate from the drawing's lines and shapes).

A white pencil, and small scissors.

Onto the fabric

Fabric that lets light through: page 3 on a bright light, the fabric over it; trace with a white pencil.

Other fabric: print page 3 on a sticky wash-away sheet, stick it on, stitch through it and rinse it away.

Or white or yellow carbon paper, colored side down, page 3 on top; trace with a ballpoint and go over a faint line with a white pencil.

Then hoop it, inner ring under, tight as a drum.

How to read it

Floss has six strands: cut 18 inches (45 cm), pull out the number named one at a time, and lay them together.

The back is seen: no knots. Start with tiny stitches; end around the backs of four or five stitches.

Every stitch in pictures: flossfield.com/embroidery/stitches.

New to this: flossfield.com/embroidery/guides/how-to-start.

Stitch in this order

Where a stitch page says otherwise, follow this list.

1. **Satin stitch**
   2 strands, colors 1, 2, 3, 7, 8, 9, 10
   Whiplash wave, belly, eye, sequin rings



2. **Long and short stitch**
   1 strand, colors 3, 4, 5, 6
   Tail flukes, back fin, gold ground, flipper



3. **Couching**
   4 strands, colors 3, 4, 5, 6, 10
   Wave cord, tail edge, back fin edge, couched gold, flipper edge



4. **Stem stitch**, color 4
   2 strands: tail ribs, belly line, flipper ribs
   3 strands: shadow edge

5. **Split stitch**, colors 8, 10
   2 strands: mouth
   1 strand: eye ring

6. **French knot**, two wraps, color 11
   1 strand: eye highlight
   2 strands: pearls



Take out lines that still show, press face down on soft cloth.

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6 inch hoop

A number is a color of the list. Fine lines show which way the stitches lie: do not stitch them.



1	DMC 3816 Celadon Green	**5**	DMC 680 Dark Old Gold	**9**	DMC 676 Light Old Gold
2	DMC 3813 Light Blue Green	**6**	DMC 729 Medium Old Gold	**10**	DMC 898 Very Dark Coffee Brown
3	DMC 3822 Light Straw	**7**	DMC 712 Cream	**11**	DMC 3865 Winter White
4	DMC 869 Very Dark Hazelnut Brown	**8**	DMC 677 Very Light Old Gold		

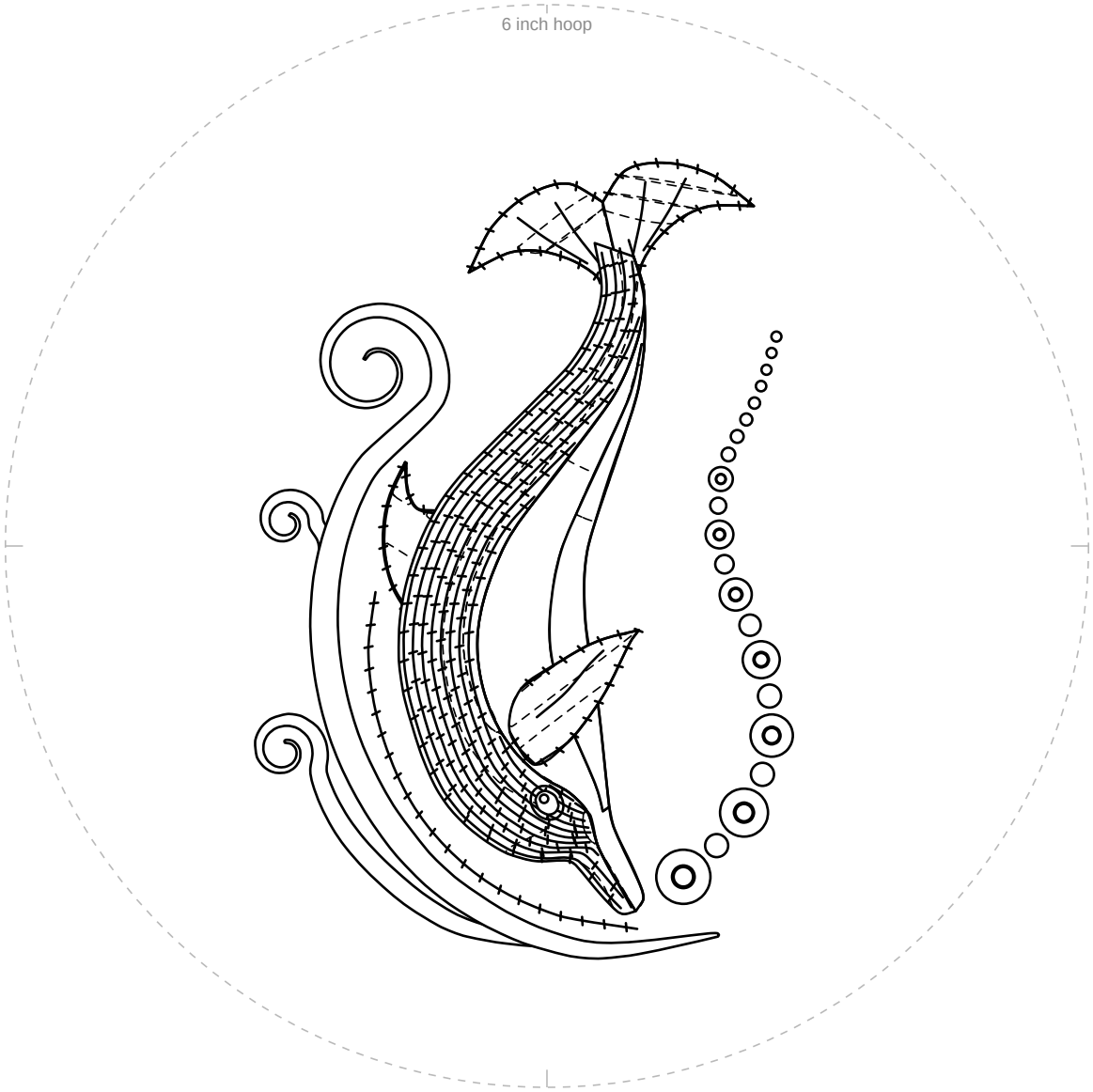
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6 inch hoop

Print at 100% and measure the square. Trace the black lines only. The gray ring is the hoop: fold the fabric in four and lay the folds on its ticks.

On the drawing a ring is one French knot: mark a dot; a broken line inside a shape is where two shades meet: trace it, do not stitch it.



1 in
25.4 mm

Not 1 inch (25.4 mm)? Print again at 100%.

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